

# Metal Ions In Medicine



# Periodic Table of Elements

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	
1 <b>H</b> Hydrogen 1.008	<b>Atomic #</b> <b>Symbol</b> <b>Name</b> <b>Group</b>																2 <b>He</b> Helium 4.003	
3 <b>Li</b> Lithium 6.941	4 <b>Be</b> Beryllium 9.012	<b>C</b> Solid <b>Hg</b> Liquid <b>H</b> Gas <b>Rt</b> Unknown		<b>Metals</b> Alkali metals Alkaline earth metals Transition metals Post transition metals Lanthanoids Actinoids						<b>Nonmetals</b> Other nonmetals Halogens			9 <b>B</b> Boron 10.81	10 <b>C</b> Carbon 12.01	11 <b>N</b> Nitrogen 14.01	12 <b>O</b> Oxygen 16.00	13 <b>F</b> Fluorine 18.99	14 <b>Ne</b> Neon 20.18
19 <b>Na</b> Sodium 22.99	20 <b>Mg</b> Magnesium 24.31											31 <b>Al</b> Aluminum 26.98	32 <b>Si</b> Silicon 28.09	33 <b>P</b> Phosphorus 30.97	34 <b>S</b> Sulfur 32.07	35 <b>Cl</b> Chlorine 35.45	36 <b>Ar</b> Argon 39.95	
39 <b>K</b> Potassium 39.10	40 <b>Ca</b> Calcium 40.08	21 <b>Sc</b> Scandium 44.96	22 <b>Ti</b> Titanium 47.88	23 <b>V</b> Vanadium 50.94	24 <b>Cr</b> Chromium 52.00	25 <b>Mn</b> Manganese 54.94	26 <b>Fe</b> Iron 55.85	27 <b>Co</b> Cobalt 58.93	28 <b>Ni</b> Nickel 58.69	29 <b>Cu</b> Copper 63.55	30 <b>Zn</b> Zinc 65.38	31 <b>Ga</b> Gallium 69.72	32 <b>Ge</b> Germanium 72.64	33 <b>As</b> Arsenic 74.92	34 <b>Se</b> Selenium 78.96	35 <b>Br</b> Bromine 79.90	36 <b>Kr</b> Krypton 83.80	
55 <b>Rb</b> Rubidium 85.47	56 <b>Sr</b> Strontium 87.62	37 <b>Y</b> Yttrium 88.91	38 <b>Zr</b> Zirconium 91.22	39 <b>Nb</b> Niobium 92.91	40 <b>Mo</b> Molybdenum 95.94	41 <b>Tc</b> Technetium 98.91	42 <b>Ru</b> Ruthenium 101.07	43 <b>Rh</b> Rhodium 102.91	44 <b>Pd</b> Palladium 106.42	45 <b>Ag</b> Silver 107.87	46 <b>Cd</b> Cadmium 112.41	47 <b>In</b> Indium 114.82	48 <b>Sn</b> Tin 118.71	49 <b>Sb</b> Antimony 121.76	50 <b>Te</b> Tellurium 127.60	51 <b>I</b> Iodine 126.91	52 <b>Xe</b> Xenon 131.29	
87 <b>Cs</b> Cesium 132.91	88 <b>Ba</b> Barium 137.33	57-71 <b>Lanthanoids</b>	72 <b>Hf</b> Hafnium 178.49	73 <b>Ta</b> Tantalum 180.95	74 <b>W</b> Tungsten 183.85	75 <b>Re</b> Rhenium 186.21	76 <b>Os</b> Osmium 190.23	77 <b>Ir</b> Iridium 192.22	78 <b>Pt</b> Platinum 195.08	79 <b>Au</b> Gold 196.97	80 <b>Hg</b> Mercury 200.59	81 <b>Tl</b> Thallium 204.38	82 <b>Pb</b> Lead 207.2	83 <b>Bi</b> Bismuth 208.98	84 <b>Po</b> Polonium [209]	85 <b>At</b> Astatine [210]	86 <b>Rn</b> Radon [222]	
89-103 <b>Actinoids</b>	104 <b>Rf</b> Rutherfordium [261]	105 <b>Db</b> Dubnium [262]	106 <b>Sg</b> Seaborgium [266]	107 <b>Bh</b> Bohrium [264]	108 <b>Hs</b> Hassium [277]	109 <b>Mt</b> Meitnerium [268]	110 <b>Ds</b> Darmstadtium [271]	111 <b>Rg</b> Roentgenium [272]	112 <b>Uub</b> Ununbium [285]	113 <b>Uuh</b> Ununhennium [284]	114 <b>Uuq</b> Ununquadium [289]	115 <b>Uup</b> Ununpentium [288]	116 <b>Uus</b> Ununsextium [294]	117 <b>Uus</b> Ununseptium [294]	118 <b>Uuo</b> Ununoctium [294]			

For elements with no stable isotopes, the mass number of the isotope with the longest half-life is in parentheses.

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57	58	59	60	61	62	63	64	65	66	67	68	69	70	71
La	Ce	Pr	Nd	Pm	Sm	Eu	Gd	Tb	Dy	Ho	Er	Tm	Yb	Lu
89	90	91	92	93	94	95	96	97	98	99	100	101	102	103
Ac	Th	Pa	U	Np	Pu	Am	Cm	Bk	Cf	Es	Fm	Md	No	Lr

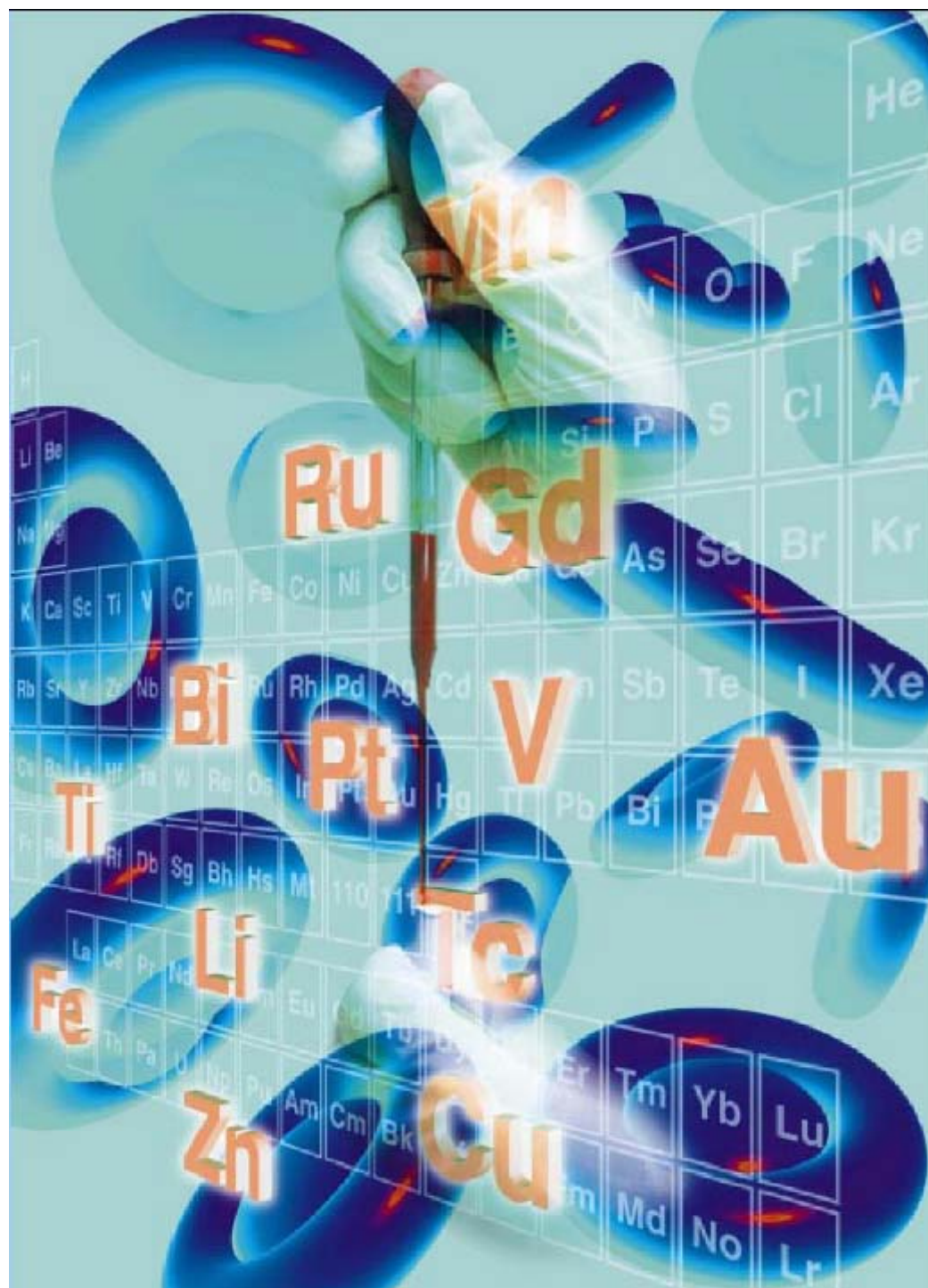
**Ptable**  
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## ...literature...

- 1) Chris Jones, John Thornback, *Medicinal Applications of Coordination Chemistry*, RSC Publishing, Cambridge, 2007.
- 2) *Uses of Inorganic Chemistry in Medicine*. Ed: Nicholas P. Farrell, RSC Publishing, Cambridge, 1999.
- 3) Thomas Nogrady, Donald F. Weaver, *Medicinal Chemistry: A Molecular and Biochemical Approach*, Oxford University Press, New York 2005.



**Bioinorganic** chemistry involves the understanding of all aspects of the role of metal ions in biology.

For example: their processing, incorporation into protein and the nature and function of metalloproteins.

**Medicinal** chemistry requires detailed knowledge of metabolism, stability and target interactions of the drug.



# ...define Medicine...

*ars medicina* = the art of healing

The science of healing...and preventing...

3 main objectives...

- 1) Maintain health
- 2) Restore health
- 3) Prevent illness

## Modern Medicine

Health Science...nutrition

Biomedical Research...chemistry, biology, physics

**Medical Technology...diagnostic and therapeutic science**



# Metals in Medicine

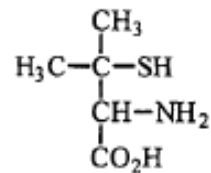
1. The use of chelating agents
2. Modulation of cellular responses by metal containing drugs
3. Metal based chemotherapeutic drugs
4. Metal complexes as diagnostic agents

## ...chelating agents...

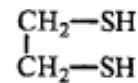
Many metals are essential for the human organism...however, **uncontrolled** mobilization may lead to the presence of **excess free metal ion**, with subsequent **health problems...**

Old time classics: **Fe** and **Cu** overload.

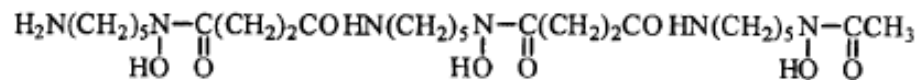
**Cu**: Wilson's disease... autosomal disorder of Cu accumulation, untreated is fatal



D- Penicillamine



Cysteamine



Desferrioxamine B

*Structures of some clinically used chelating agents for treatment of copper and iron overload*

## ...modulation of cellular responses by metal containing drugs...

Inorganic drugs may be recognized as acting through a **pharmacodynamic mechanism** – modulating cellular responses ...e.g.  $\text{Li}_2\text{CO}_3$

**PD:** “what the drug does to the body”: the drug action must be rapid and essentially reversible...e.g. *a patient who submits to an anesthetic does not expect to be deprived of feeling for ever.*

In addition: a graded response is required to balance effects...e.g. *a drug to reverse a stroke must be aware of the severity of that stroke and concentrations adjusted accordingly.*

**Chemotherapeutic agents** on the other hand involve cell killing, an irreversible process.



## ... Chemotherapeutic agents ...

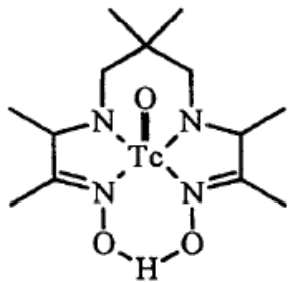
Chemotherapy is the use of drugs to injure an invading organism without injury to the host...involves cell killing, an irreversible process.

It covers: antibacterial, antiviral and anticancer agents. In the first two, the invading organism is clearly distinct from the host! In the case of cancer, a family of diseases characterized by uncontrolled cellular proliferation, the organism is strictly not different but the treatment has a common aim; the elimination of unwanted cells. Thus, chemotherapeutic drugs, **in contrast to pharmacodynamic drugs** must induce an irreversible cytotoxic effect.

# ... Metal complexes as Diagnostic Agents...

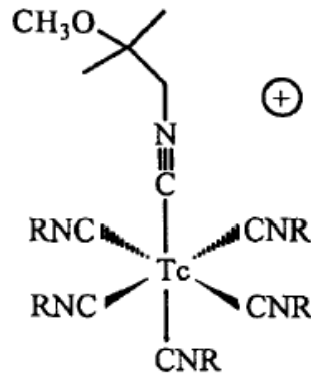
...no pharmacodynamic or chemotherapeutic effect is desired: imaging of tissue is achieved. The two principal sets are: technetium-based imaging agents and paramagnetic MRI contrast agents....

*Stability and water solubility are paramount...*

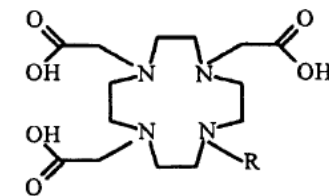


Tc- (HMPAO)

*Structures of clinically useful technetium imaging agents*

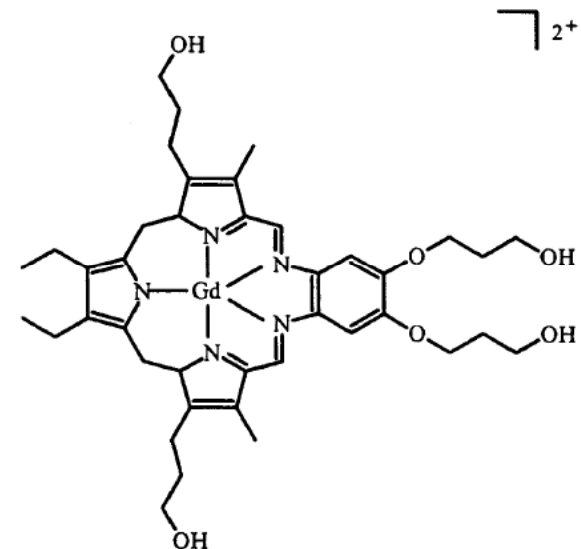


Tc- (MIBI)



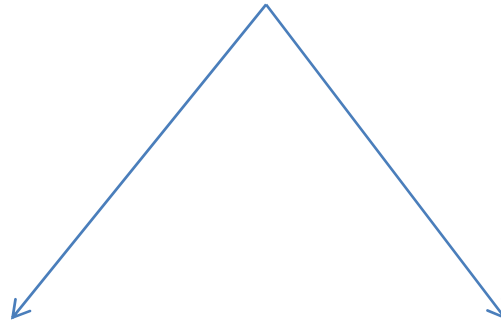
R = H  
R = CH<sub>2</sub>CH(OH)CH<sub>3</sub>  
R = CH<sub>2</sub>COOH

DO3A  
HP-DO3A  
DOTA



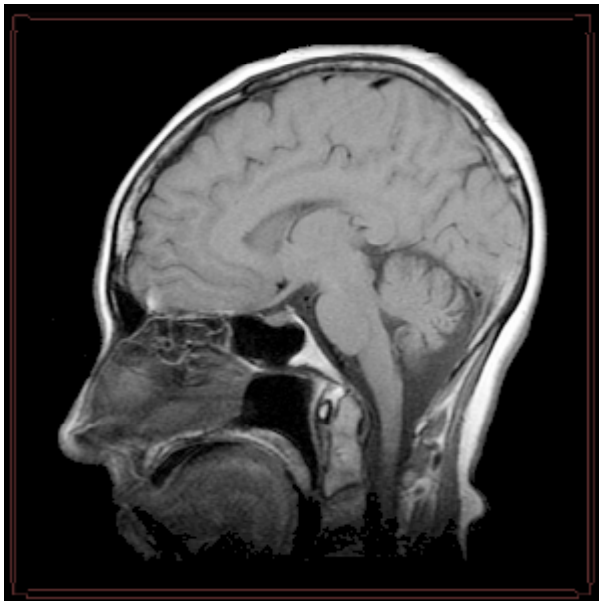
*Structures of Gd-based MRI contrast agents*

# Metal Ions In Medicine



## Diagnosis

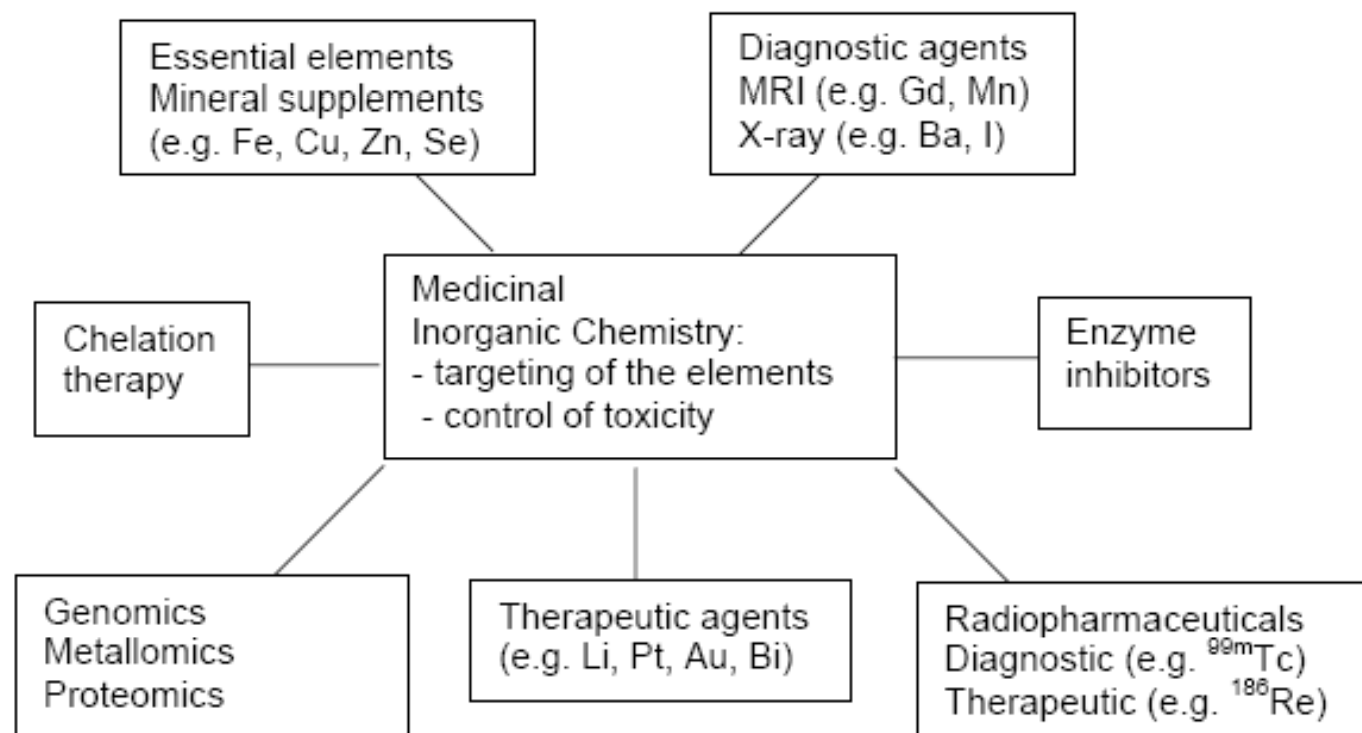
Magnetic Resonance  
Imaging (MRI)



## Treatment

Metal-based drugs

- Anti-cancer drugs
- Anti-inflammatory drugs
- Anti-virus drugs
- Alzheimer's drugs
- Lanthanide-based drugs
- Li-based drugs
- V-based insulin  
regulators
- Radiopharmacology



## Metal-Based Drugs

$\text{CuSO}_4 \cdot 5\text{H}_2\text{O}$ : Ancient Egypt as potion, sterilizing effect

Au: Arabia and China (2500 BC)

Hg: Europe (15<sup>th</sup> century) to treat syphilis

1890s: Koch's observation for bactericidal action of Au compounds

1909: Erlich used As(III) cmps. to treat syphilis

1921: Bi(III) cmps to treat syphilis

1930s: Au drugs against rheumatoid arthritis

1953: Korngold and Pressman showed that radioactive iodine can target tumours in rats

1964: MSU, Barnett Rosenberg found that Pt(II) inhibits cell division... 1974 *cis*- $[\text{Pt}(\text{NH}_3)_2\text{Cl}_2]$  approved by FDA for testicular and ovarian cancer.

“*magic bullet*” P. Erlich: a dye carrying a toxic heavy metal which would target disease causing agents, while leaving healthy cells unharmed... in 2002 FDA approved a radioactive Y compd. for radioimmunotherapy.

Today...

Gold drugs to treat rheumatoid arthritis...

Lithium for depression...

Platinum to treat certain cancer types...

Bismuth for stomach ulcers...

