# <u>Imaging applications:</u> Gamma emitters and magnetic resonance

imaging contrast agents



Two main types of imaging:(i) involving a radioactive tracer

(ii) magnetic resonance imaging

These imaging applications are diagnostic tools to see what is happening in the body.

## Magnetic resonance imaging

Essentially NMR of the water in the tissues of the body. Humans are approx. 70% water.

As in NMR the patient is placed within a large superconducting magnet and pulsed with radiowaves (*c.f.* NMR machines 60MHz) and the resulting signals analysed by computer.

As with NMR:

MRI signal intensity depends on the relaxation time of the nuclei of the protons.

Slight modifications in relaxation time exhibit significant intensity increases.

There is relaxation time dependence on tissue water content which allows us to discriminate- giving the image.

### ...**MRI**...

Magnetic resonance imaging (MRI) is one of the newest diagnostic medical imaging technologies that uses strong magnets and pulses of radio waves to manipulate the natural magnetic properties in the body to generate a visible image.

Magnetic Resonance Angiography: study blood flow

Magnetic Resonance Spectroscopy: chemical composition of diseased tissue

Magnetic Resonance CholangioPancreatography: a non-invasive potential alternative for the diagnostic procedure endoscopic retrograde cholangiopancreatography Advantages of MRI vs X-rays, Computed tomography scan (CT scan) and ultrasounds

#### 1) Greater natural contrast

- 2) Very minor fluctuations in chemical composition can be determined,
  - 3) It can distinguish fine variations in tissues deep within the body,
- 4) Useful for spotting and distinguishing diseased tissues (tumors and other lesions) early in their development,
  - 5) The entire body can be scanned, from head to toe and from the skin to the deepest recesses of the brain,
    - 6) MRI scans are not obstructed by bone, gas, or body waste,
    - 7) Safe...does not depend on potentially harmful ionizing radiation,

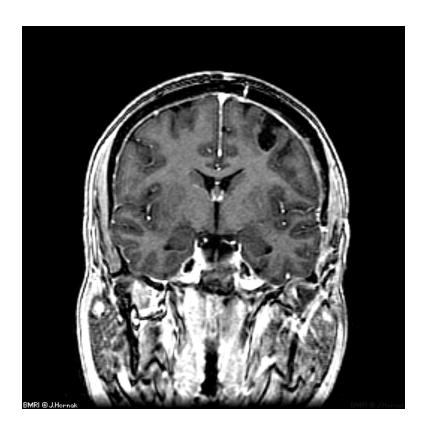
...BUT...rather complex procedure and ... \$\$\$...



#### Where is it most commonly used?...Seeing is bieleving

1) BRAIN AND HEAD. It can see through bone (the skull) and deliver high-quality pictures of the brain's delicate soft tissue structures... brain tumor, stroke, or infection (meningitis), brain diseases (like Alzheimer's or Huntington's diseases, or multiple sclerosis), or when developmental retardation suggests a birth defect. MRI can also provide pictures of the sinuses and other areas of the head beneath the face..





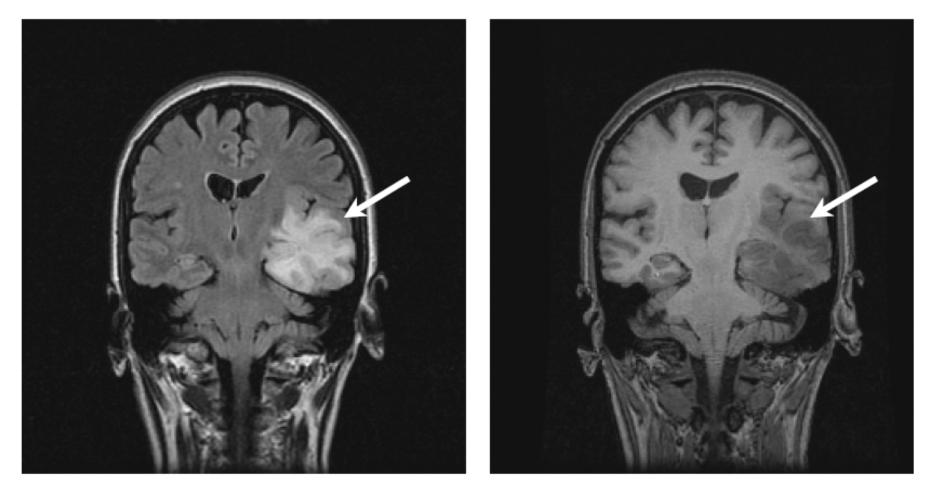


Figure 3.1 (a) Coronal image of the brain showing a tumour (arrow). In this image the tumour is bright against the darker grey of the normal brain tissue. (b) The same slice with a different pulse sequence, this time showing the tumour darker than the surrounding brain.

2) **SPINE**. Spinal problems can create a host of seemingly unrelated symptoms. MRI to identify and evaluate degenerated spinal discs. It can also be used to determine the condition of nerve tissue within the spinal cord.