Vanadium for diabetes...

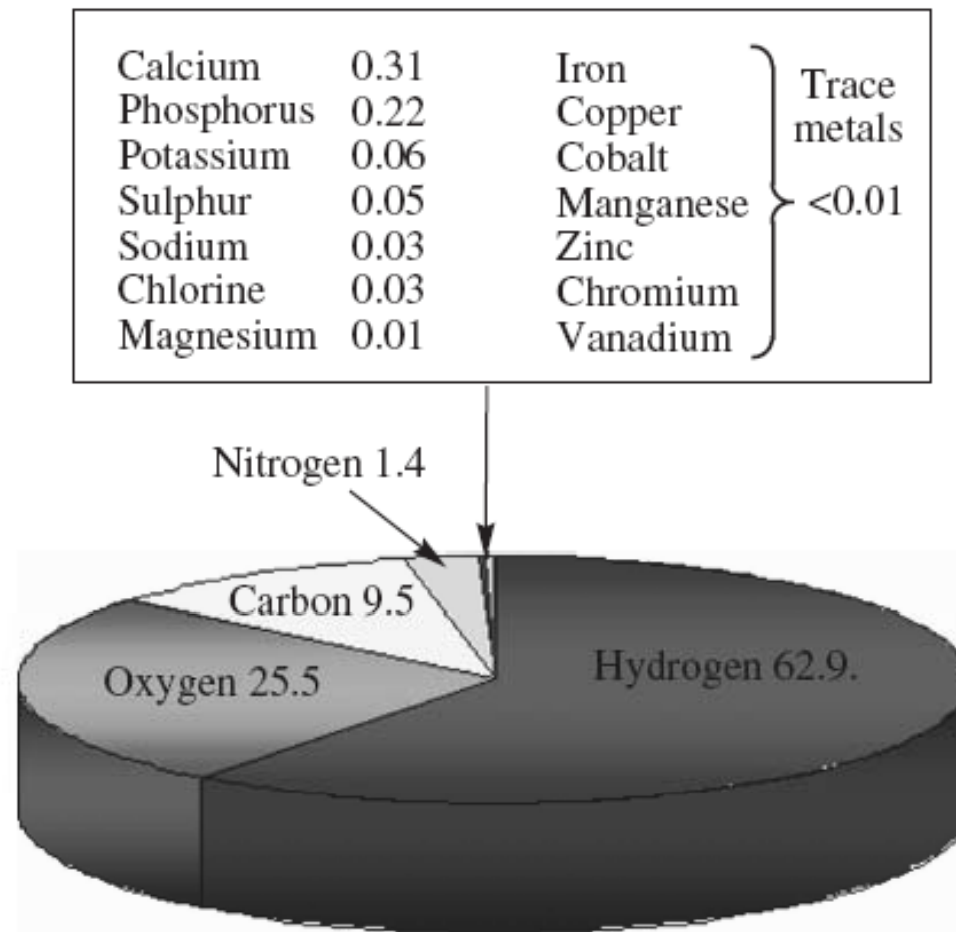
Iron for anaemia...

Iron to control blood pressure...

Cobalt in Vitamin B<sub>12</sub> to treat pernicious anaemia...

Radioactive metals for cancer...





Approximate elemental composition as percentages of the total number of atoms.

*The elemental composition of a typical human*

**Table 1** *Trace metals in humans*

<i>Metal</i>	<i>Mass<sup>a</sup></i> ( <i>mg</i> )	<i>Daily intake<sup>b</sup></i> ( <i>mg day<sup>-1</sup></i> )	<i>Examples of some biological rôles</i>
Iron	4200	12 (male) 15 (female)	Dioxygen storage and transport, cytochromes, enzymes – oxidases, reductases, hydrogenases
Zinc	2300	15	Structural control in proteins, enzymes involved in the chemical addition of water, alcohol dehydrogenase
Copper	72	2	Dioxygen storage and transport, electron transfer proteins
Nickel	15	–	Enzymes – urease, hydrogenases
Chromium	14	0.05–0.2	May be essential in mammalian glucose metabolism
Manganese	12	2	Enzymes – phosphatase, mitochondrial superoxide dismutase
Molybdenum	5	0.075–0.25	Enzymes – reductases, hydroxylases, nitrogenases
Cobalt	3	3 (as vitamin B <sub>12</sub> )	Enzymes – as vitamin B <sub>12</sub> coenzyme
Vanadium	0.11	–	Enzymes – nitrogenases, haloperoxidases

<sup>a</sup> Approximate amount in 70 kg average adult human<sup>b</sup> Recommended adult daily intake requirement.

Intake of some metals and their effects.

Metal	Recommended daily dose (US)	Result of deficiency	Toxic level	Toxic effects
Ca	1 g	Bone deterioration	> 2.5 g/ day	Magnesium deficiency
Cr	5-200 µg	May regulate insulin levels	> 70 mg (Cr(III))	Irregular heartbeat
Fe	10-15 mg	Anaemia	> 60mg/kg	Anorexia
Cu	ca. 2 mg	Brain disease, anaemia, heart disease	7.5 g (death)	Haemolytic anaemia
Zn	15 mg	Growth retardation, skin changes	> 500 mg/day	Heavy vomiting

## *Metallopharmaceuticals...*

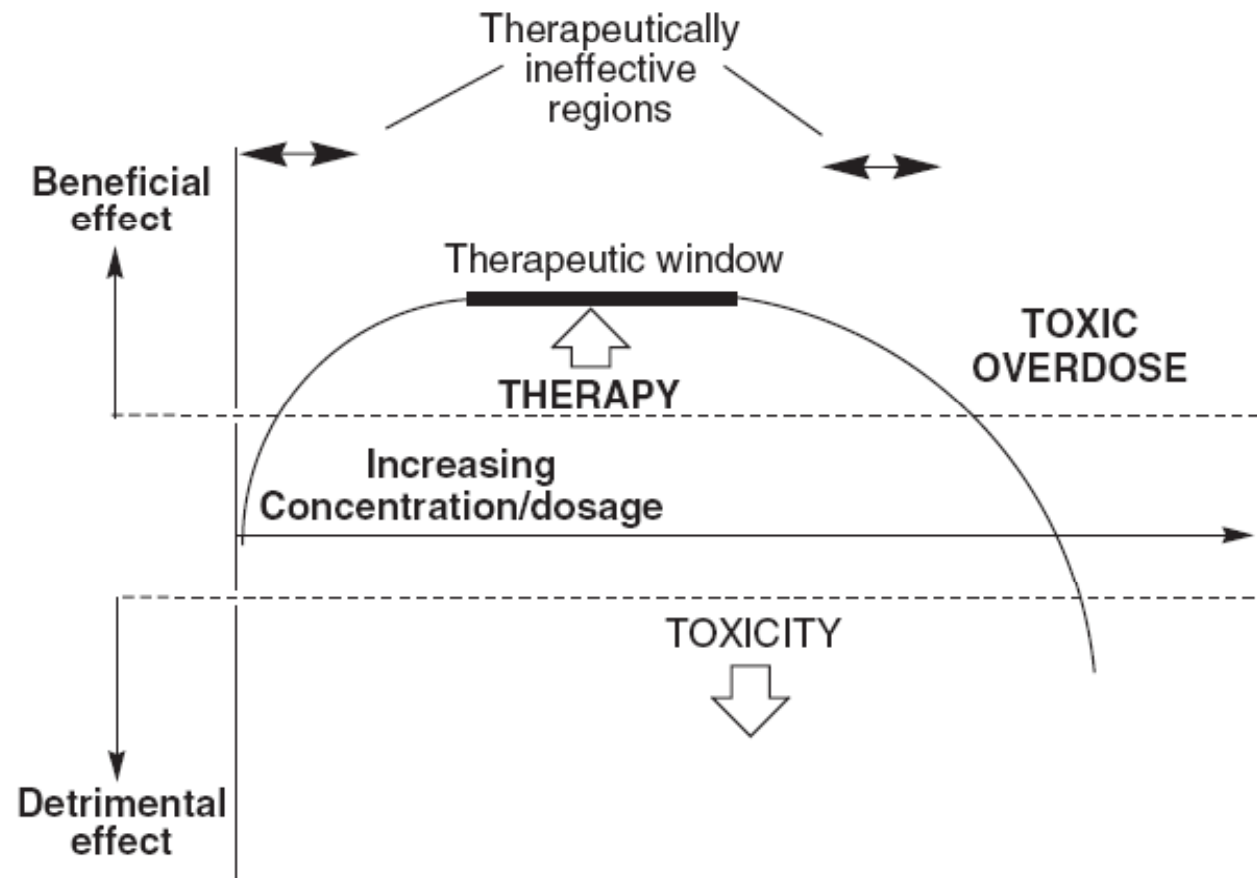
Metals are in general toxic and unstable...in the old days treatment with metals was as dangerous as the disease!!!

- 1) **Maximum effect with minimum dose and minimal toxic side-effects.**

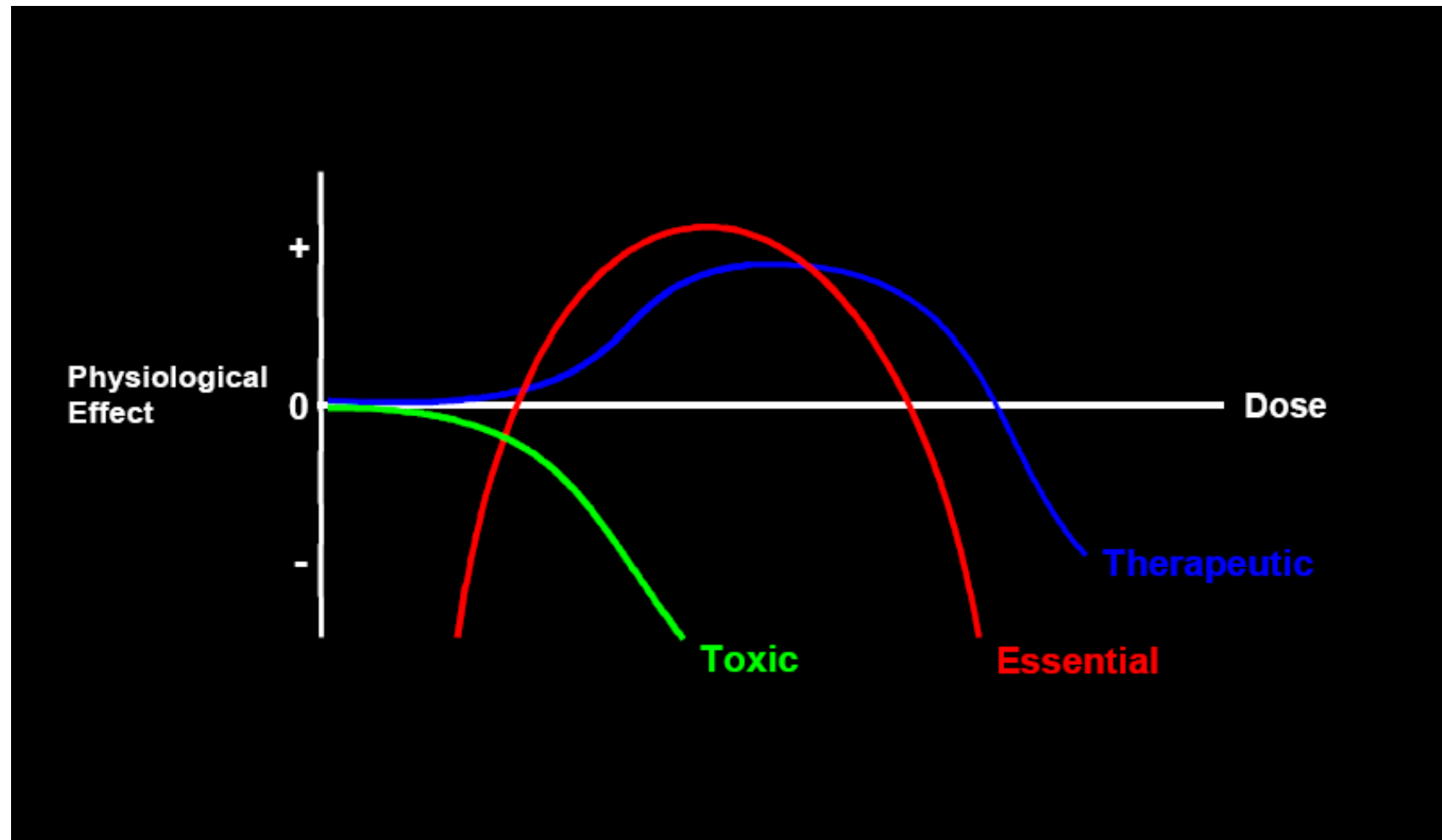
**Therapeutic Index=  $LD_{50}/ED_{50}$  Small or big????anything “strange”??**

Increasing the dose of the drug does not mean increasing its beneficial effect! We have to consider the “*therapeutic window*”

*...e.g. carrots and Vitamin A*



*The effect of increasing pharmaceutical dosage, or concentration in vivo, on benefit to the patient. Initially the beneficial effect increases with increasing concentration but at high doses, toxic effects predominate. Dosage regimes need to be adjusted to keep concentrations within the therapeutic window*

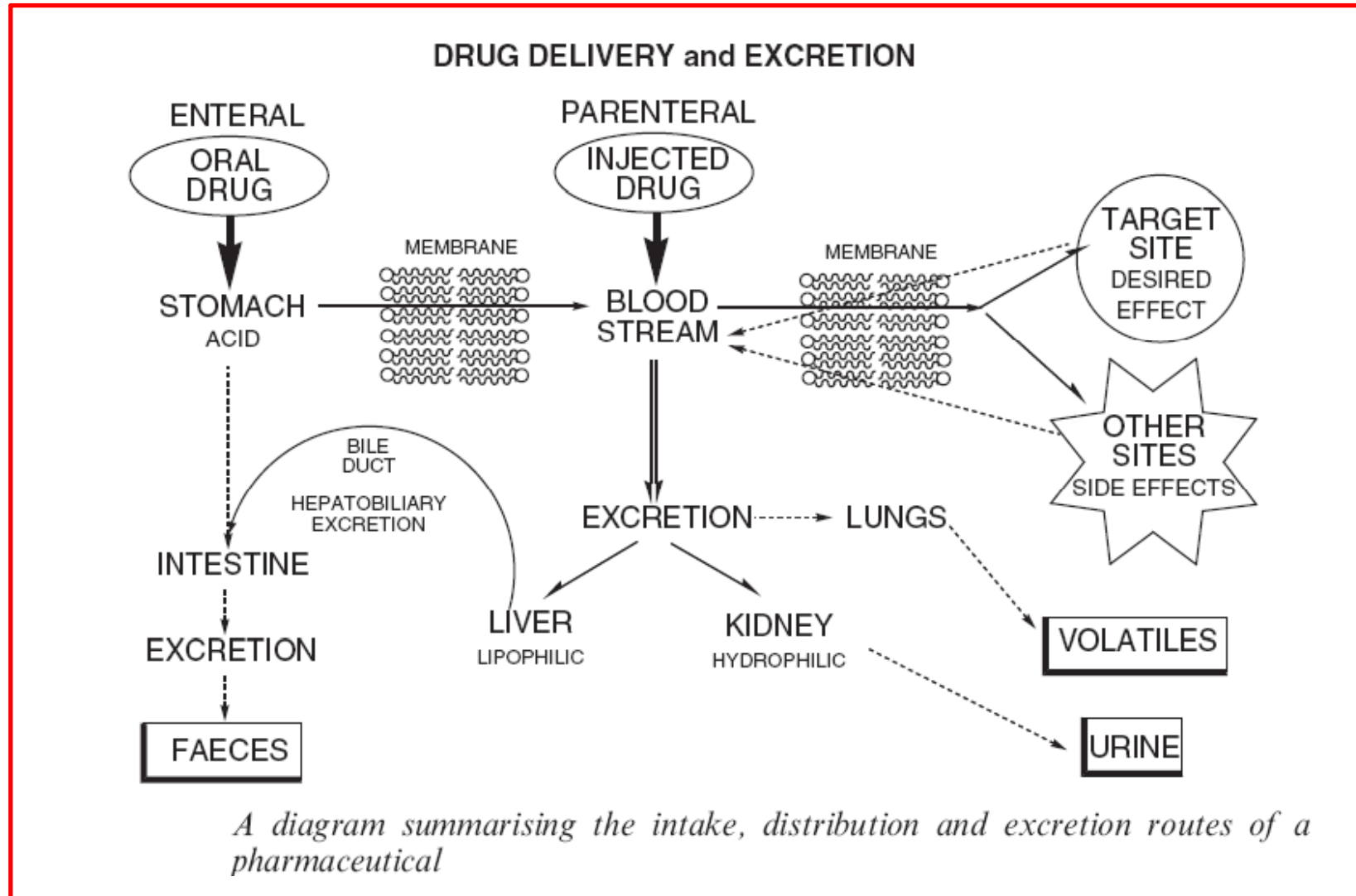


The Bertrand Diagram.



## 2) Bioavailability and biodistribution

Absorption, distribution, metabolism, elimination: *pharmokinetics*



### 3) In vivo stability

“Prodrugs” convert to drugs in the body

Have to consider:

- i) The drug has to be soluble in the blood...
- ii) The interactions with the proteins have to be taken seriously...!!!...especially for metal-containing drugs!
- iii) Natural metabolic processes may cause the release of the metal...toxicity rises then!!

# Preclinical Testing...

1. Acute toxicity — acute dose that is lethal in 50% of animals; usually two species, usually two routes of administration
2. Subacute toxicity — physiology, histology, autopsy studies; two species, sometimes with dosings over a 6 month time period
3. Chronic toxicity — detailed organ evaluation; two species, sometimes studied for 1–2 years
4. Mutagenic potential — effects on genetic stability of bacteria (Ames test) of mammalian cells in culture
5. Carcinogenic potential — required if drug is to be administered for prolonged periods of time
6. Reproductive performance effects — effects on animal progeny, production of birth defects

# Clinical Trials...tough one!

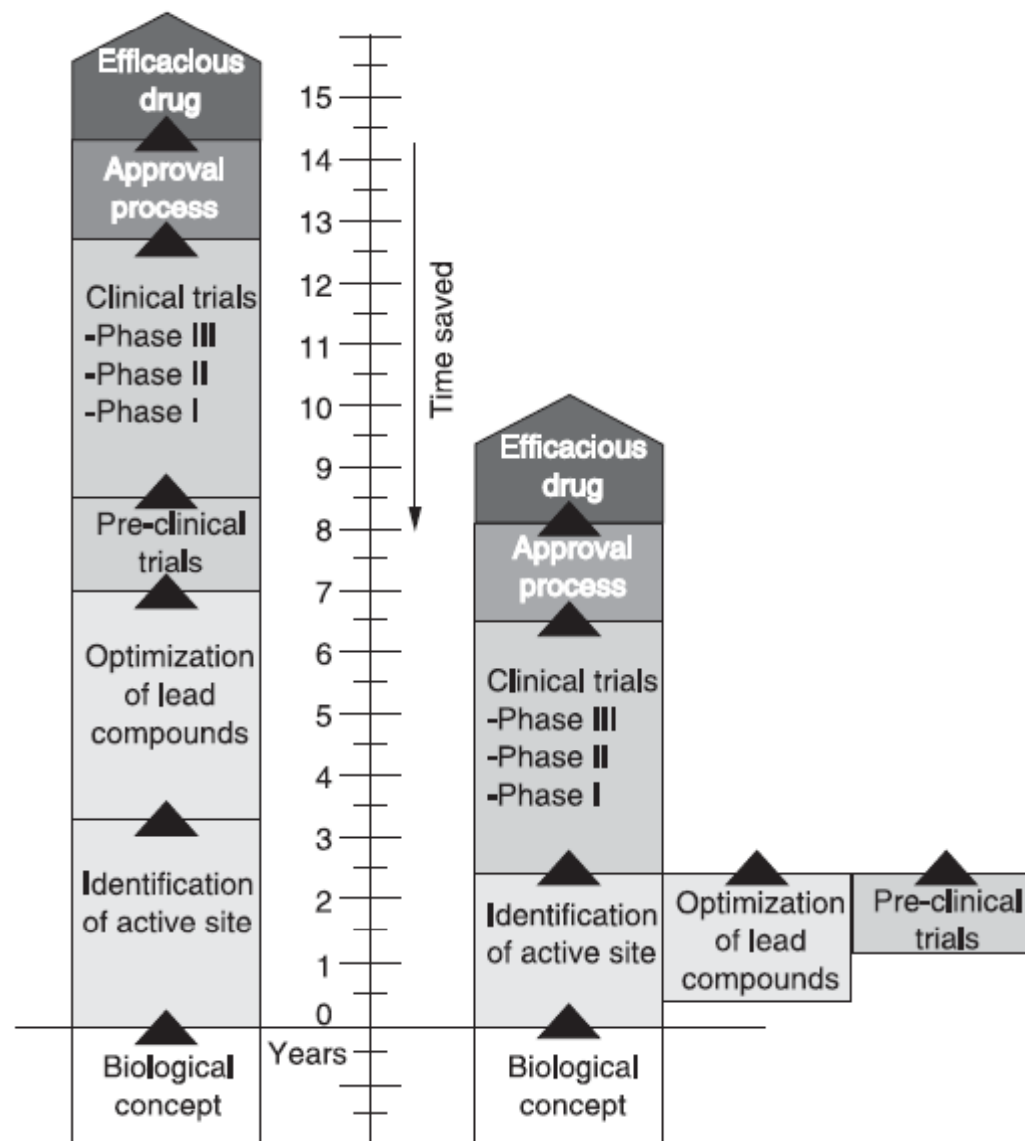
**Phase I:** Small group of **healthy** people take the drug to test its absorption, biodistribution, pharmacokinetics, accumulation, side-effects and dosage. (Volunteers!!!)

**Phase II:** Small group of **patients** receive the drug to test its activity. Optimum dosage and adverse reactions are assessed.

**Phase III:** Large groups of **patients** are evaluated. Double trials, blinding, placebo.

**Phase IV:** **Patients** are still monitored...approval follows...fine-tuning of procedures

*cis-platin* took **14 years** to hit the shelves since it was first discovered in 1964.



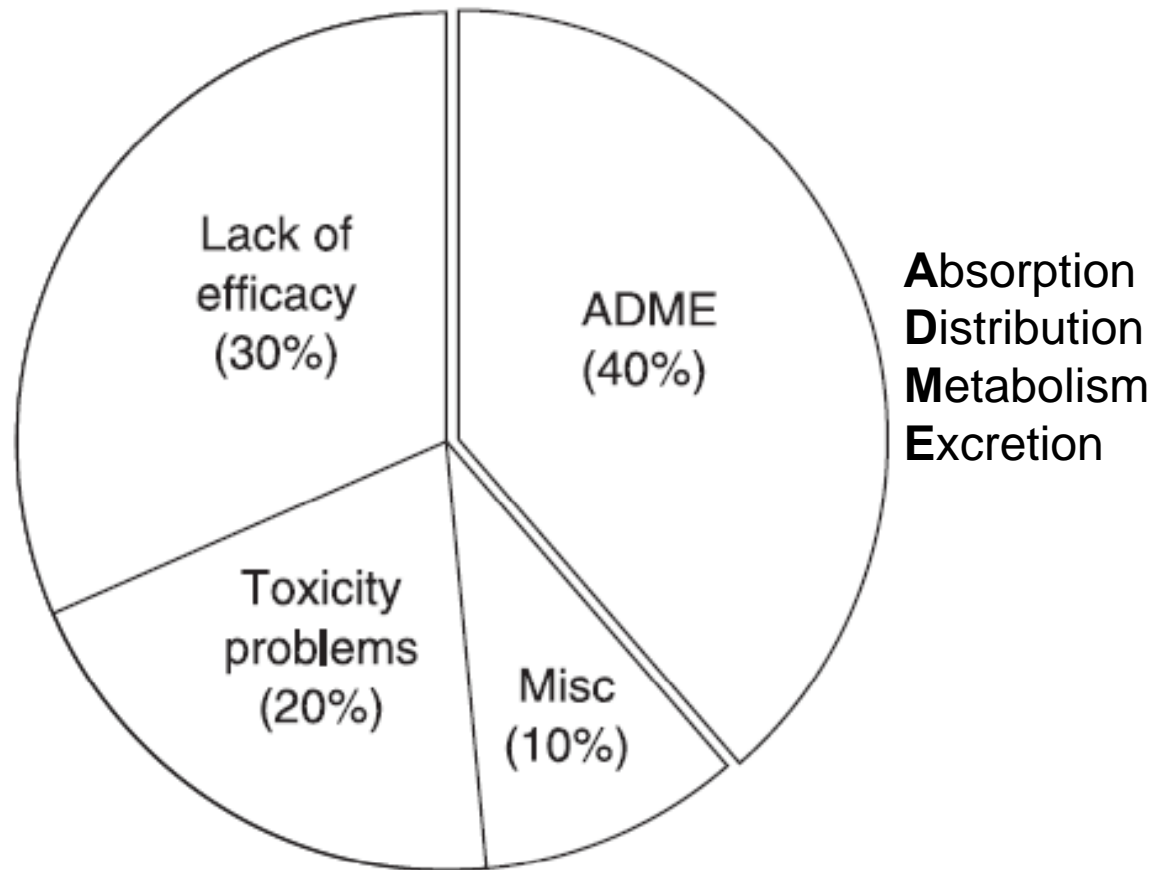
**Table 3.2** Drugs Producing Adverse Effects on the Fetus

Drug	Effect
ACE inhibitors	Kidney damage
Amphetamines	Abnormal developmental patterns
Androgens	Masculinization of female
Busulfan	Congenital malformations
Carbamazepine	Neural tube defects affecting brain formation
Cocaine	Stroke in fetus
Cyclophosphamide	Congenital malformations
Cytarabine	Congenital malformations
Diethylstilbestrol	Vaginal adenocarcinoma in child
Ethanol	Risk of fetal alcohol syndrome
Etretinate	High risk of multiple congenital malformations
Iodine	Congenital goiter, hypothyroidism
Isotretinoin	High risk of face, ear, and other malformations
Methotrexate	Multiple congenital abnormalities
Methylthiouracil	Hypothyroidism in child
Metronidazole	May be mutagenic (animal studies show no evidence for mutagenic or teratogenic effects in humans)
Penicillamine	Congenital skin malformations
Phenytoin	Fetal hydantoin syndrome
Propylthiouracil	Congenital goiter
Streptomycin	Eighth nerve toxicity (deafness) in child
Tamoxifen	Increased risk of spontaneous abortion or fetal damage
Tetracycline	Discoloration and defects of teeth and altered bone growth
Thalidomide	Phocomelia (shortened bones of the limbs)
Trimethadione	Multiple congenital abnormalities
Valproic acid	Neural tube defects of the brain



**Table 3.3** Approved Drugs Withdrawn Because of Toxicity

Drug	Year	Adverse reaction
Astemizole	1998	Interactions (e.g., with grapefruit juice)
Benoxaprofen	1982	Liver damage
Centoxin	1993	Increased mortality
Cerivastatin	2001	Muscle breakdown
Cisapride	2000	Cardiac arrhythmias
Clioquinol	1975	Optic neuropathy (eye problem)
Dexfenfluramine	1997	Cardiac valve abnormalities
Fenfluramine	1997	Cardiac valve abnormalities
Flosequinan	1993	Increased mortality
Indoprofen	1984	Gastrointestinal bleeding/perforation
Metipranolol 0.6% eyedrops	1990	Anterior uveitis (eye problem)
Mibefradil	1998	Many drug interactions
Nomifensine	1986	Hemolytic anemia
Noscapine	1991	Gene toxicity
Remoxipride	1994	Aplastic anemia
Sertindole	1998	Cardiac arrhythmias
Suprofen	1987	Renal impairment
Temafloxacin	1992	Various serious adverse effects
Terodiline	1991	Cardiac arrhythmias
Tolcapone	1998	Hepatobiliary disorders
Triazolam	1991	Psychiatric disorders
Troglitazone	1997	Hepatic disorders
Zimeldine	1983	Hypersensitivity
Zomepirac	1983	Anaphylaxis



**PHARMACEUTICAL PROCESS**  
'Is the drug getting into the patient?'

Formulations  
Routes of administration  
(compliance)

Drug in solid dosage form

Disintegration, etc

Drug in particulate form

Dissolution

Drug in solution

**PHARMACOKINETIC PROCESS**  
'Is the drug getting to its site of action?'

Absorption  
Distribution  
Plasma proteins  
Tissues

Elimination  
Hepatic metabolism  
Renal excretion  
Other

'First pass'

Metabolism in gut lumen and gut wall

Biliary  
excretion

Hepatic metabolism

Rectal or  
sublingual  
administration

Parenteral  
administration

Extracellular fluids

Protein-  
bound  
↓ ↑  
Unbound

Tissues (site of action)

Elimination

**PHARMODYNAMIC PROCESS**  
'Is the drug producing the required pharmacological effect?'

Pharmacological  
effects

Therapeutic/toxic  
effects

**THERAPEUTIC PROCESS**  
'Is the pharmacological effect being translated into a therapeutic effect?'

Molecular pharmacology

Cell and tissue pharmacology

Cell and tissue physiology

Organ physiology

Clinical effects

**Table 1.1** pH Values for Tissue Fluids

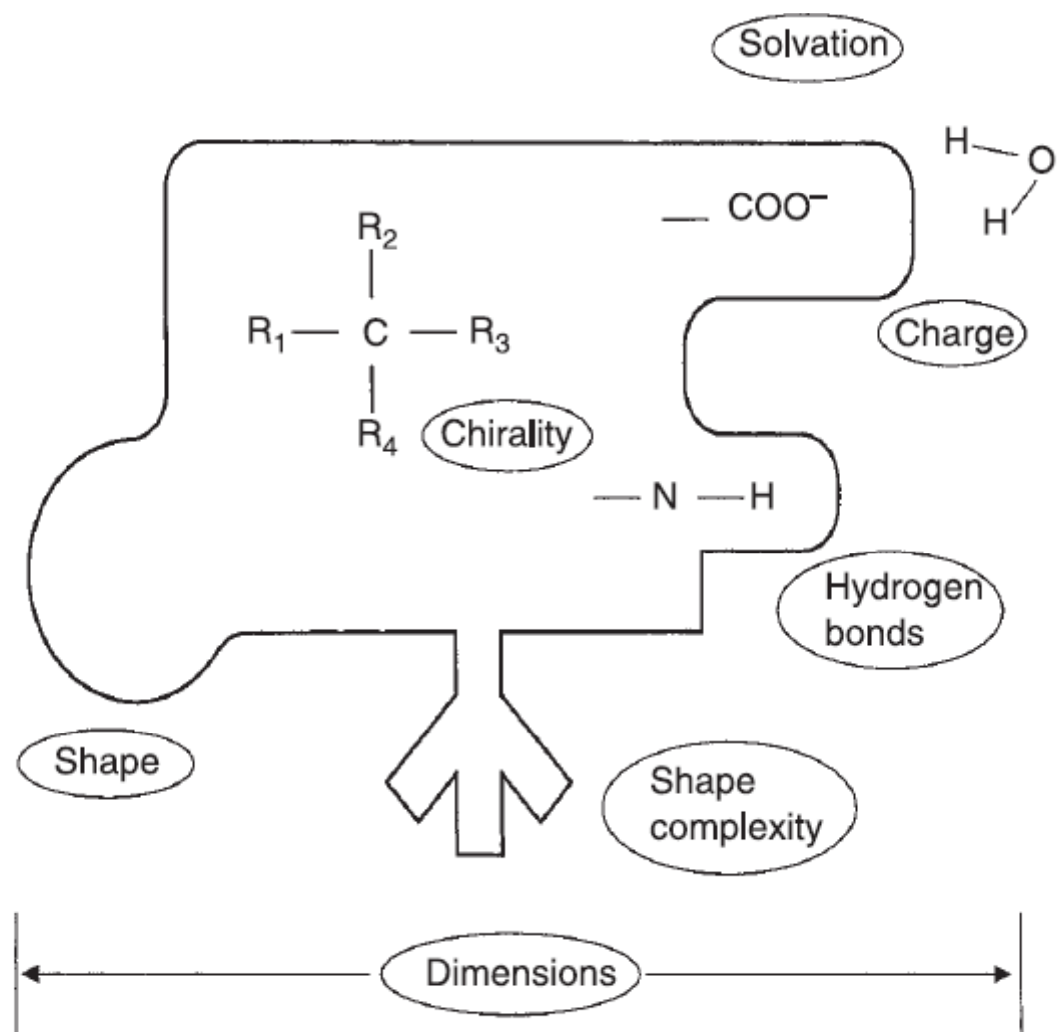
Fluid	pH
Aqueous humor (eye)	7.2
Blood, arterial	7.4
Blood, venous	7.4
Blood, maternal umbilical	7.3
Cerebrospinal fluid	7.4
Duodenum	4.5–7.8
Intestine	6.0–8.3
Lacrimal fluid (tears)	7.4
Milk, breast	7.0
Nasal secretions	6.0
Prostatic fluid	6.5
Saliva	6.4
Semen	7.2
Stomach	1.8
Sweat	5.4
Urine	5.6–7.0
Vaginal secretions, premenopause	4.5
Vaginal secretions, postmenopause	7.0

## **THE PHYSIOLOGICAL SYSTEMS**

1. Cardiovascular system (angina, myocardial infarction, arrhythmias, arterial hypertension, valvular heart disease)
2. Dermatological system (erythroderma, ichthyosis, Stevens–Johnson syndrome, Behcet’s disease, acute blistering diseases)
3. Endocrine system (Cushing’s disease, Addison’s disease, carcinoid syndrome, diabetes, hyperthyroidism, Grave’s disease, hypothyroidism)
4. Gastrointestinal system (inflammatory bowel disease [ulcerative colitis, Crohn’s disease], peptic ulcer, pancreatitis, cholecystitis, hepatitis, choledocholithiasis)
5. Genitourinary system (nephrologic—glomerulonephritis, chronic renal failure; urological—benign prostatic hypertrophy, prostatitis)
6. Hematological system (anemia, polycythemia, thrombocytopenia, leukemia, lymphoma, multiple myeloma)
7. Immune system (allergic rhinitis, polymyositis, autoimmune diseases [systemic lupus erythematosis], graft vs. host disease)
8. Musculoskeletal system (rheumatoid arthritis, ankylosing spondylitis, Sjogren’s syndrome, osteoporosis)
9. Nervous system (dementia, stroke, epilepsy, extrapyramidal diseases [Parkinson’s], demyelinating diseases [multiple sclerosis], neuropathy, myasthenia gravis, psychosis, schizophrenia)
10. Respiratory system (chronic obstructive pulmonary disease [COPD; emphysema, chronic bronchitis], acute obstructive lung disease [asthma], chronic restrictive lung disease [connective tissue lung disease])







**Table 3.1** Drug Discoveries, 1842–2000

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1842	Long introduces ether as an anesthetic
1857	Locock accidentally discovers bromides as anticonvulsants
1867	Lister pioneers use of phenol as a surgical antiseptic
1869	Liebreich discovers hypnotic effects of chloral hydrate
1876	Stricker uncovers analgesic properties of salicylic acid
1882	Guthzeit and Conrad synthesize a series of barbiturates
1891	Erllich pioneers concepts of “receptor” and “chemotherapy”
1899	Meyer and Overton discover effect of lipid solubility on anesthetic action
1903	Fischer and von Mering identify hypnotic properties of barbiturates (see 1882)
1906	Hunt and Taveau synthesize and study acetylcholine
1912	Hauptmann accidentally discovers barbiturates as anticonvulsants (see 1903, 1882)
1921	Loewi demonstrates that acetylcholine is a neurotransmitter
1922	Banting and Best purify insulin as treatment for diabetes
1927	Szent-Gyorgyi isolates ascorbic acid (Vitamin C)
1929	Fleming serendipitously discovers antibacterial properties of penicillin
1932	Mietzsch, Klarer, Domagk introduce first anti-streptococcal drug
1934	Ruzicka first synthesizes progesterone
1938	Merritt and Putnam use screening to identify hydantoins as anticonvulsants
1940	Chain and Florey introduce manufactured penicillin
1942	Ehrhard and Schauman produce synthetic analgesics (meperidine, methadone)
1945	Woodward and Doering synthesize quinine
1947	Lands introduces isoproterenol as a bronchodilator
1952	Charpentier identifies tricyclic phenothiazines as antipsychotics
1953	Watson and Crick deduce structure of DNA
1959	Beecham Laboratories develops semisynthetic penicillins
1959	Searle introduces the birth control pill
1960	Hoffmann-La Roche tests benzodiazepines as anxiolytics (Librium, Valium)
1962	Hansch develops principle of quantitative structure–activity relationships
1962	Pullman introduces quantum mechanics to drug design
1967	Cotzias pioneers the use of L-DOPA for treatment of Parkinson’s disease
1975	Biochemically driven rational drug design begins to flourish as method
1985	Improved computers enable computer-aided drug design to advance
1995	Advances in combinatorial chemistry advance high throughput screening
2000	Widespread use of cholinesterase inhibitors for symptomatic treatment of Alzheimer’s disease

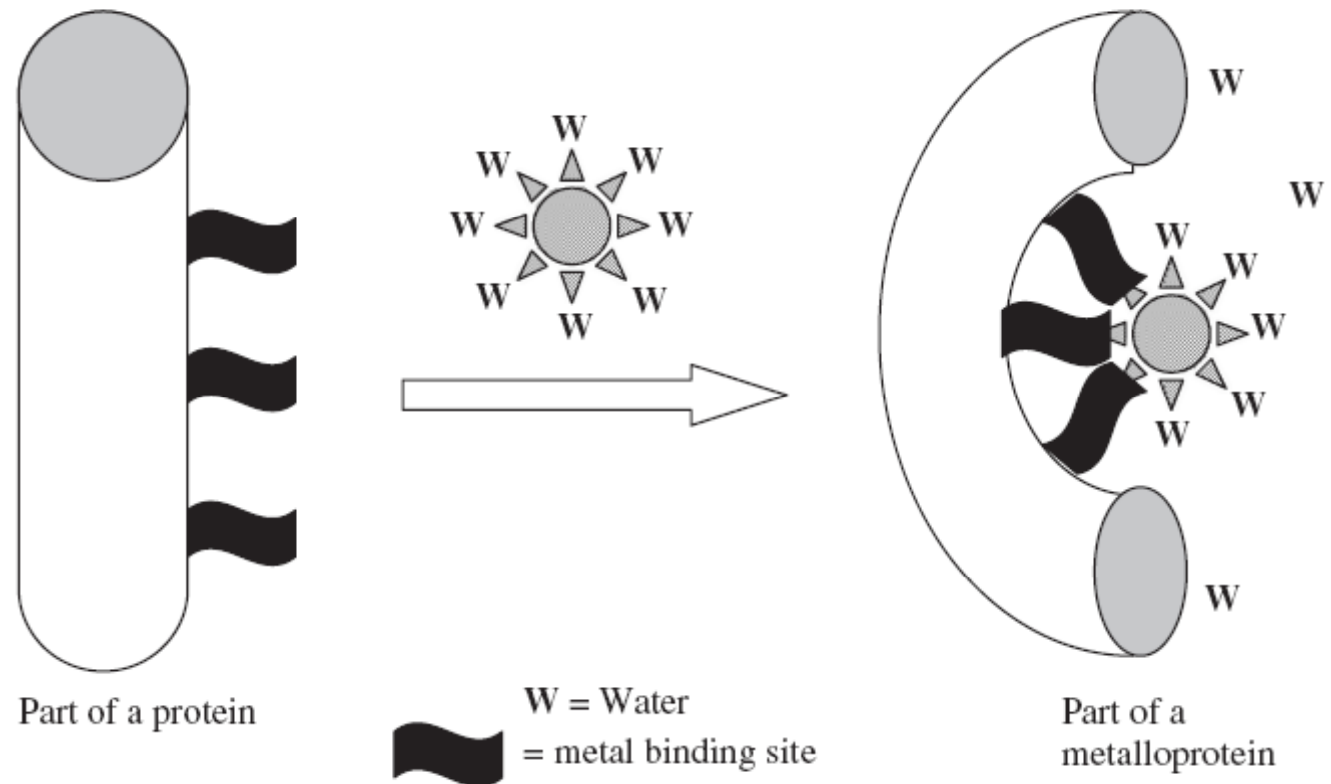
# Few properties of Metals!