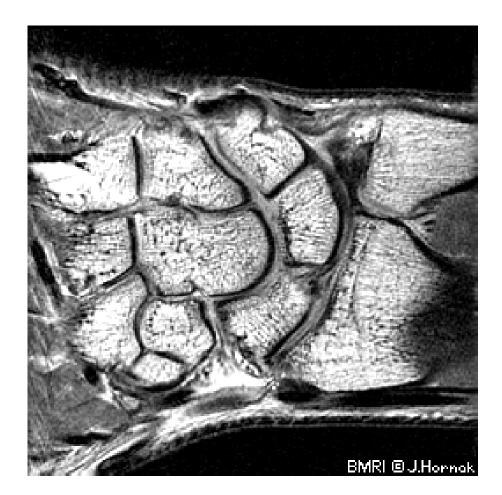
3) JOINT. Most commonly used...provide clear images of the bone, cartilage, ligament, and tendon that comprise a joint... diagnose joint injuries due to sports, advancing age, or arthritis...can also detect the presence of an otherwise hidden tumor or infection in a joint, and can be used to diagnose the nature of developmental joint abnormalities in children.





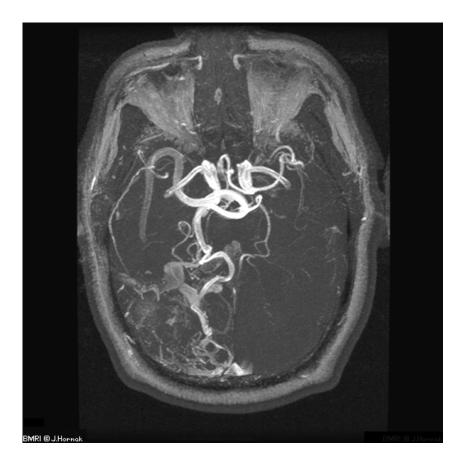
4) SKELETON...Since it can see through the skull it can also view the inside of bones ...it can be used to detect bone cancer, inspect the marrow for leukemia and other diseases, assess bone loss (osteoporosis), and examine complex fractures.





5) HEART AND CIRCULATION. MRI technology can be used to evaluate the circulatory system. The heart and blood flow provides a good natural contrast medium that allows structures of the heart to be clearly distinguished





#### Timeline of MRI...how did it all begun???

**1946**: Felix Bloch & Edward Purcell discovered the Magnetic Resonance phenomenon (Nobel Prize 1952)

1971: Raymond Damadian showed that the nuclear magnetic relaxation times of

tissues and tumors differed...!!!

1973: X-ray based CT is introduced by Hounsfield...

1973: Paul Lauterbur starts perfoming MRI exprs. in small tubes...(Nobel Prize in Medicine, 2003)

1975: Richard Ernst proposed MRI using phase and frequency encoding, and FT (Nobel Prize in Chemistry, 1991)...

1977: Peter Mansfield developed the echo-planar imaging (EPI) technique. This technique will be developed in later years to produce images at video rates (Nobel Prize in Medicine, 2003)

1980: Edelstein demonstrated imaging of the body using Ernst's technique... 1987: Charles Damoulin magnetic resonance angiography (MRA), which allowed imaging of flowing blood **1946:** Felix Bloch & Edward Purcell discovered the Magnetic Resonance phenomenon (Nobel Prize 1952)

1971: Raymond Damadian showed that the nuclear magnetic relaxation times of tissues and tumors differed...!!!

1973: X-ray based CT is introduced by Hounsfield...

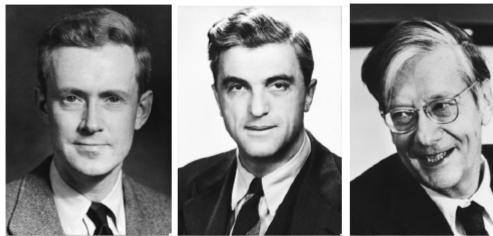
**1973:** Paul Lauterbur starts perfoming MRI exprs. in small tubes...(Nobel Prize in Medicine, 2003)

**1975: Richard Ernst** proposed MRI using phase and frequency encoding, and FT (Nobel Prize in Chemistry, 1991)...

**1977:** Peter Mansfield developed the echoplanar imaging (EPI) technique. This technique will be developed in later years to produce images at video rates (Nobel Prize in Medicine, 2003)

1980: Edelstein demonstrated imaging of the body using Ernst's technique...

1987: Charles Damoulin magnetic resonance angiography (MRA), which allowed imaging of flowing blood



(b)

(a)

(c)

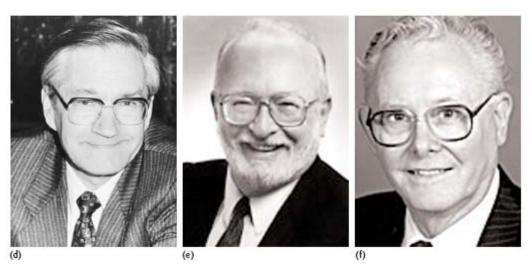


Figure 1.5 Nobel prize-winners in NMR: (a) Purcell 1912–1997, (b) Bloch 1901–1999, (c) Bloembergen b. 1920, (d) Ernst b. 1933, (e) Lauterbur b. 1929 and (f) Mansfield b. 1933. Courtesy of the Nobel Museum.

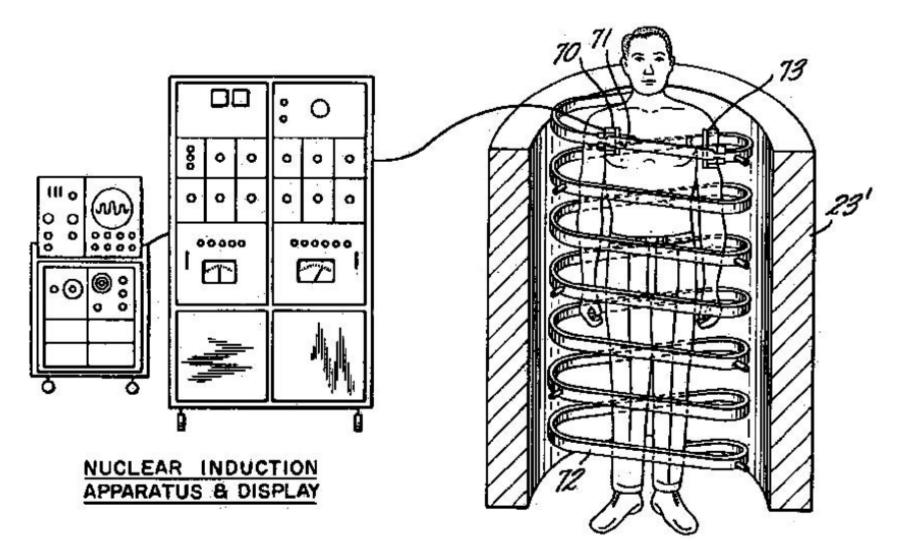
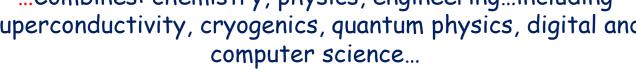


Figure 1.2 Raymond Damadian's "Apparatus and method for detecting cancer in tissue". US patent 3789832 filed 17 March 1972, issued 5 February 1974. Image from the US Patent and Trademark Office.

#### Where do we stand today???

There are approximately 10.000 MRI units worldwide (2003) and ~ 75.000.000 MRI scans are performed annually...!!!

...Combines: chemistry, physics, engineering...including superconductivity, cryogenics, quantum physics, digital and computer science...

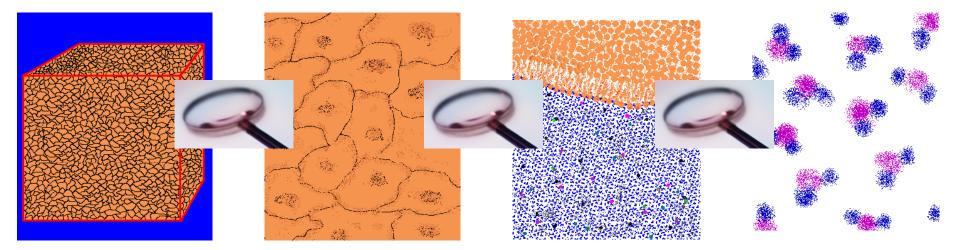




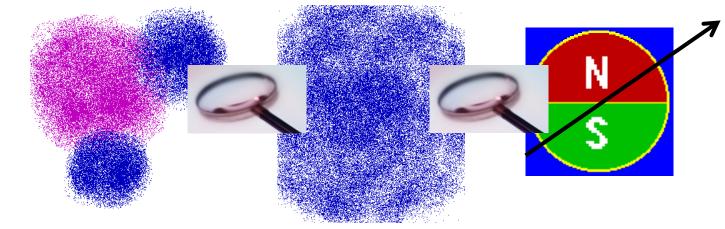
#### Ohh...not chemistry again!



The human body is primarily fat and water. Fat and water have many hydrogen atoms which make the human body approximately 63% hydrogen atoms. Hydrogen nuclei have an NMR signal. For these reasons magnetic resonance imaging primarily images the NMR signal from the hydrogen nuclei







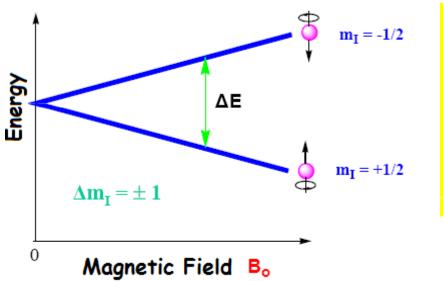
#### Spin Physics...I

#### Do you remember anything from Nuclear Magnetic Resonance???

What is "spin" ??? ...a fundamental property of nature like electrical charge or mass. ...multiples of 1/2 and can be + or -. Protons, electrons, and neutrons possess spin. Individual unpaired electrons, protons, and neutrons each possesses a spin of 1/2.