Lewis acids

Can form reactive centers inside the proteins

Redox active

Bind and activate small



# Few basics about Transition Metals!

	IA	IIA											IIIA	IVA	VA	VIA	VIIA	VIIIA
2																		
3																		
4			IIIB	IVB	VB	VIB	VIIIB	VIII B			IB	IIB						
5			Sc	Ti	V	Cr	Mn	Fe	Co	Ni	Cu	Zn						
6			Y	Zr	Nb	Mo	Tc	Ru	Rh	Pd	Ag	Cd						
7			La*	Hf	Ta	W	Re	Os	Ir	Pt	Au	Hg						
			Ac**	Rf	Db	Sg	Bh	Hs	Mt	(110)	(111)	(112)						

\*Λανθανίδια

\*\*Ακτινίδια

Ce	Pr	Nd	Pm	Sm	Eu	Gd	Tb	Dy	Ho	Er	Tm	Yb	Lu
Th	Pa	U	Np	Pu	Am	Cm	Bk	Cf	Es	Fm	Md	No	Lr



Μεταβατικά στοιχεία



Εσωτερικά μεταβατικά στοιχεία  
(λανθανίδια και ακτινίδια)

ΠΙΝΑΚΑΣ 23.1

Ιδιότητες των μεταβατικών  
στοιχείων της τέταρτης περιόδου

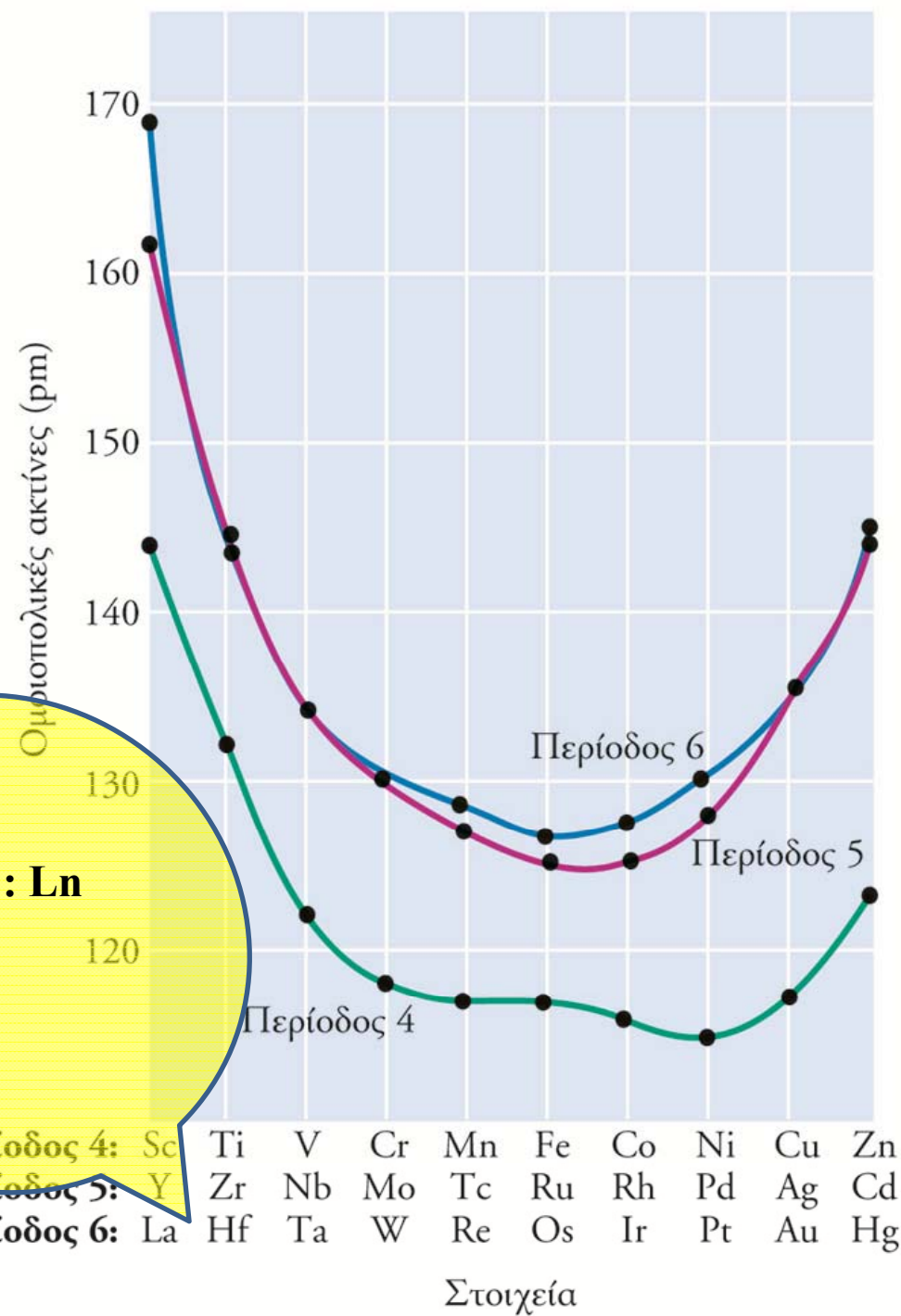
Ιδιότητα	Σκάνδιο	Τιτάνιο	Βανάδιο	Χρώμιο	Μαγγάνιο
Ηλεκτρονική δομή	$[\text{Ar}]3d^1 4s^2$	$[\text{Ar}]3d^2 4s^2$	$[\text{Ar}]3d^3 4s^2$	$[\text{Ar}]3d^5 4s^1$	$[\text{Ar}]3d^5 4s^2$
Σημείο τήξεως, °C	1541	1660	1890	1857	1244
Σημείο ζέσεως, °C	2831	3287	3380	2672	1962
Πυκνότητα, g/cm <sup>3</sup>	3,0	4,5	6,0	7,2	7,2
Ηλεκτραρνητικότητα (κλίμακα Pauling)	1,3	1,5	1,6	1,6	1,5
Ομοιοπολική ακτίνα, pm	144	132	122	118	117
Ιοντική ακτίνα (για M <sup>2+</sup> ), pm	—	100	93	87	81

ΠΙΝΑΚΑΣ 23.1

(συνέχεια)

Ιδιότητα	Σίδηρος	Κοβάλτιο	Νικέλιο	Χαλκός	Ψευδάργυρος
Ηλεκτρονική δομή	$[\text{Ar}]3d^6 4s^2$	$[\text{Ar}]3d^7 4s^2$	$[\text{Ar}]3d^8 4s^2$	$[\text{Ar}]3d^{10} 4s^1$	$[\text{Ar}]3d^{10} 4s^2$
Σημείο τήξεως, °C	1535	1495	1453	1083	420
Σημείο ζέσεως, °C	2750	2870	2732	2567	907
Πυκνότητα, g/cm <sup>3</sup>	7,9	8,9	8,9	8,9	7,1
Ηλεκτραρνητικότητα (κλίμακα Pauling)	1,8	1,8	1,8	1,9	1,6
Ομοιοπολική ακτίνα, pm	117	116	115	117	125
Ιοντική ακτίνα (για M <sup>2+</sup> ), pm	75	79	83	87	88

1-2	3	4	5	6	7	8	9	10	11	12	13-18
s-block	Sc	Ti	V	Cr	Mn	Fe	Co	Ni	Cu	Zn	p-block
	Y	Zr	Nb	Mo	Tc	Ru	Rh	Pd	Ag	Cd	
	La	Hf	Ta	W	Re	Os	Ir	Pt	Au	Hg	



**ΠΙΝΑΚΑΣ 23.3**  
Οξειδωτικές καταστάσεις  
των μεταβατικών στοιχείων  
της τέταρτης περιόδου

IIIB	IVB	VB	VIB	VIIB	VIII B			IB	IIB
Sc	Ti	V	Cr	Mn	Fe	Co	Ni	Cu	Zn
							+1	+1	
	+2	+2	+2	+2	+2	+2	+2	+2	+2
+3	+3	+3	+3	+3	+3	+3	+3	+3	
	+4	+4	+4	+4	+4	+4	+4		
		+5	+5	+5	+5				
			+6	+6	+6				
				+7					





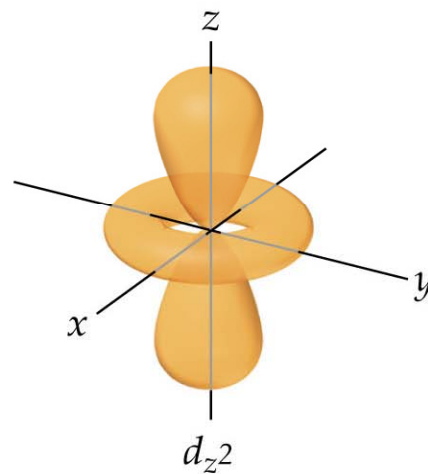
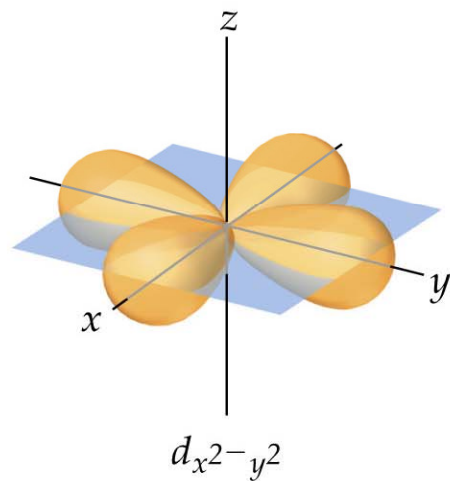
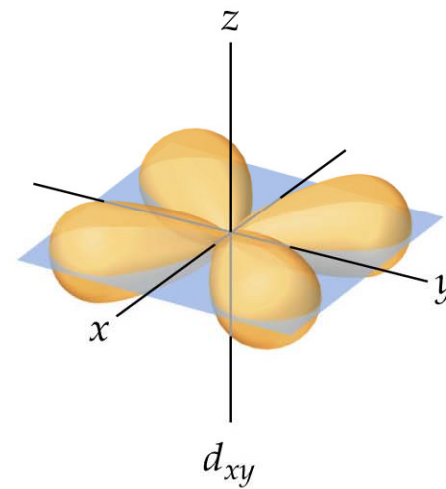
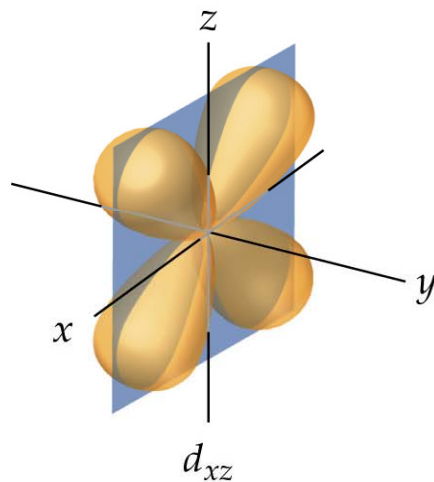
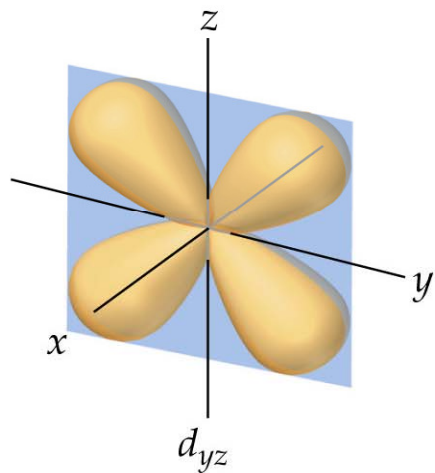
#### ΠΙΝΑΚΑΣ 23.4

Μεταβατικά μέταλλα απαραίτητα  
στη διατροφή του ανθρώπου

Στοιχείο	Μερικές βιοχημικές ουσίες	Λειτουργία
Χρώμιο	Παράγοντας ανοχής γλυκόζης	Χρησιμοποίηση γλυκόζης
Μαγγάνιο	Ισοκιτρική αφυδρογονάση	Ενεργητική κυττάρου
Σίδηρος	Αιμοσφαιρίνη και μυοσφαιρίνη Κυτόχρωμα c Καταλάση	Μεταφορά και αποθήκευση οξυγόνου Ενεργητική κυττάρου Διάσπαση υπεροξειδίου του υδρογόνου
Κοβάλτιο	Κοβαλαμίνη (βιταμίνη B <sub>12</sub> )	Ανάπτυξη ερυθρών αιμοκυττάρων
Χαλκός	Χαλκοπλασμίνη Κυτοχρωμική οξειδάση	Σύνθεση αιμοσφαιρίνης Ενεργητική κυττάρου
Ψευδάργυρος	Καρβοανυδράση Καρβοξυπεπτιδάση Α (παγκρεατικό υγρό) Αλκοολική αφυδρογονάση	Απόσπαση διοξειδίου του άνθρακα Πέψη πρωτεϊνών Οξείδωση αιθανόλης



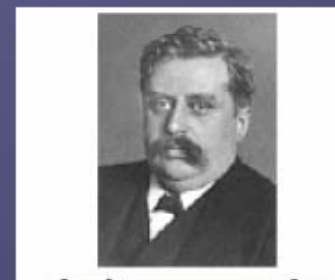
## Ας θυμηθούμε τα σχήματα των 3d τροχιακών



# The Nobel Prize in Chemistry 1913

Alfred Werner (University of Zurich, Switzerland)

"in recognition of his work on the linkage of atoms in molecules by which he has thrown new light on earlier investigations and opened up new fields of research especially in inorganic chemistry"



Πριν το Werner δεν ήταν γνωστό **πώς** συνδέονται τα άτομα στο μόριο  $\text{Pt}(\text{NH}_3)_2\text{Cl}_2$

Οι μέχρι τότε θεωρίες υποστήριζαν γραμμική σύνδεση

$[\text{Pt}-\text{NH}_3-\text{NH}_3-\text{Cl}]\text{Cl}$  ή  $\text{Cl}-\text{NH}_3-\text{Pt}-\text{NH}_3-\text{Cl}$

Ο Werner με μία σειρά πειραματικών μετρήσεων πρότεινε **δύο διαφορετικούς τύπους δεσμών στην ανόργανες ενώσεις**

**Πρωτεύον σθένος:** καθορισμένος αριθμός, προερχόμενος από την εξουδετέρωση φορτίου

**Δευτερεύον σθένος:** καθορίζεται από το κεντρικό μέταλλο, είναι μη ιοντικοί και έχουν συγκεκριμένο προσανατολισμό στο χώρο άρα μελετώνται με εφαρμογή δομικών αρχών

### Δομές που μελέτησε ο Werner

ΠΙΝΑΚΑΣ 23.6  
Μερικά σύμπλοκα του  
λευκοχρύσου(IV) που  
μελετήθηκαν από τον Werner

Παλιός τύπος	Σύγχρονος τύπος	Αριθμός ιόντων	Αριθμός ελεύθερων ιόντων $\text{Cl}^-$
$\text{PtCl}_4 \cdot 6\text{NH}_3$	$[\text{Pt}(\text{NH}_3)_6]\text{Cl}_4$	5	4
$\text{PtCl}_4 \cdot 4\text{NH}_3$	$[\text{Pt}(\text{NH}_3)_4\text{Cl}_2]\text{Cl}_2$	3	2
$\text{PtCl}_4 \cdot 3\text{NH}_3$	$[\text{Pt}(\text{NH}_3)_3\text{Cl}_3]\text{Cl}$	2	1
$\text{PtCl}_4 \cdot 2\text{NH}_3$	$[\text{Pt}(\text{NH}_3)_2\text{Cl}_4]$	0	0

## Alfred Werner και η θεωρία του για τις ενώσεις σύνταξης

Παλαιός τύπος	<i>m</i>	<i>n</i>	Τύπος Werner	Ιόντα
$\text{PtCl}_4 \cdot 6\text{NH}_3$	4	5	$[\text{Pt}(\text{NH}_3)_6]\text{Cl}_4$	$[\text{Pt}(\text{NH}_3)_6]^{4+}$ 4 $\text{Cl}^-$
$\text{PtCl}_4 \cdot 5\text{NH}_3$	3	4	$[\text{Pt}(\text{NH}_3)_5\text{Cl}]\text{Cl}_3$	$[\text{Pt}(\text{NH}_3)_5\text{Cl}]^{3+}$ 3 $\text{Cl}^-$
$\text{PtCl}_4 \cdot 4\text{NH}_3$	2	3	$[\text{Pt}(\text{NH}_3)_4\text{Cl}_2]\text{Cl}_2$	$[\text{Pt}(\text{NH}_3)_4\text{Cl}_2]^{2+}$ 2 $\text{Cl}^-$
$\text{PtCl}_4 \cdot 3\text{NH}_3$	1	2	$[\text{Pt}(\text{NH}_3)_3\text{Cl}_3]\text{Cl}$	$[\text{Pt}(\text{NH}_3)_3\text{Cl}_3]^+$ 1 $\text{Cl}^-$
$\text{PtCl}_4 \cdot 2\text{NH}_3$	0	0	$[\text{Pt}(\text{NH}_3)_2\text{Cl}_4]$	δεν δίνει ιόντα

*m* = moles  $\text{AgCl}$  που καθιζάνουν ανά mole ενώσεως, μετά από προσθήκη περίσσειας  $\text{AgNO}_3(\text{aq})$  (από σταθμική ανάλυση)

*n* = αριθμός ιόντων ανά τυπική μονάδα ενώσεως (από μετρήσεις αγωγιμότητας)



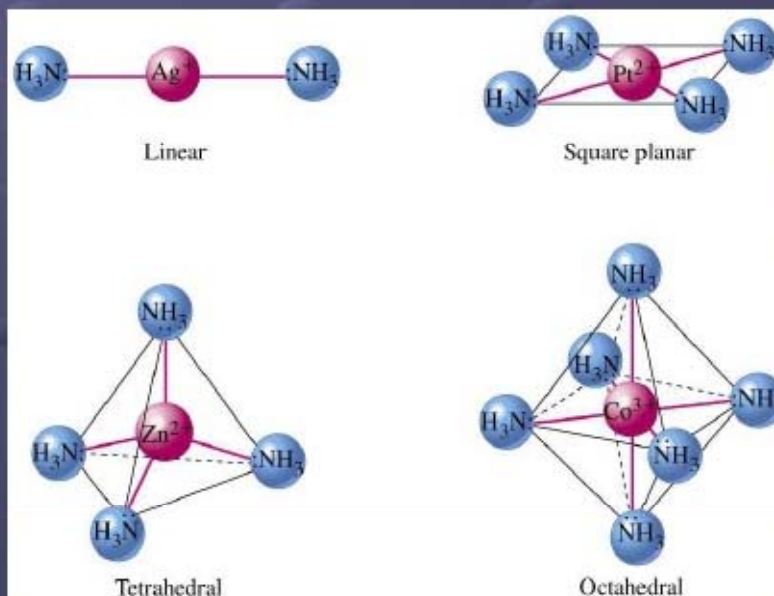
## Σήμερα

**Ενώσεις συναρμογής** : μεταλλικές ενώσεις που σχηματίζονται με αλληλεπιδράσεις οξέος –βάσης κατά Lewis

**Σύμπλοκα** : έχουν ένα κεντρικό μέταλλο ενωμένο με ένα αριθμό υποκαταστατών. Τα σύμπλοκα ιόντα μπορεί είναι φορτισμένα π.χ.  $[\text{Ag}(\text{NH}_3)_2]^+$ .

**Υποκαταστάτες**: βάσεις κατά Lewis

**Σφαίρα συναρμογής** : το μέρος του χώρου που περιέχει το μέταλλο και τους υποκαταστάτες



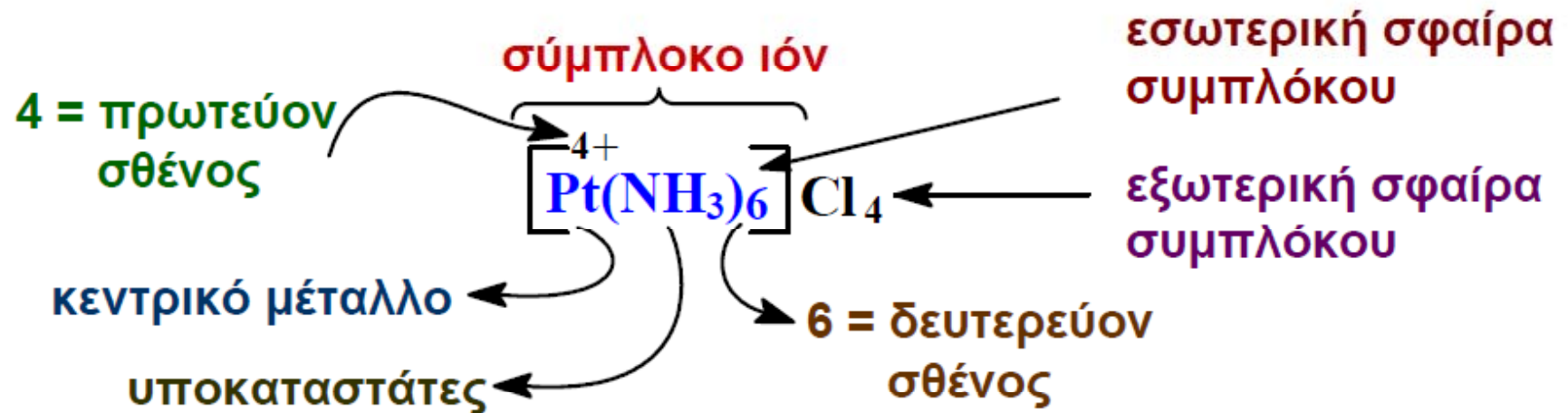
**ΠΙΝΑΚΑΣ 23.5**

**Παραδείγματα συμπλόκων  
διαφόρων αριθμών σύνταξης**

Σύμπλοκο	Αριθμός σύνταξης
$\text{Ag}(\text{NH}_3)_2^+$	2
$\text{HgI}_3^-$	3
$\text{PtCl}_4^{2-}$ , $\text{Ni}(\text{CO})_4$	4
$\text{Fe}(\text{CO})_5$ , $\text{Co}(\text{CN})_5^{3-}$	5
$\text{Co}(\text{NH}_3)_6^{3+}$ , $\text{W}(\text{CO})_6$	6
$\text{Mo}(\text{CN})_7^{3-}$	7
$\text{W}(\text{CN})_8^{4-}$	8

# Alfred Werner και η θεωρία του για τις ενώσεις σύνταξης

Αποσαφήνιση των βασικών όρων της θεωρίας του Werner στο παράδειγμα του συμπλόκου  $\text{Pt}(\text{NH}_3)_6\text{Cl}_4$

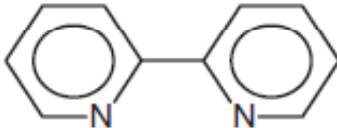
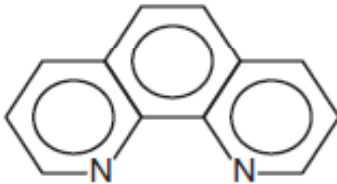