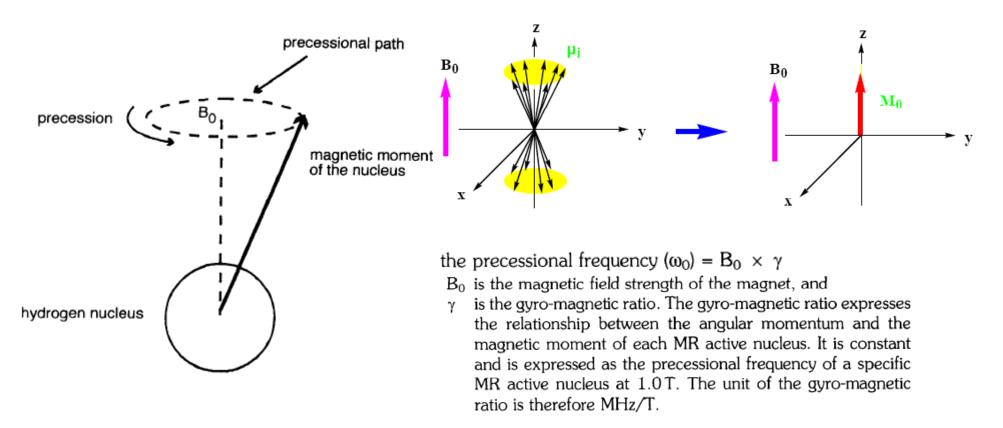
<sup>2</sup>H: 1p, 1n and 1 e<sup>-</sup>... total electronic spin=  $\frac{1}{2}$  and total nuclear spin=1

Think of a spin as an arrow...↑...when placed inside an external magnetic field, ↑ B, there will be 2 possibilities of the arrow: parallel and antiparrallel with B, ↑ ↑B and ↑↓B, the 2<sup>nd</sup> being higher in energy.



When we place a radiowave source, it can absorb a photon and see a **TRANSITION** between the 2 states...the frequency of the photon is  $v=\gamma \cdot B$  ( $\gamma =$  gyromagnetic ratio).  $\Delta E = h \cdot v$  $v = \gamma \cdot B$  $\Delta E = h \cdot \gamma \cdot B$ 

v = Larmor Frequency



 $M_0$ : **Net Magnetization**....describes the whole spin population...and not each spin individually...

- The magnetic moment of hydrogen is called the *net magnetisation* vector (NMV).
- The static external magnetic field is called B<sub>0</sub>.
- The interaction of the NMV with B<sub>0</sub> is the basis of MRI.
- The unit of B<sub>0</sub> is tesla or gauss. 1 tesla (T) is the equivalent of 10 000 gauss (G).

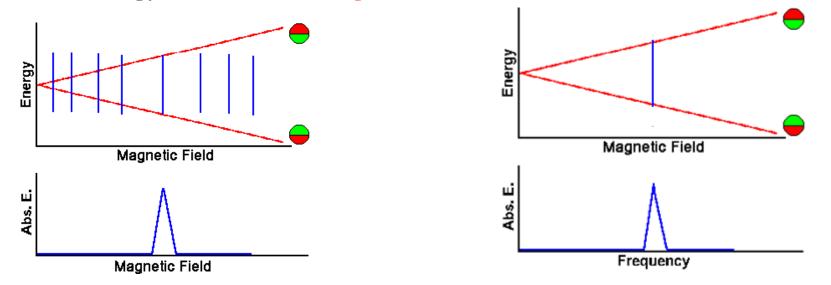
#### **Larmor Frequency**

the precessional frequency ( $\omega_0$ ) =  $B_0 \times \gamma$ 

- at 1.5 T the precessional frequency of hydrogen is 63.86 MHz (42.57 MHz  $\times$  1.5 T),
- at 1.0 T the precessional frequency of hydrogen is 42.57 MHz (42.57 MHz  $\times$  1.0 T),
- at 0.5 T the precessional frequency of hydrogen is 21.28 MHz (42.57 MHz  $\times$  0.5 T).

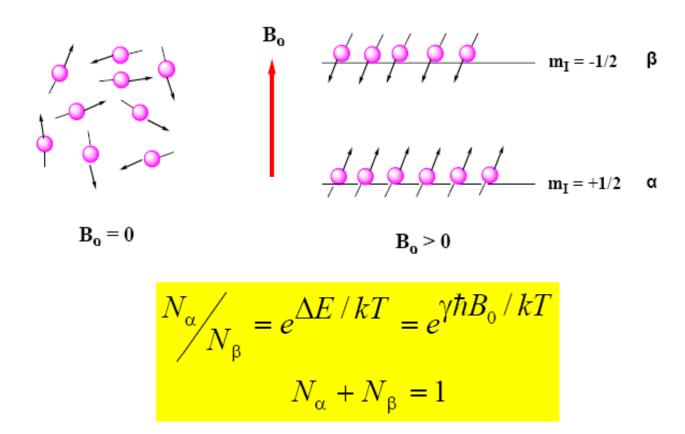
#### **CW NMR Experiment**

The simplest NMR experiment is the continuous wave (CW) experiment. There are two ways of performing this experiment. In the first, a constant frequency, which is continuously on, probes the energy levels while the magnetic field is varied.



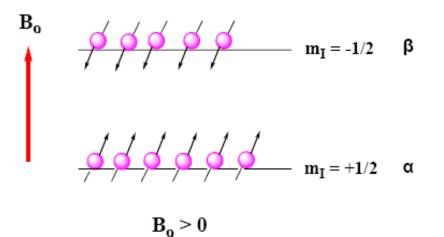
The CW experiment can also be performed with a constant magnetic field and a frequency which is varied. The magnitude of the constant magnetic field is represented by the position of the vertical blue line in the energy level diagram.

#### Boltzmann Statistics....eh??



k : Boltzmann's constant, 1.3805x10<sup>-23</sup> J/Kelvin;

At RT: 
$$N_{\alpha} > N_{\beta}$$
 (slightly),  
T $\downarrow => N_{\alpha}/N_{\beta}\uparrow$  .....as T increases  $N_{\alpha}/N_{\beta}$  approaches 1.



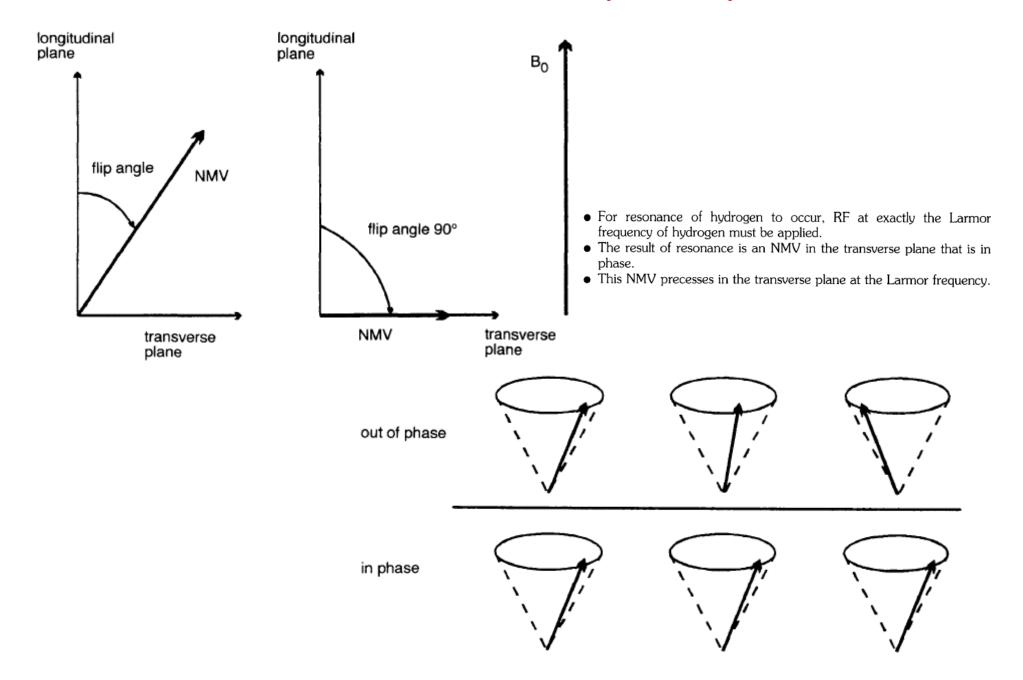
Signal in NMR: 1) due to the **TRANSITIONS** from  $\alpha \rightarrow \beta$ , and  $\beta \rightarrow \alpha$ 

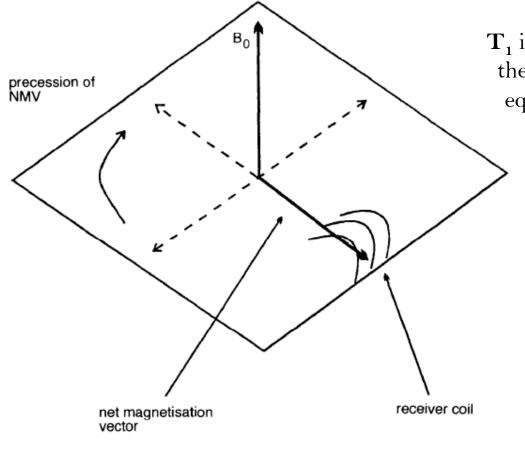
2) proportional to the population difference between a and b

#### KEY FACTOR : natural abundance AND biological abundace of the isotope...

Element	Symbol	Natural Abundance	Element	Biological Abundance*
Hydrogen	1H	<b>99.98</b> 5	Hydrogen (H)	0.63
	<sup>2</sup> H	0.015	Sodium (Na)	0.00041
Carbon	<sup>13</sup> C	1.11	Phosphorus (P)	0.0024
Nitrogen	<sup>14</sup> N	<b>99.63</b>	Carbon (C)	0.094
	<sup>15</sup> N	0.37		
Sodium	<sup>23</sup> Na	100	Oxygen (O)	0.26
Phosphorus	31p	100	Calcium (Ca)	0.0022
Potassium	<sup>39</sup> K	93.1	Nitrogen (N)	0.015
Calcium	<sup>43</sup> Ca	0.145		