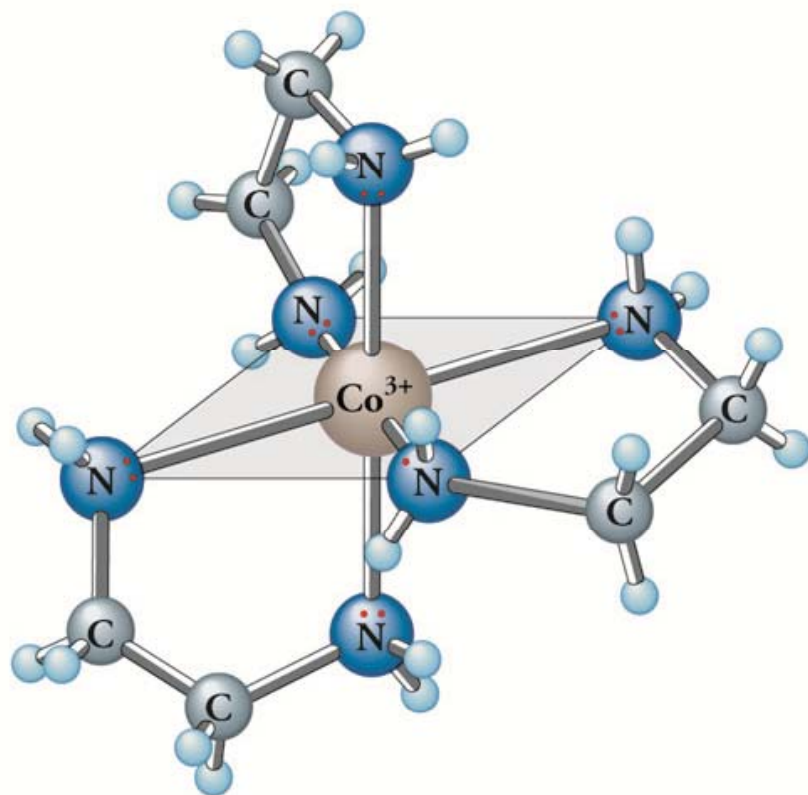
### Υποκαταστάτης-ligand :

- ♦ μπορεί να είναι ιόν ή μόριο ή άτομο που ενώνεται με το κεντρικό μέταλλο
- ♦ Είναι βάση κατά Lewis και δίνει ηλεκτρόνια στο κεντρικό μέταλλο
- ♦ Ανάλογα με τον αριθμό των μονήρων ηλεκτρονίων οι υποκαταστάτες μπορεί να είναι **μονοδοντικοί** (συνδέονται με το μέταλλο με ένα δεσμό), **διδοντικοί....ή πολυδοντικοί**

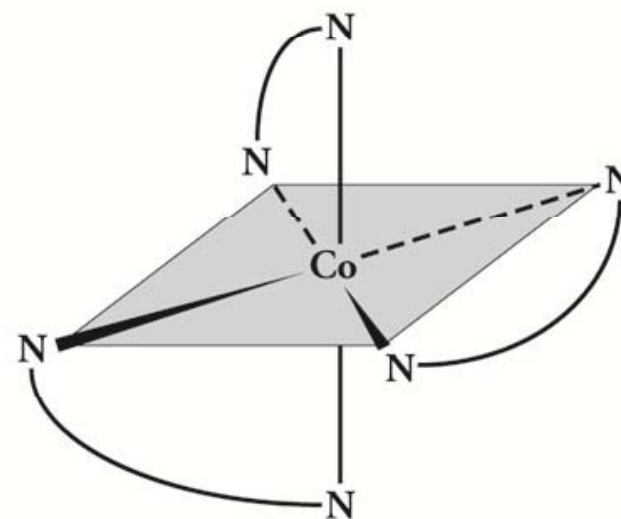


**Table 16.1** Some of the Most Common Ligands.

Group	Formula	Name
Water	H <sub>2</sub> O	aqua
Ammonia	NH <sub>3</sub>	ammine
Chloride	Cl <sup>-</sup>	chloro
Cyanide	CN <sup>-</sup>	cyano
Hydroxide	OH <sup>-</sup>	hydroxo
Thiocyanate	SCN <sup>-</sup>	thiocyanato
Carbonate	CO <sub>3</sub> <sup>2-</sup>	carbonato
Nitrite	NO <sub>2</sub> <sup>-</sup>	nitrito
Oxalate	C <sub>2</sub> O <sub>4</sub> <sup>2-</sup>	oxalato
Carbon monoxide	CO	carbonyl
Nitric oxide	NO	nitrosyl
Ethylenediamine	H <sub>2</sub> NCH <sub>2</sub> CH <sub>2</sub> NH <sub>2</sub>	ethylenediamine
Acetylacetonate	$\begin{array}{c} \text{:O:} \quad \quad \text{:}\ddot{\text{O}}\text{:}^- \\    \quad \quad   \\ \text{CH}_3 - \text{C} - \text{CH} = \text{C} - \text{CH}_3 \end{array}$	acetylacetonato
2,2'-Dipyridyl		2,2'-dipyridyl
1,10-Phenanthroline		1,10-phenanthroline

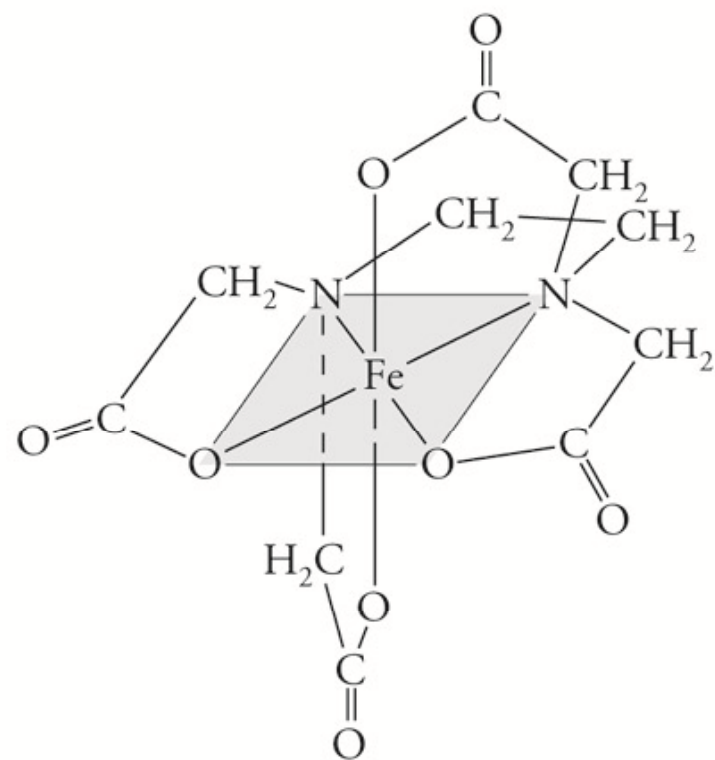
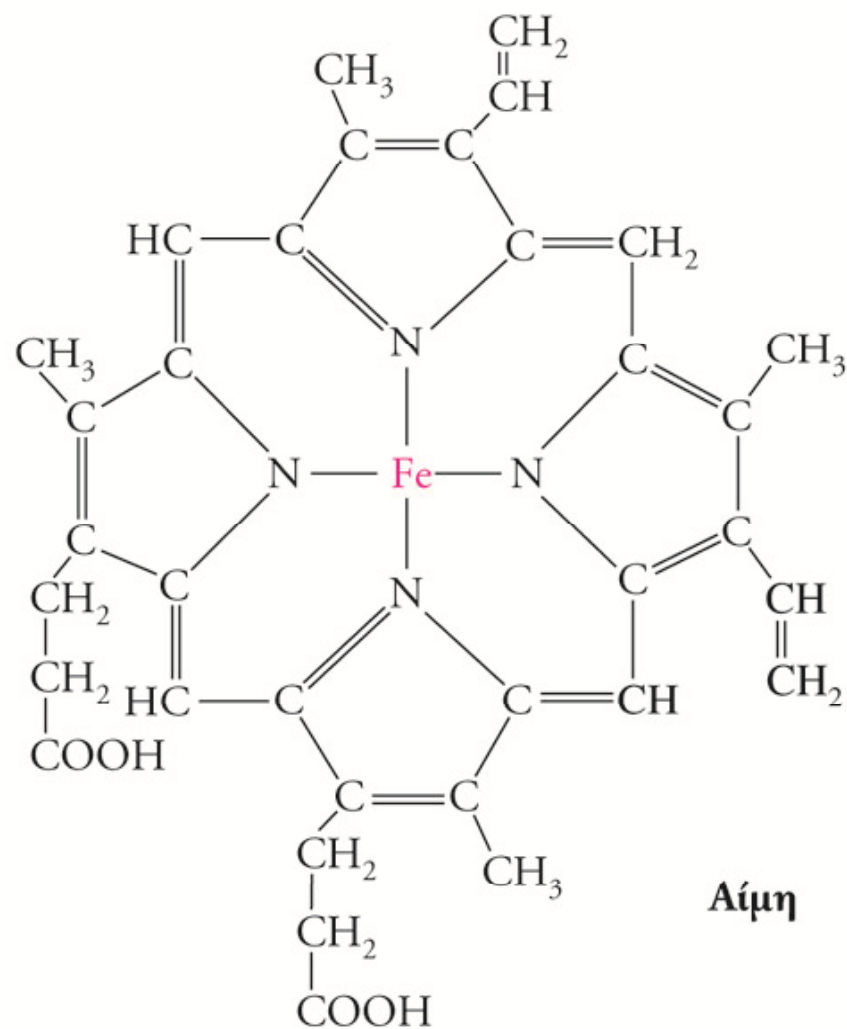


A



B

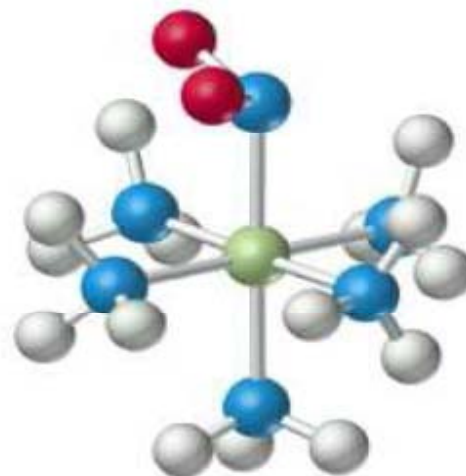
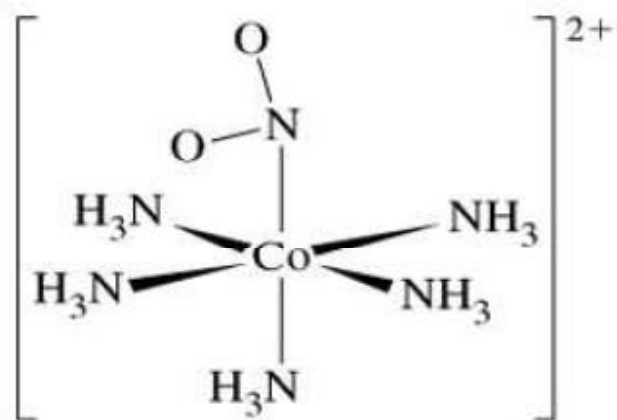
**Γιατί είναι σταθεροί οι χηλικοί  
δακτύλιοι?**



# Ισομέρεια

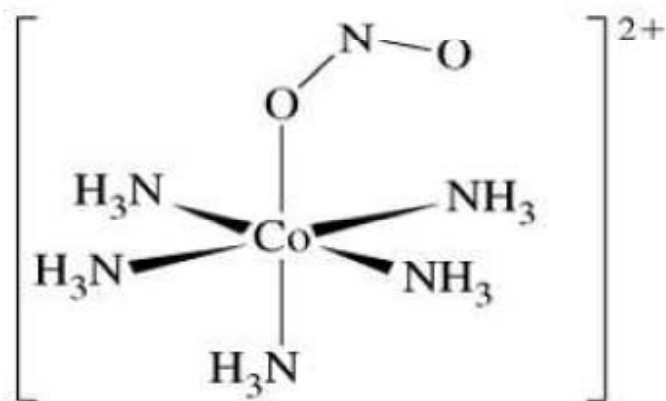
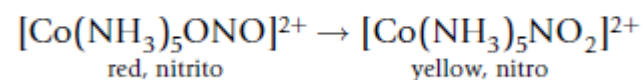
## Δομική ισομέρεια

- Ορισμένα ligands συναρμόζονται με διαφορετικούς τρόπους δηλαδή το ligand μπορεί να συναρμोστεί με το μέταλλο με διαφορετικά άτομα δίνοντας την **ισομέρεια σύνδεσης**.
- Παράδειγμα:  $\text{NO}_2^-$  συναρμόζεται μέσω
  - του **N** ή του **O** (π.χ. στο σύμπλοκο  $[\text{Co}(\text{NH}_3)_5(\text{NO}_2)]^{2+}$  δύο σύμπλοκα είναι πιθανά
    - Όταν ενώνεται μέσω του N ονομάζεται -νιτρο (nitro).
      - Πενταάμινο νιτρο κοβάλτιο (III) και είναι κίτρινο
    - όταν  $\text{ONO}^-$  συναρμόζεται μέσω του O ονομάζεται νιτριδο.
      - Πενταάμινο νιτριδοκοβάλτιο (III) και είναι κόκκινο



(a)  $[\text{Co}(\text{NO}_2)(\text{NH}_3)_5]^{2+}$

χλωρίδιο του πεντααμμινο-  
νιτροκοβαλτίου(III)  
 $[\text{Co}(\text{NH}_3)_5(\text{NO}_2)]\text{Cl}_2$



(b)  $[\text{Co}(\text{ONO})(\text{NH}_3)_5]^{2+}$

χλωρίδιο του πεντααμμινο-  
νιτροκοβαλτίου(III)  
 $[\text{Co}(\text{NH}_3)_5(\text{ONO})]\text{Cl}_2$

Υποκαταστάτες ικανοί για ισομερή σύνδεσης:

$\text{NO}_2^-$	$-\text{NO}_2$ (νιτρο),	$-\text{ONO}$ (νιτρίτο)
$\text{CN}^-$	$-\text{CN}$ (κυανο),	$-\text{NC}$ (ισοκυανο)
$\text{SCN}^-$	$-\text{SCN}$ (θειοκυανато),	$-\text{NCS}$ (ισοθειοκυανато)

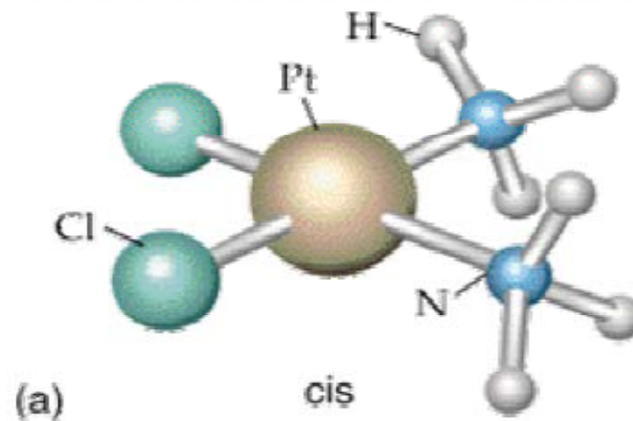
# Γεωμετρική ισομέρεια

Επίπεδα τετραγωνικά

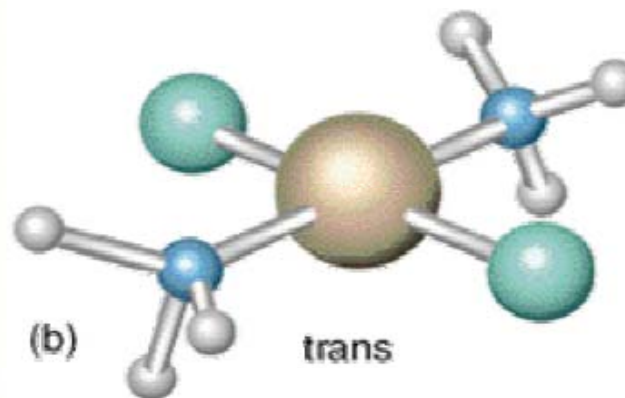
Cis-trans ισομέρεια

Γωνία  $90^\circ$

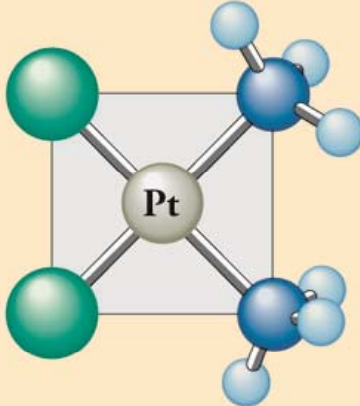
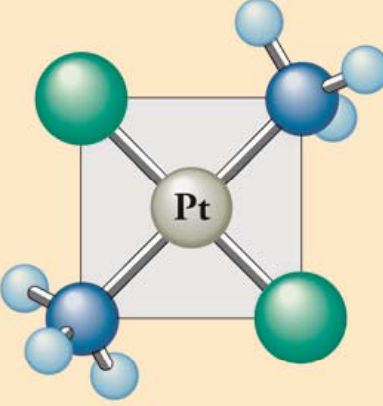
Γωνία  $180^\circ$



Χρησιμοποιείται στη  
χημειοθεραπεία

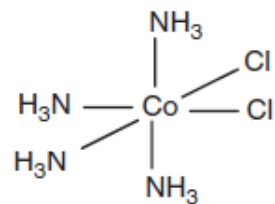




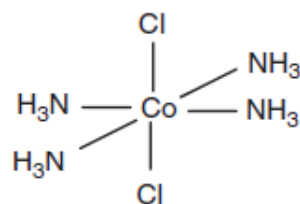
	<i>cis</i>	<i>trans</i>
Μοντέλο σφαίρας-ράβδου		
Συντακτικός τύπος	$  \begin{array}{c}  \text{Cl} \quad \text{NH}_3 \\  \diagdown \quad \diagup \\  \text{Pt} \\  \diagup \quad \diagdown \\  \text{Cl} \quad \text{NH}_3  \end{array}  $	$  \begin{array}{c}  \text{Cl} \quad \text{NH}_3 \\  \diagdown \quad \diagup \\  \text{Pt} \\  \diagup \quad \diagdown \\  \text{H}_3\text{N} \quad \text{Cl}  \end{array}  $
Χρώμα	Πορτοκαλοκίτρινο	Ωχροκίτρινο
Διαλυτότητα	0,252 g/100 g H <sub>2</sub> O	0,037 g/100 g H <sub>2</sub> O



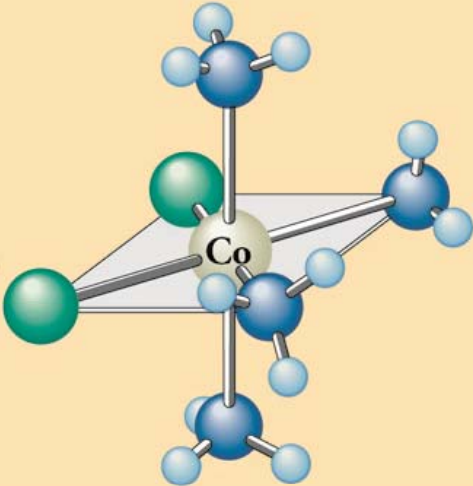
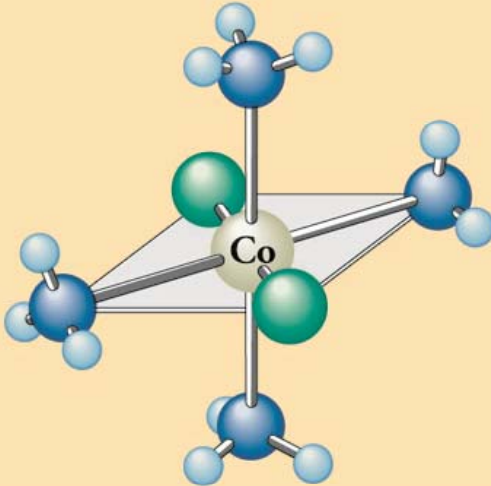
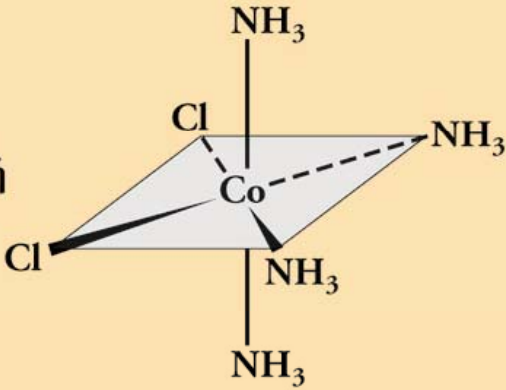
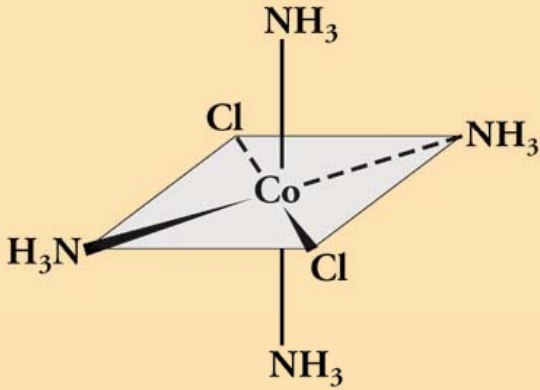




*Cis* (violet)