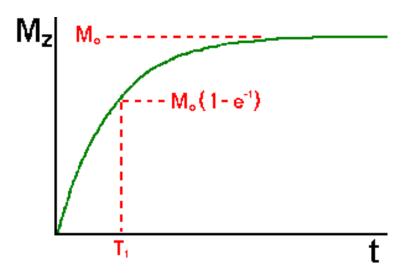
#### **Relaxation, Recovery and Decay**





 $\mathbf{T}_1$  is the time to reduce the difference between the **longitudinal** magnetization (M<sub>Z</sub>) and its equilibrium value by a factor of e (or 63%).

$$M_z = M_o (1 - e^{-t/T1})$$



#### The free induction decay signal (FID)

When the RF pulse is switched off, the NMV is again influenced by  $B_0$  and it tries to realign with it. In order to do so, the NMV must lose the energy given to it by the RF pulse. The process by which the NMV loses this energy is called *relaxation*. As relaxation occurs, the NMV returns to realign with  $B_0$ .

 The amount of magnetisation in the longitudinal plane gradually increases – this is called recovery.

and at the same time but independently

 The amount of magnetisation in the transverse plane gradually decreases – this is called *decay*.

As the magnitude of transverse magnetisation decreases, so does the magnitude of the voltage induced in the receiver coil. The induction in reduced signal is called the *free induction decay (FID)* signal.

#### $T_1$ process: Spin-lattice Relaxation $T_1$ In specific cases:

• If **M** has been tilted into the *xy* plane, then  $M_z(0) = 0$  and the recovery is simply  $M_z(t) = M_{z,eq} \left(1 - e^{-t/T_1}\right)$ 

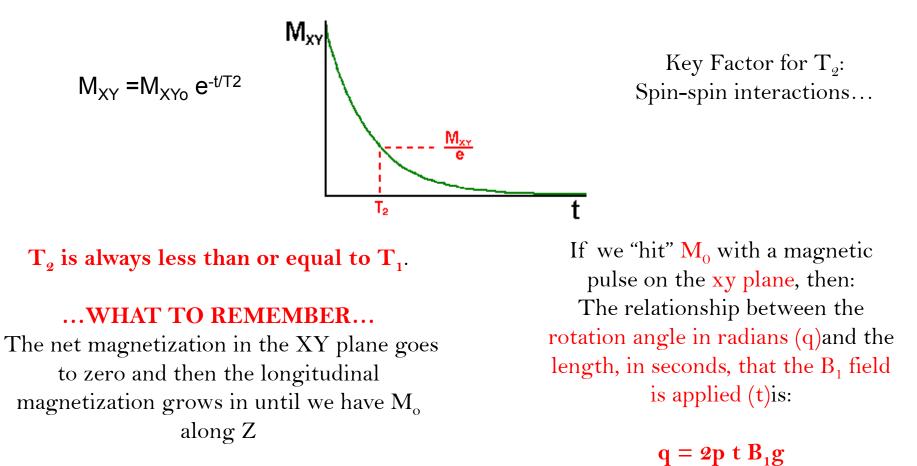
i.e. the magnetisation recovers to 63% of its equilibrium value after one time constant  $T_1$ .

•In the <u>inversion recovery</u> experiment, commonly used to measure  $T_1$  values, the initial magnetisation is inverted,  $M_z(0) = -M_{z,eq}$ , and so the recovery follows  $M_z(t) = M_{z,eq} \left(1 - 2e^{-t/T_1}\right)$ 

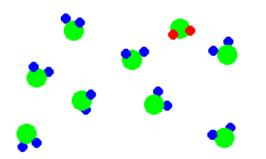
...involves an interaction with the surroundings

#### $T_2$ process: Spin-Spin Relaxation $T_2$

If we tilt  $M_0$  on the xy plane, then: the time constant which describes the return to equilibrium of the transverse magnetization,  $M_{XY}$ , is called the spin-spin relaxation time,  $T_g$ .



#### **Spin** Relaxation...make ends meet



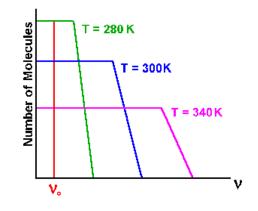
Motions in solution which result in time varying magnetic fields cause spin relaxation

Time varying fields at the Larmor frequency cause transitions between the spin states and hence a change in  $M_Z$ ...

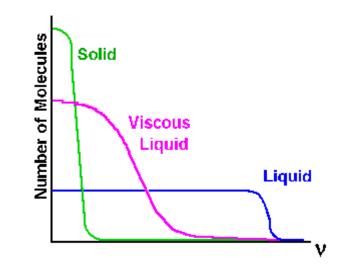
There is a distribution of rotation frequencies in a sample of molecules. Only frequencies at the Larmor frequency affect  $T_1$ . Larmor freq. ~  $B_0$ ...so then  $T_1=f(B_0)$ 

 $T_1$  is inversely proportional to the density of molecular motions at the Larmor frequency.

The rotation frequency distribution depends on the temperature and viscosity of the solution. Therefore  $T_1$  will vary as a function of temperature. NOT big thing for human body....VERY SMALL temperature dif...so not dif.  $T_1$  due to temperature



The **viscosity does** however vary significantly from tissue to tissue and influences  $T_1$  ...



#### **Questions and Problems...so far!**



1) Many magnetic resonance imagers operate at a magnetic field strength of 1.5 Tesla. A few research units operate at 4.7 Tesla. What is the resonance frequency of the following nuclei in each of the magnetic

fields? <sup>1</sup>H <sup>23</sup>Na <sup>31</sup>P

2) What is the energy of the photon that will be absorbed by a <sup>1</sup>H nucleus in a 1.5 Tesla magnetic field? How does this compare in energy to a  $2x10^{19}$  Hz x-ray photon?

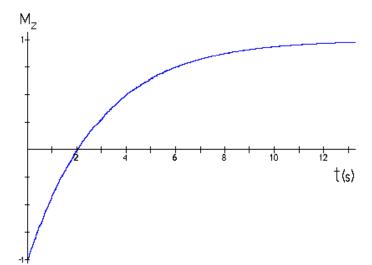
Given:  $g({}^{1}H)=42.58 \text{ MHz/T}$  $g({}^{23}Na)=11.27 \text{ MHz/T}$  $g({}^{31}P)=17.25 \text{ MHz/T}$  $h=6.626x10^{-34} \text{ Js}$ 

3) A sample has a  $T_1$  of 1.0 seconds. If the net magnetization is set equal to zero, how long will it take for the net magnetization to recover to 98% of its equilibrium value

4) A sample has a  $T_2$  of 100 ms. How long will it take for any transverse magnetization to decay to 37% of its starting value?

5) A hydrogen sample is at equilibrium in a 1.5 Tesla magnetic field. A constant  $B_1$  field of  $1.17 \times 10^{-4}$  Tesla is applied along the +x'-axis for 50 microseconds. What is the direction of the net magnetization vector after the  $B_1$  field is turned off ???

6) Estimate the spin-lattice relaxation time constant based on the following plot of  $M_z(t)$ .



7) A sample has a  $T_1$  of 0.8 seconds. The net magnetization from the sample set equal to zero and then allowed to recover towards its equilibrium value. After 1.0 seconds, what fraction of the equilibrium magnetization value will be present?

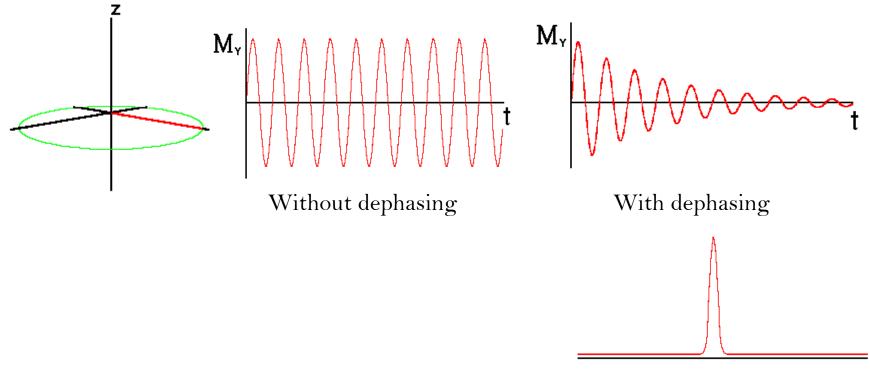
8) A sample has a  $T_2$  of 50 ms. The net magnetization is rotated into the xy-plane and allowed to decay. Who much transverse magnetization will be present 20 ms after being placed in the plane?

9) A hydrogen sample is at equilibrium in a 1.5 Tesla magnetic field. A constant  $B_1$  field of 2.34x10<sup>-4</sup> Tesla is applied along the +x'-axis for 25 microseconds. What is the direction of the net magnetization vector after the  $B_1$  field is turned off?