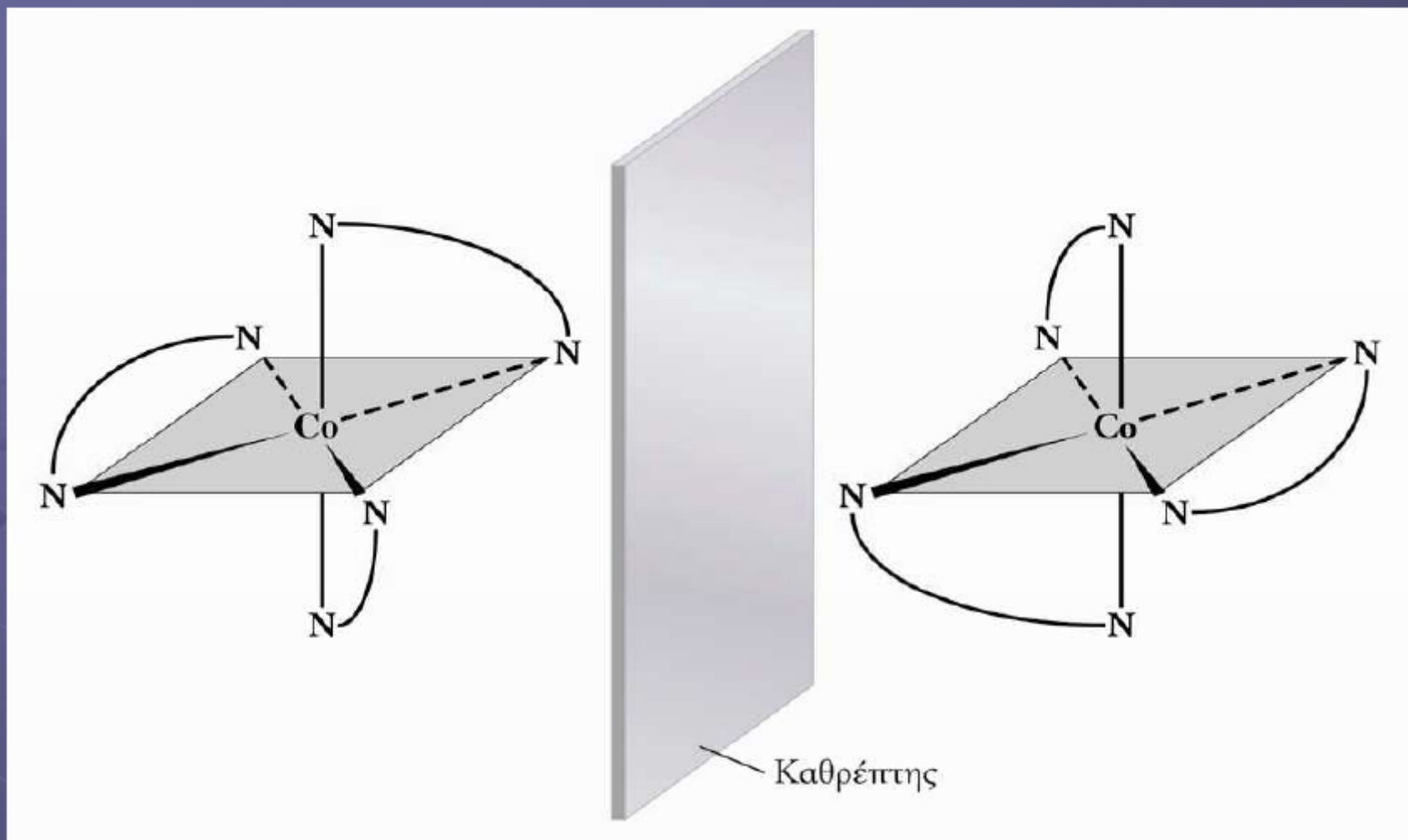


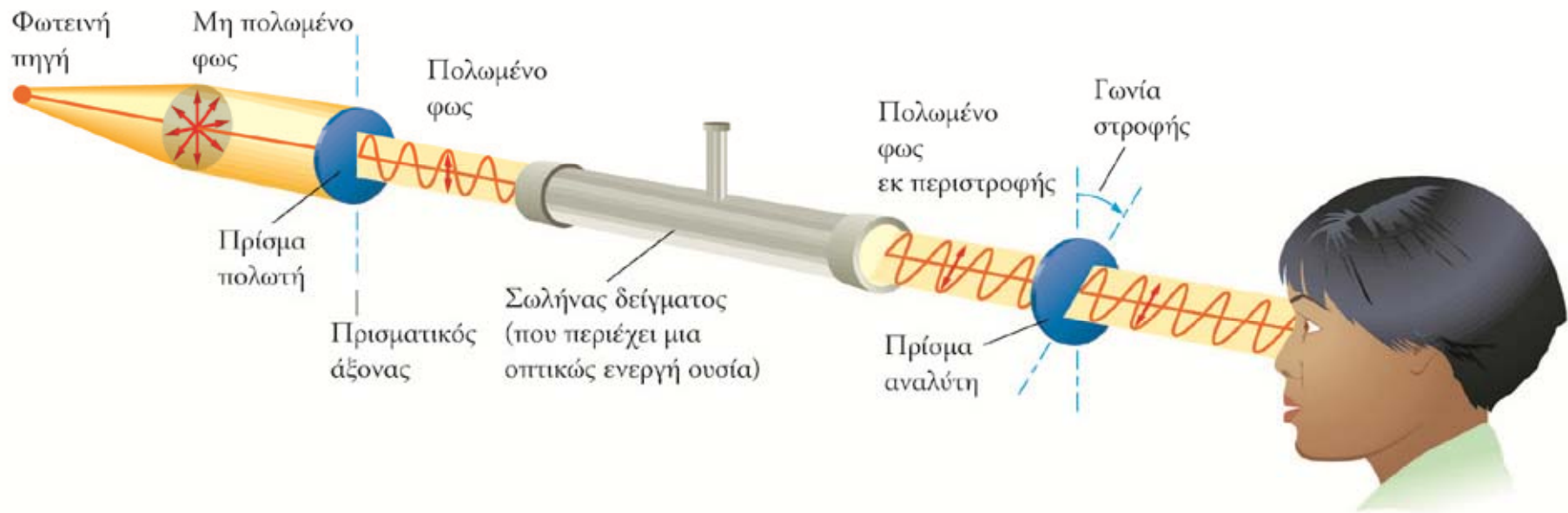
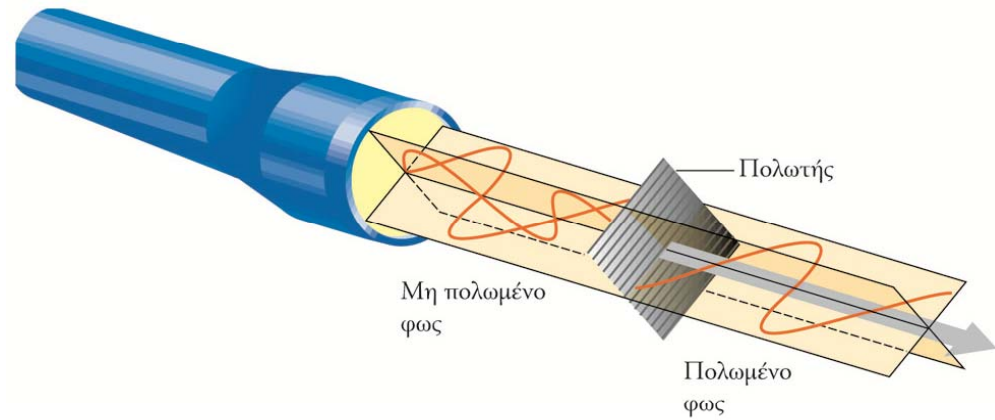
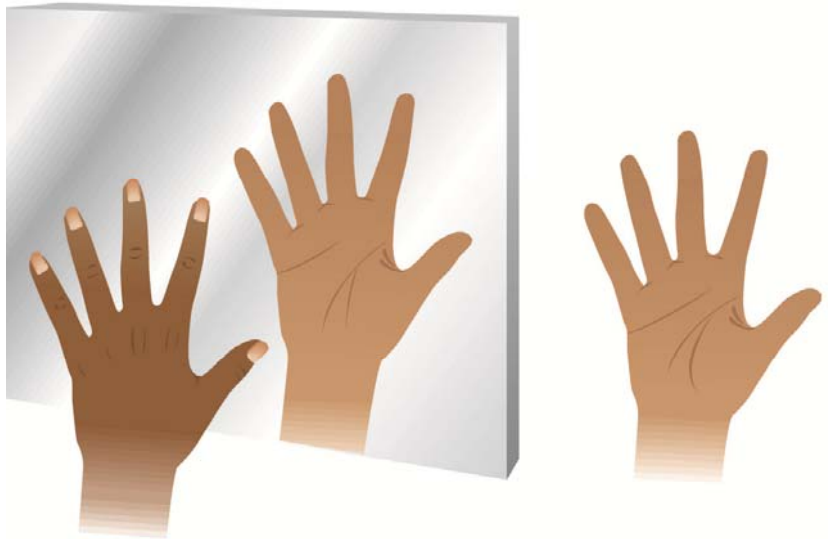
*Trans* (green)

	<i>cis</i>	<i>trans</i>
Μοντέλο σφαίρας-ράβδου		
Συντομογραφική απεικόνιση		
Χρώμα	Πορφυρό	Πράσινο

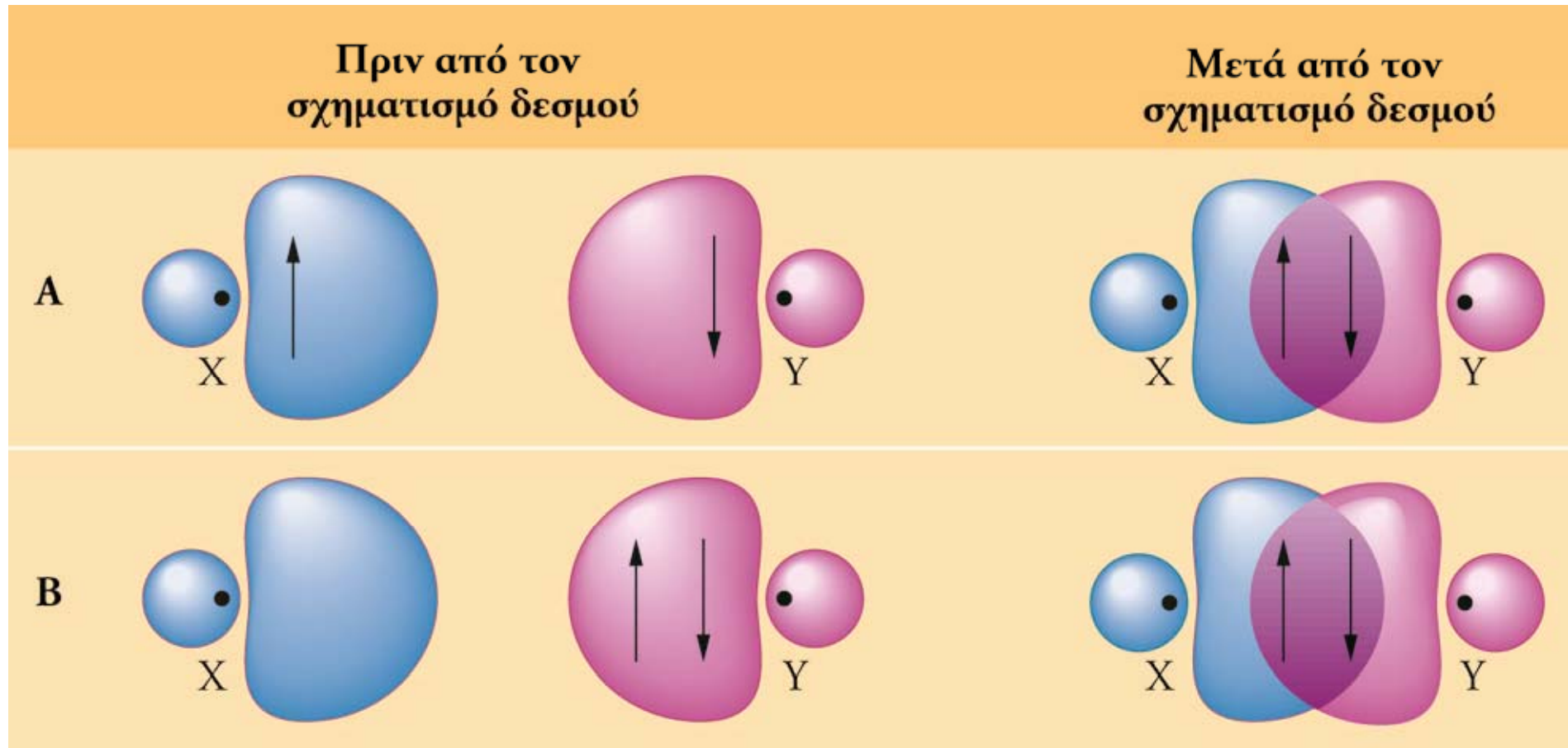


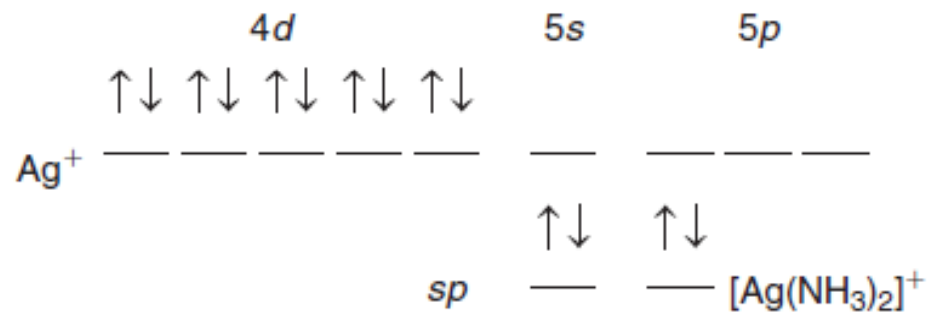
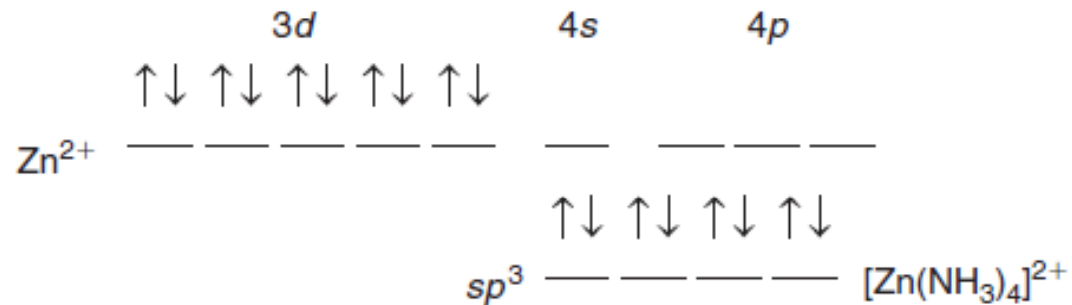
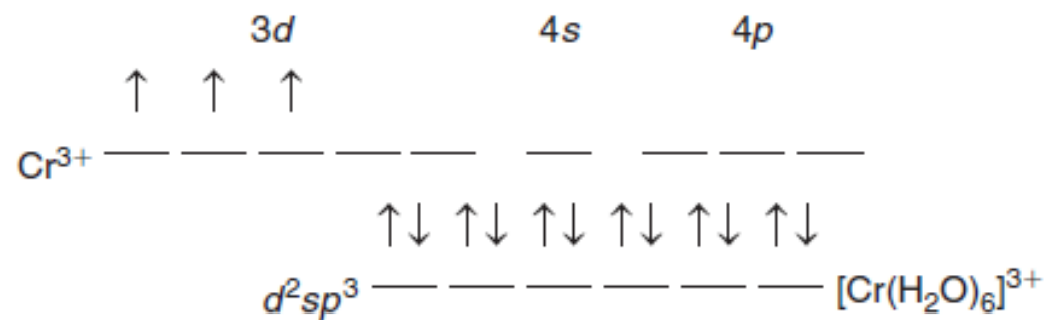
## Οπτικά ισομερή

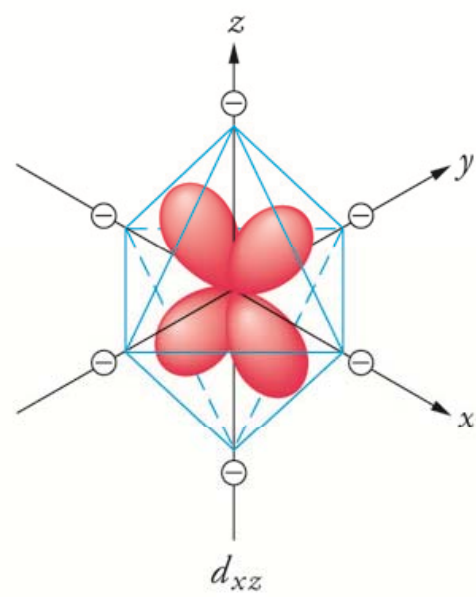
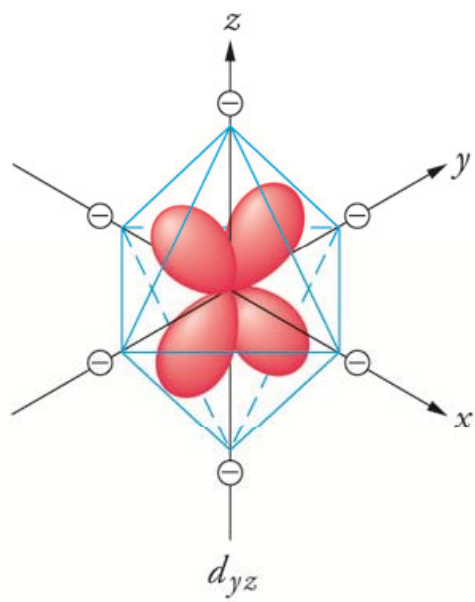
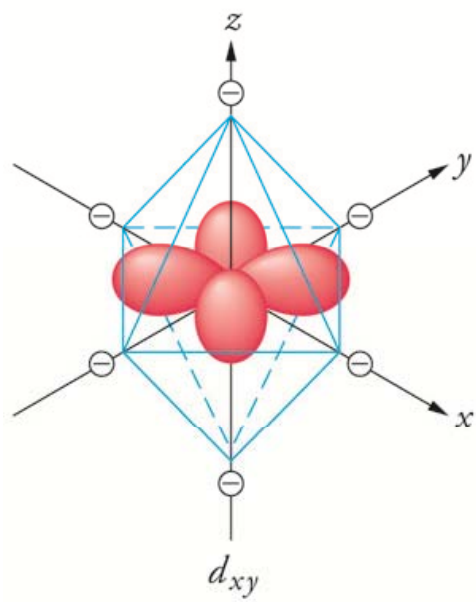
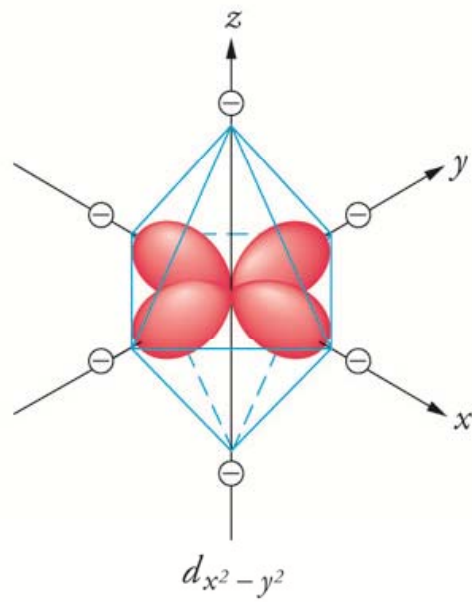
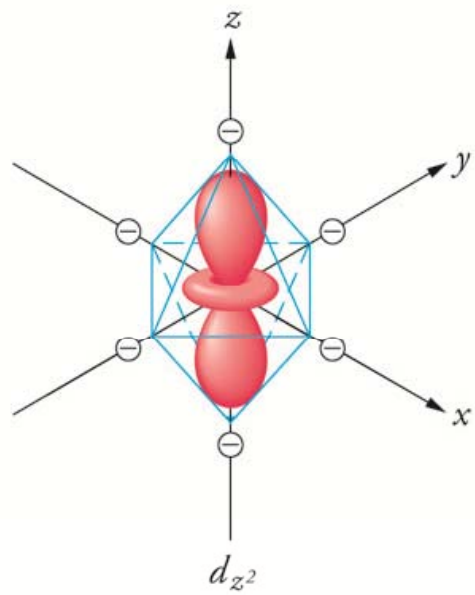


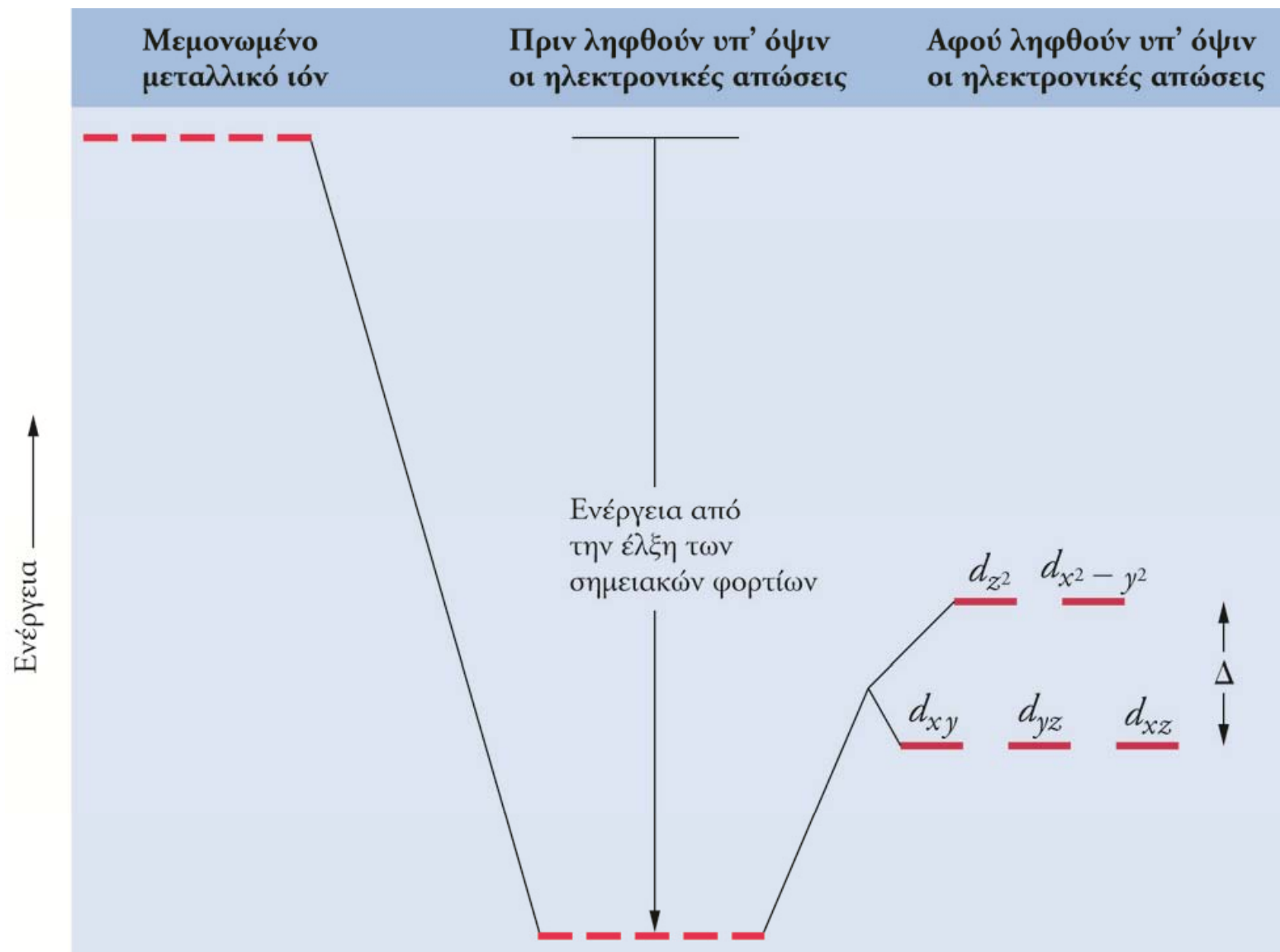


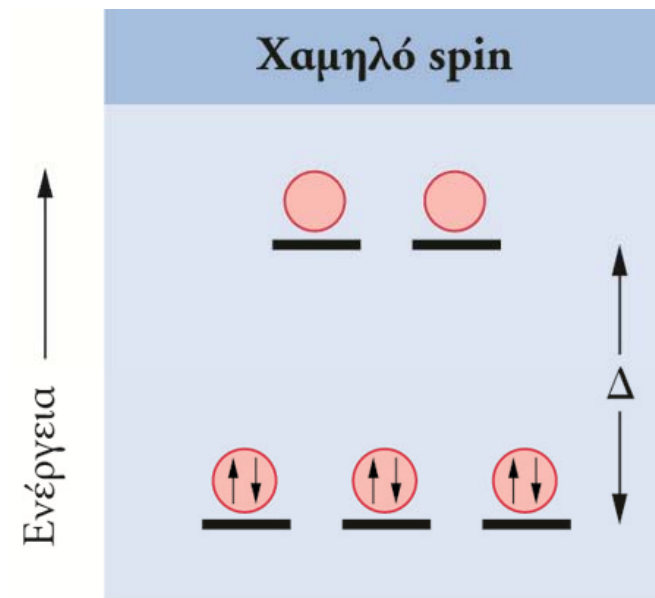
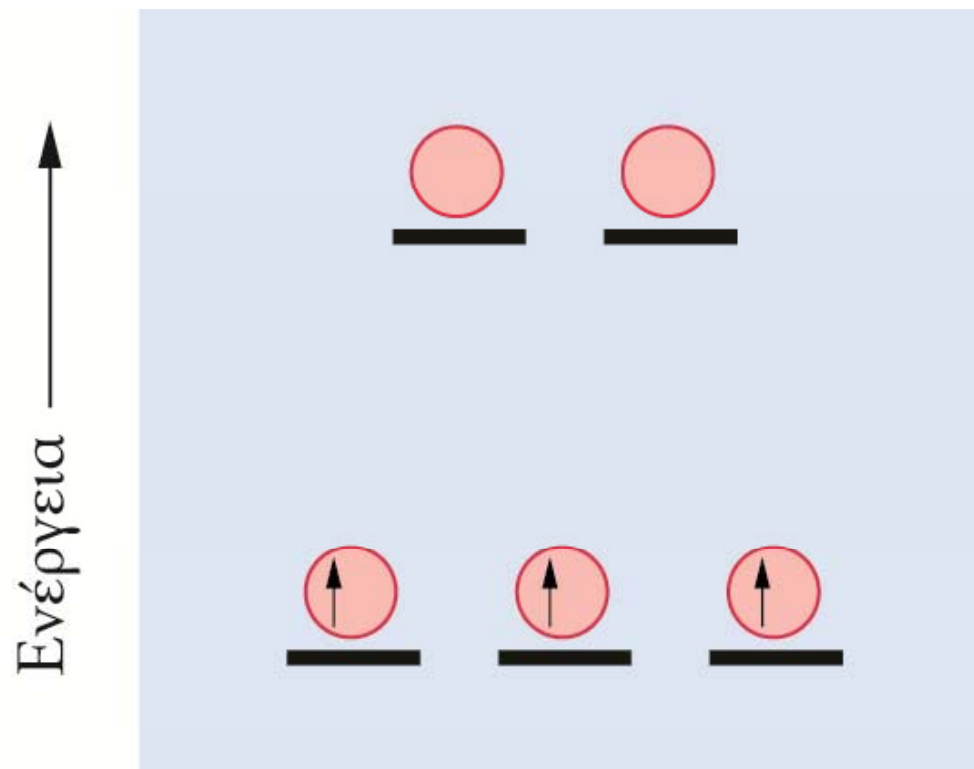
# Η θεωρία του δεσμού σθένους στα σύμπλοκα



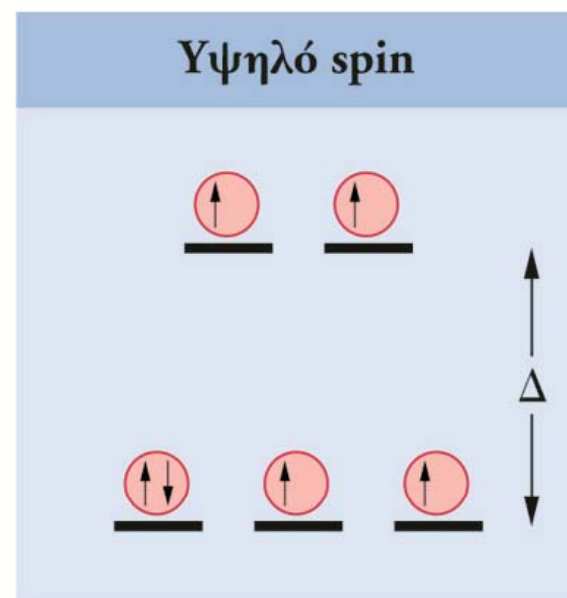




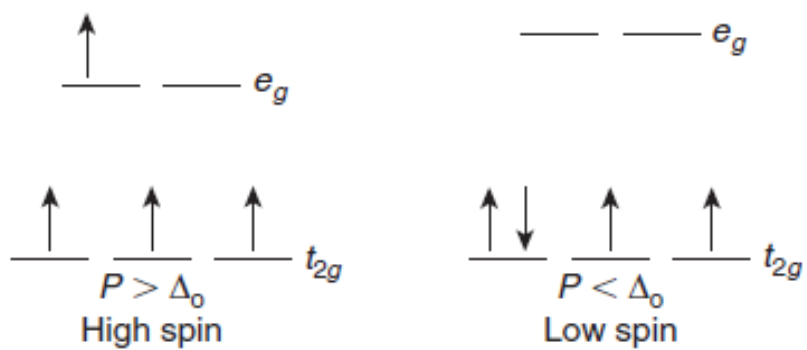




A



B



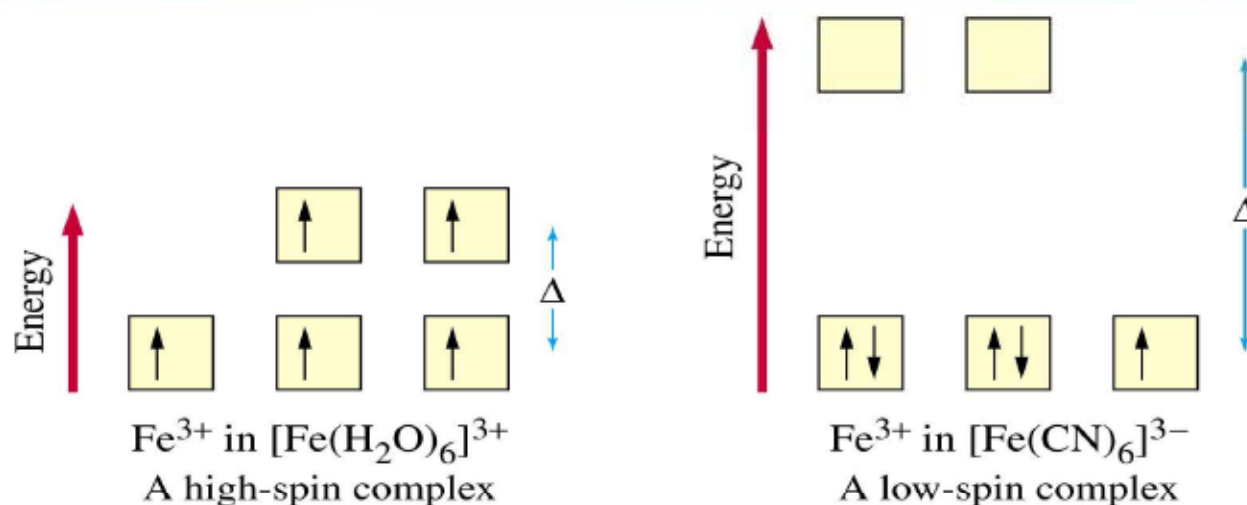
Crystal field splitting energy compared to the electron pairing energy.



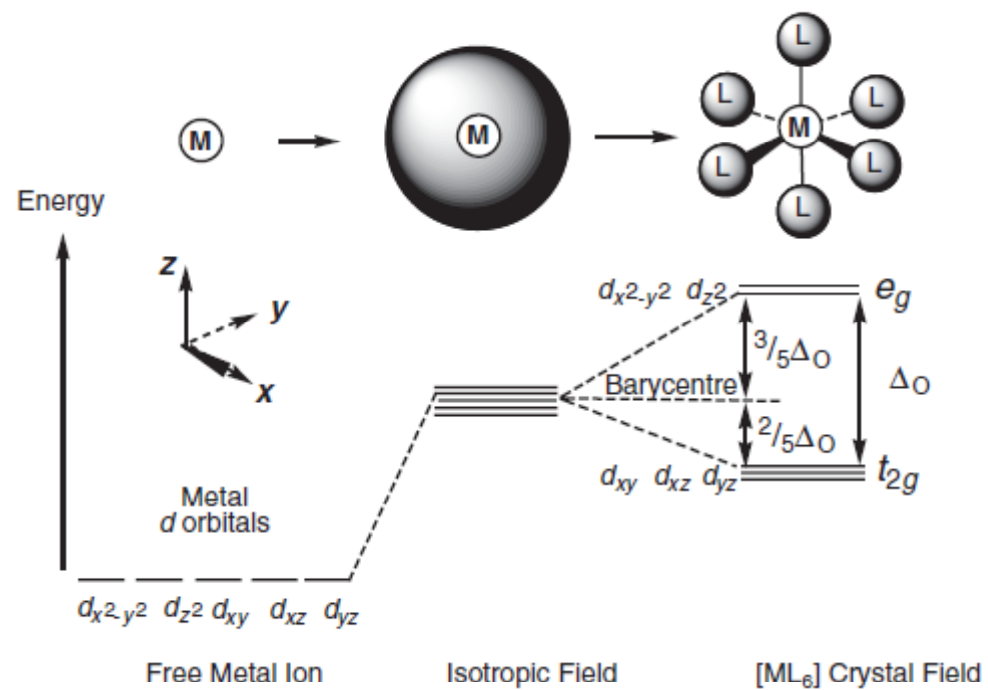
# Δεσμοί στις σύμπλοκες ενώσεις: Θεωρία κρυσταλλικού πεδίου

Η *φασματοχημική σειρά* δείχνει τη σχετική ικανότητα των ligands να διασπούν τα ενεργειακά επίπεδα των *d*-τροχιακών.

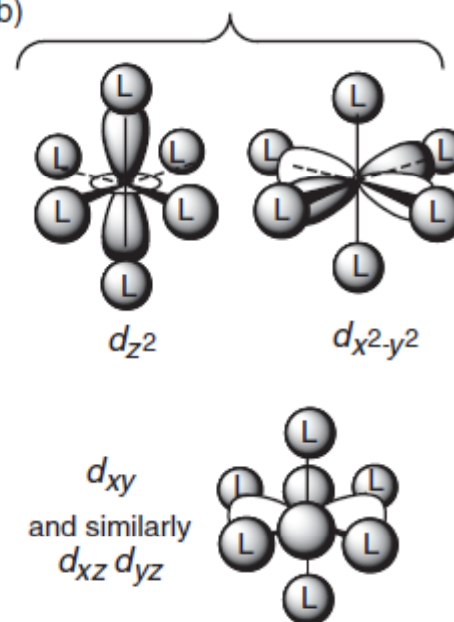
Field strength	Strong	Weak
	$\text{CN}^- > \text{NO}_2^- > \text{en} > \text{NH}_3 > \text{H}_2\text{O} > \text{OH}^- > \text{F}^- > \text{Cl}^- > \text{Br}^- > \text{I}^-$	
<i>d</i> -Level splitting, $\Delta$	Large	Small

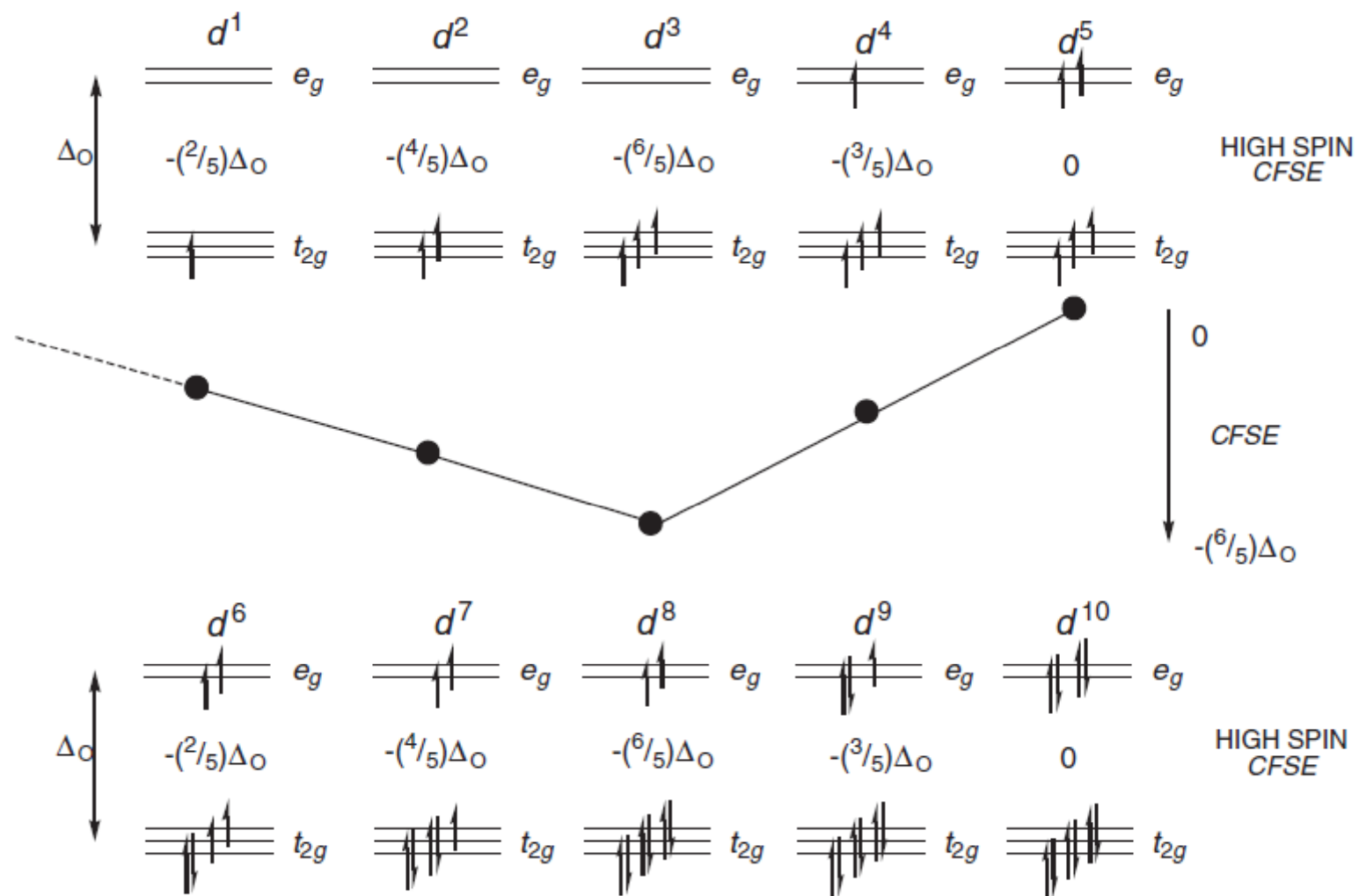


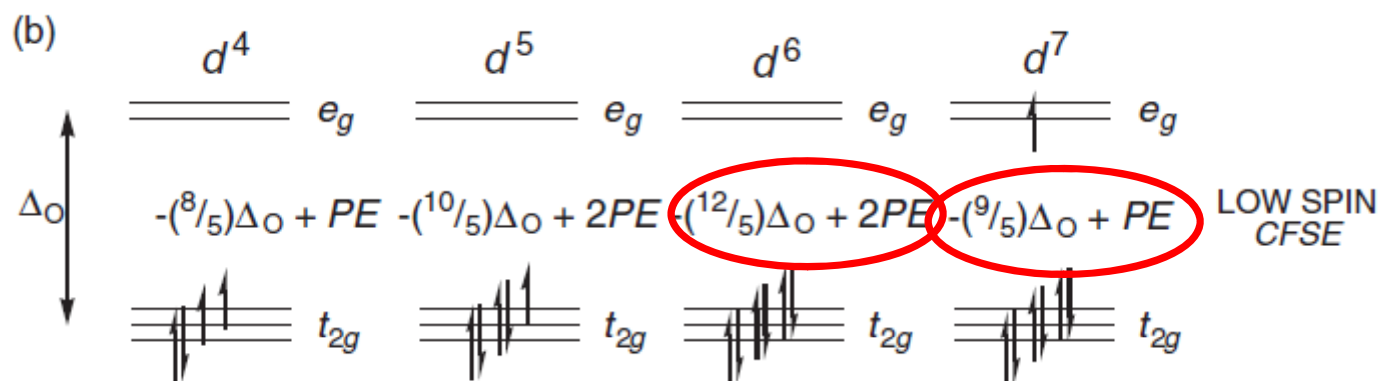
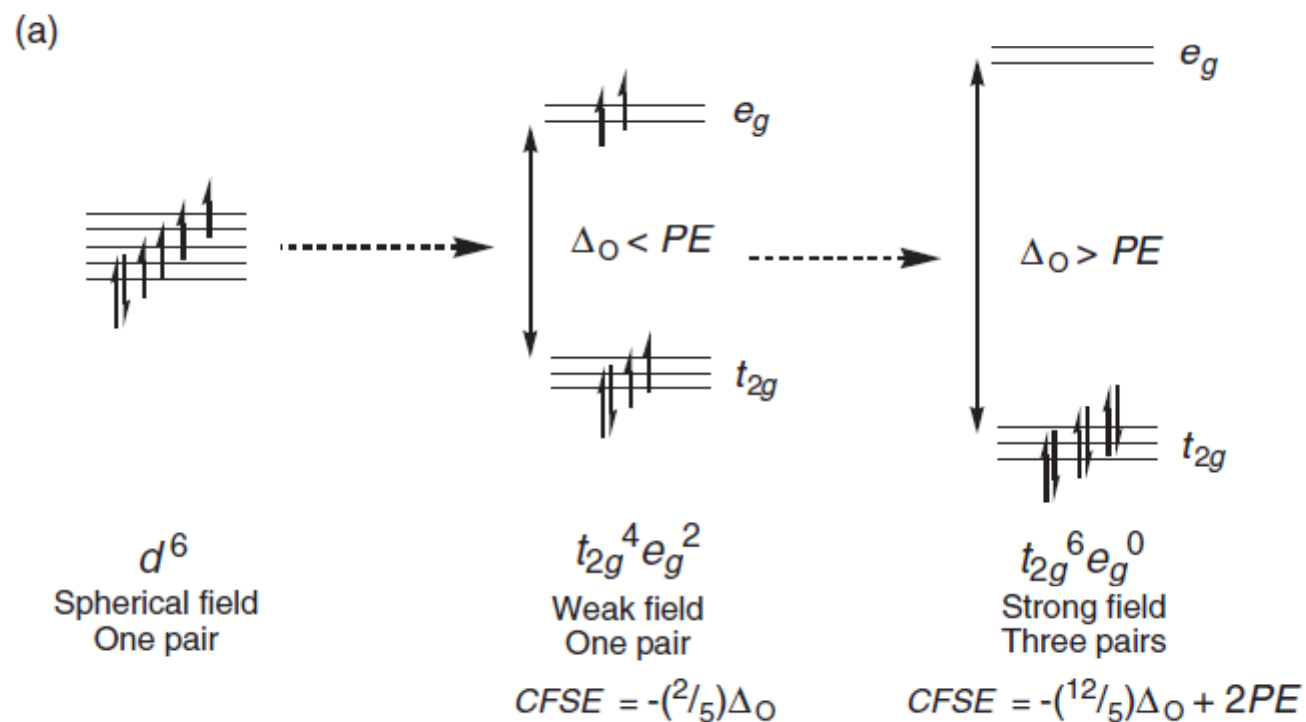
(a)



(b)

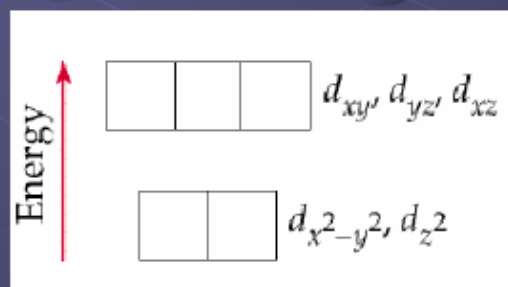
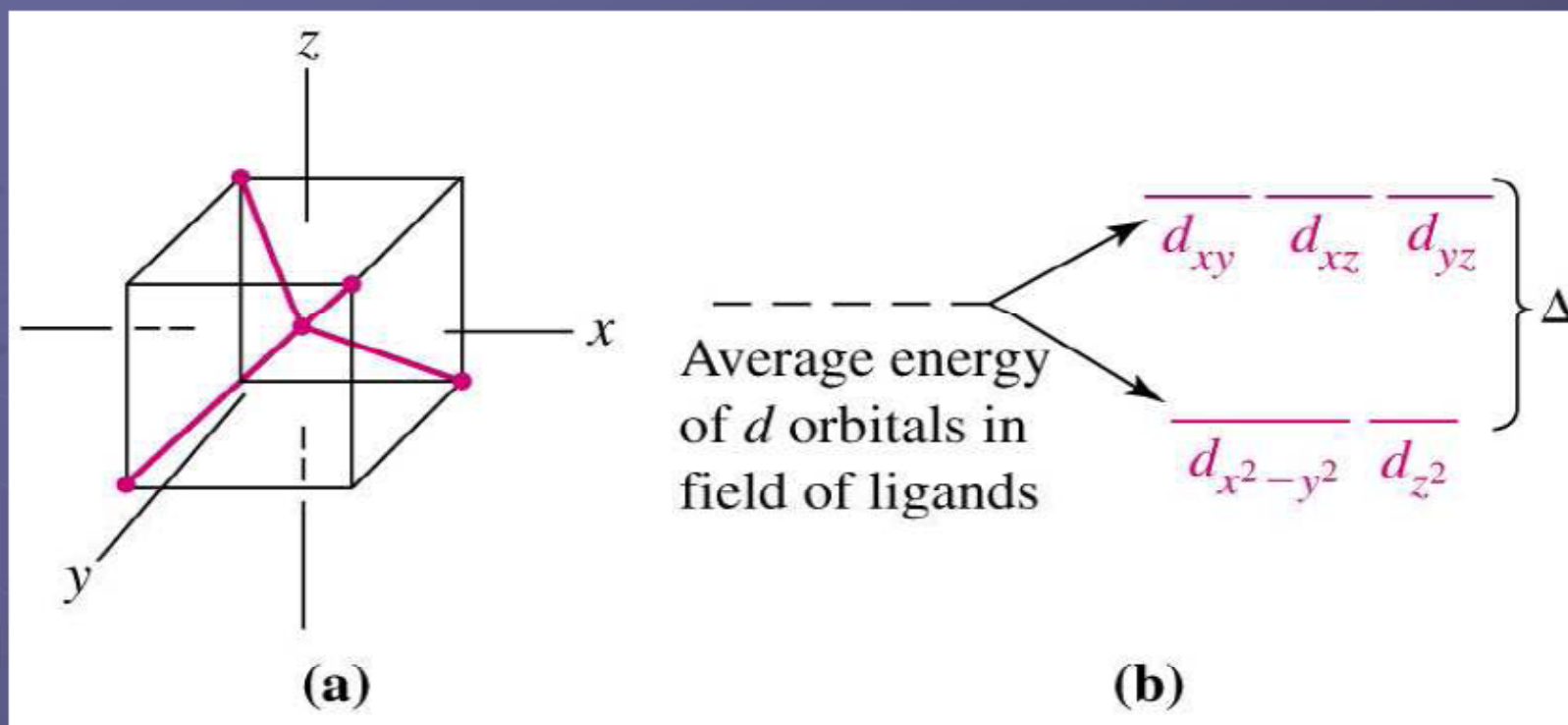






## ΤΕΤΡΑΕΔΡΙΚΗ ΔΙΑΤΑΞΗ

Εχουμε άρση του εκφυλισμού των d τροχιακών



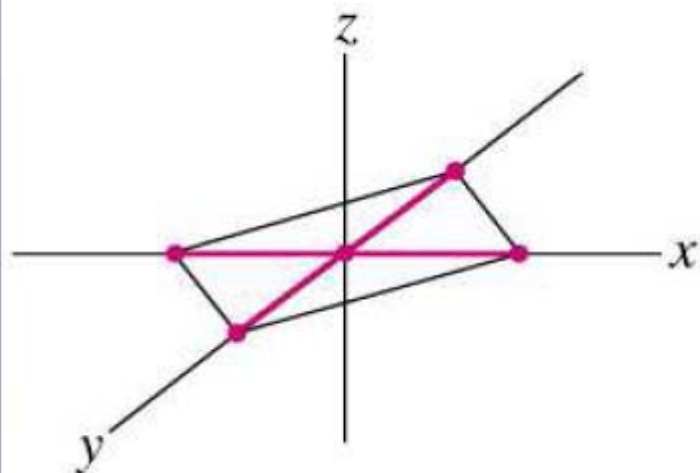
Η  $\Delta$  είναι πιο μικρή και όλα  
τα τετραεδρικά είναι  
**υψηλού σπιν**

## Επίπεδα τετραγωνική διάταξη

• Τα περισσότερα  $d^8$  μεταλλικά ιόντα σχηματίζουν επίπεδα τετραγωνικά σύμπλοκα..

– Η πλειοψηφία των συμπλόκων είναι χαμηλού spin.

–  $\text{Pd}^{2+}$ ,  $\text{Pt}^{2+}$ ,  $\text{Ir}^+$ ,  $\text{Au}^{3+}$ .



$$\underline{d_{x^2 - y^2}}$$

$$\underline{d_{xy}}$$





$$\underline{d_{z^2}}$$

$$\underline{d_{xz}}$$

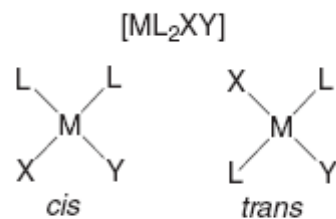
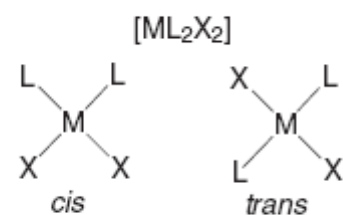
$$\underline{d_{yz}}$$

CO-ORDINATION			COMMENTS
NUMBER	GEOMETRY	POLYHEDRON	
2 Linear			Uncommon: found mainly with $d^{10}$ metal ions
3 Trigonal Plane			Rare
4 Square Plane			Common for $d^8$ metal ions otherwise unusual
4 Tetrahedron			Common for $d^{10}$ and some $d^5$ ions
5 Trigonal Bipyramid			Rare Examples are often similar in structure and energy so may easily interconvert.
5 Square Pyramid			
6 Octahedron			Very common: usually the most favoured energetically for $d$ -block metal ions and gives the lowest ligand-ligand repulsions
(Octahedron = Trigonal Antiprism)			An alternative view of an octahedron down a three fold rotation axis
6 Tetragonal			A distorted octahedron elongated or flattened along one axis
6 Trigonal Prismatic			Rare not normally favoured over octahedral

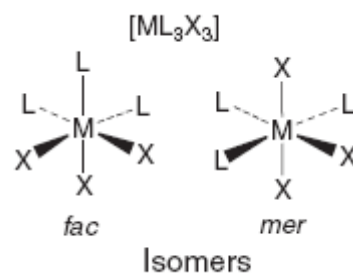
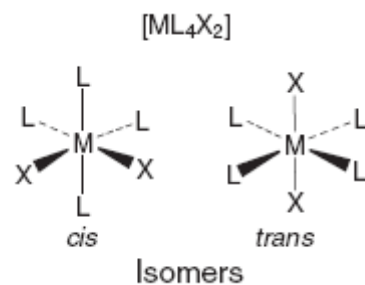
CO-ORDINATION			COMMENTS
NUMBER	GEOMETRY	POLYHEDRON	
7 Pentagonal Bipyramid			Uncommon
7 Monocapped Octahedron			Uncommon
8 Dodecahedron			Most sterically efficient geometric arrangement for 8 equivalent ligands
8 Square Antiprism			Uncommon
8 Cube			Rare found only with the largest metal ions
8 Hexagonal Bipyramid			Quite common for 8-coordinate complexes of metals with <i>trans</i> -dioxo ligands <i>i.e.</i> $\{O=M=O\}^{2+}$

LARGER CO-ORDINATION NUMBERS				
C.N.	9	10	11	12
	Tricapped trigonal prism	Bicapped square antiprism	Octadecahedron	Icosahedron
				
Most regular co-ordination polyhedra				

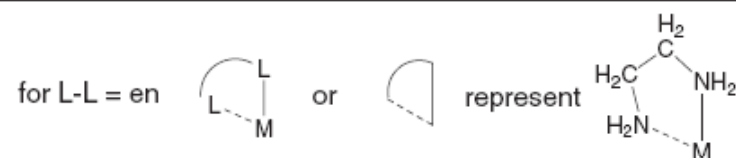
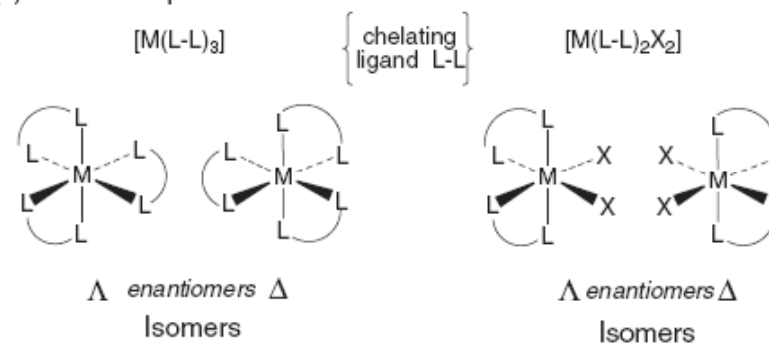
(a) Square Planar



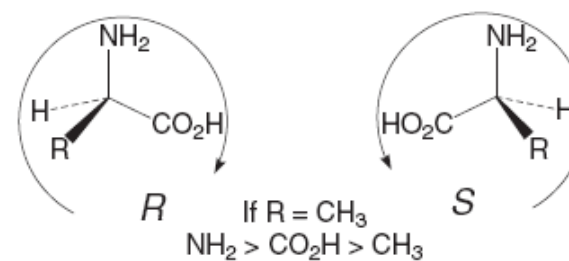
(b) Octahedral



(c) Chiral complexes



(d) Chiral carbon centres





# Substitution Reactions at Metal Centers...

## Stability and Dissociation...

**Stability:** Provides info on the relative proportions of the solvated metal ion, free ligands and complex present in a solution at equilibrium.. not always good indicator...especially if “*other factors*” start affecting the complex .

**Dissociation:** Provides info on *how fast* or *slow* a complex dissociates..

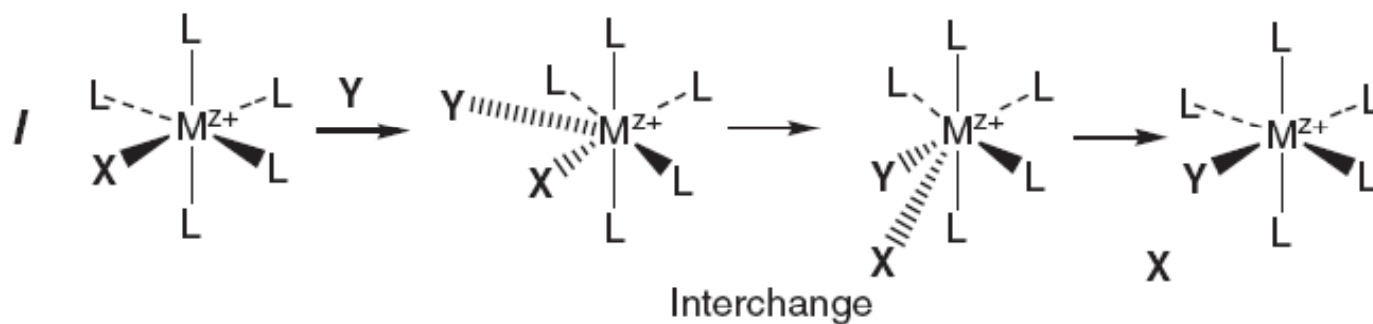
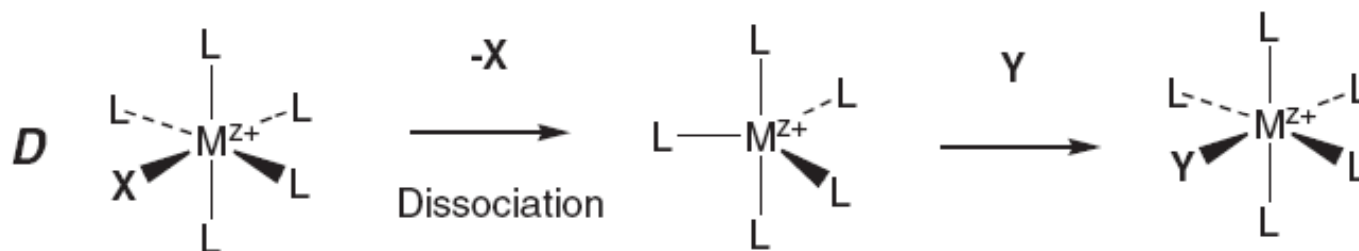
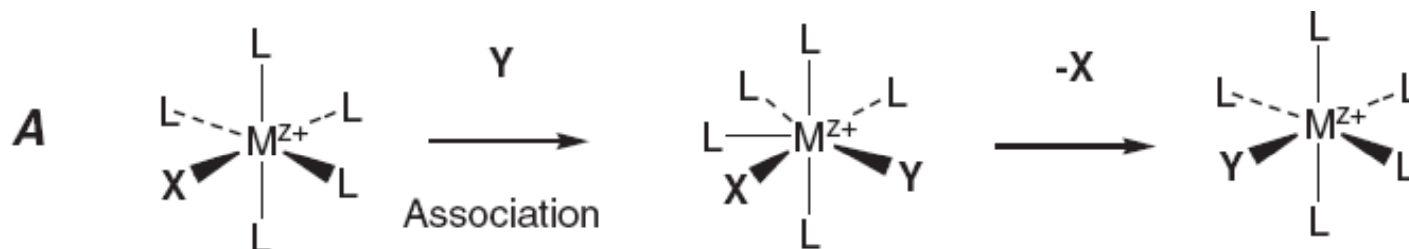
**Stability:** Stable or Unstable : THERMODYNAMICS

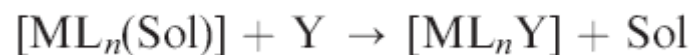
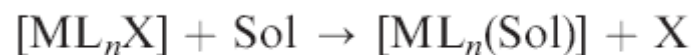
**Dissociation:** Labile or Inert : KINETICS

**Labile:** reactions half complete at ~ 30 sec @ 298 K

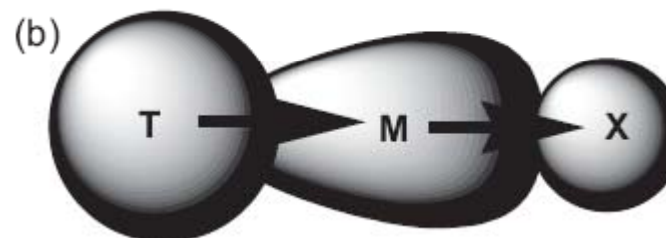
What is good for the drugs ????

# Mechanisms for Substitution at Metal Centers...





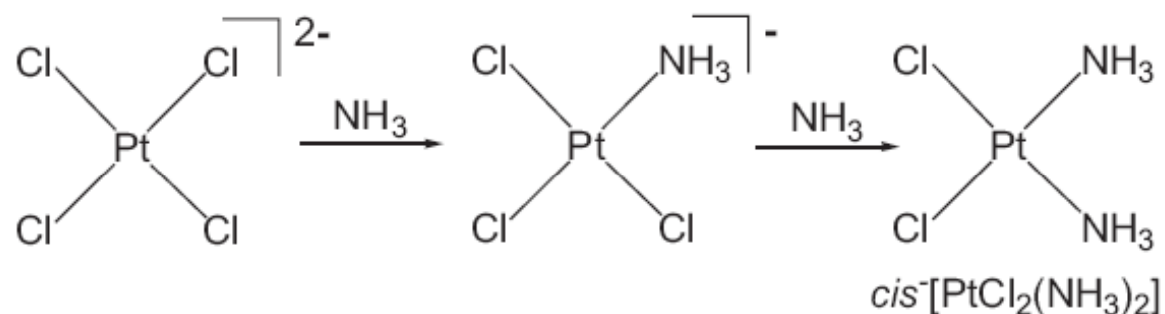
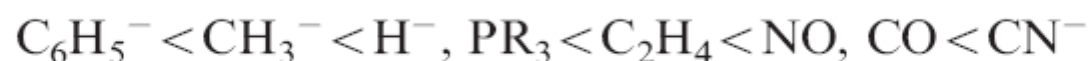
***trans*-influence** for  $[\text{ML}_2\text{XT}]$ ...(X: Substitution-labile ligand ***trans*** to a less subst-labile ligand, T)



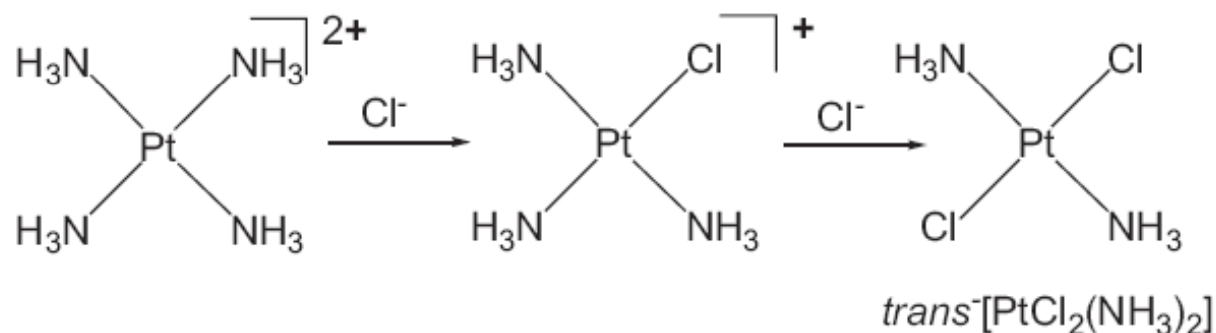
*The polarisation of a metal ion by a ligand T to increase the lability of a trans-ligand, X. (a) T does not have a strong trans-influence; (b) T does have a strong trans-influence increasing the electron density at the metal centre as perceived by X*



Increasing *trans*-effect  $\longrightarrow$



Substitution *trans* to  $\text{Cl}^-$  favoured



*An example of the trans effect*