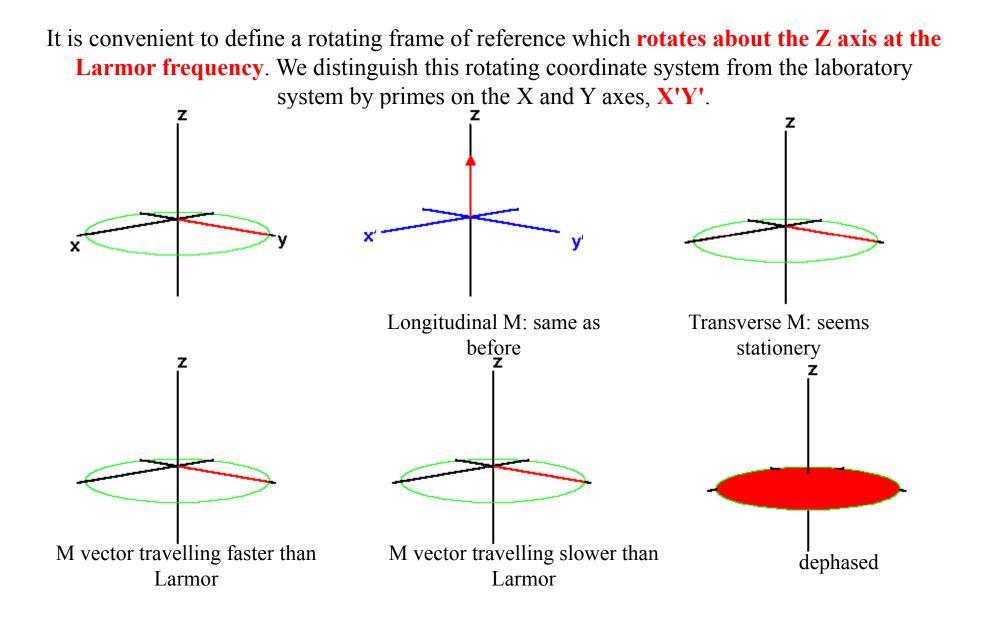
#### a bit further down the NMR trail...just a bit!

#### Things do not always work they way they should... $T_2$ is really $T_2^*$ due to... "dephasing of the spin packets" reasons

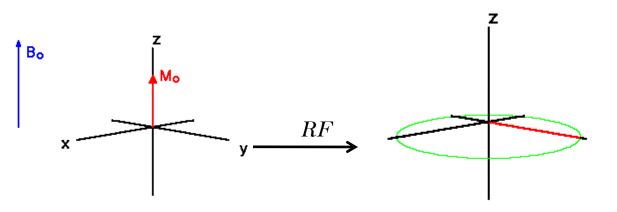
As transverse magnetization rotates about the Z axis, it will induce a current in a coil of wire located around the X axis. Plotting current as a function of time gives a sine wave. This wave will decay with time constant  $T_2^*$  This signal is called a free induction decay (FID)



#### **Rotating Frame of Reference...**

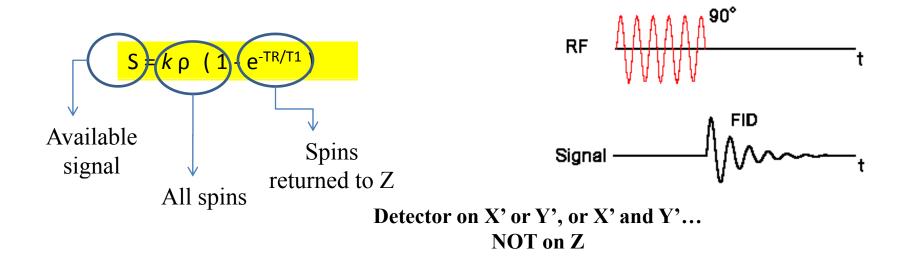


#### The **90-FID** Sequence

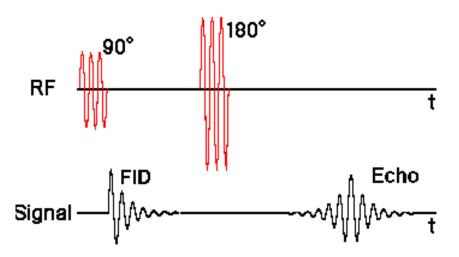


The magnitude of the vector decays with time constant  $T_2^*$ 

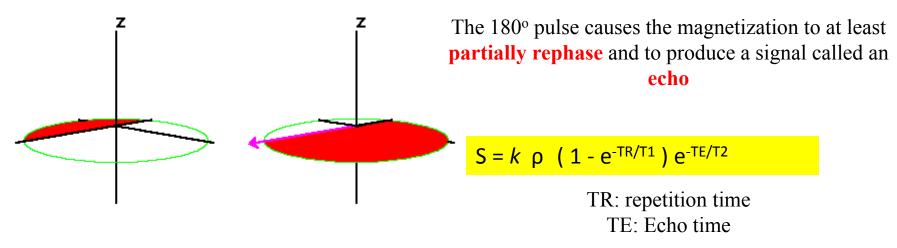
When this sequence is repeated, (when signal-to-noise improvement is needed, the amplitude of the signal after being Fourier transformed (S) will depend on  $T_1$  and the time between repetitions, called the repetition time (TR), of the sequence. In the signal equation below, k is a proportionality constant and  $\rho$  is the density of spins in the sample.



#### The Spin-Echo Sequence



- 1) A 90° pulse is first applied to the spin system that flips M to X'Y'....dephasing begins (like before).
- 2) At some point after the 90° pulse, a **SECOND 180° pulse** hits the sample. This pulse rotates the magnetization by 180° about the X' axis



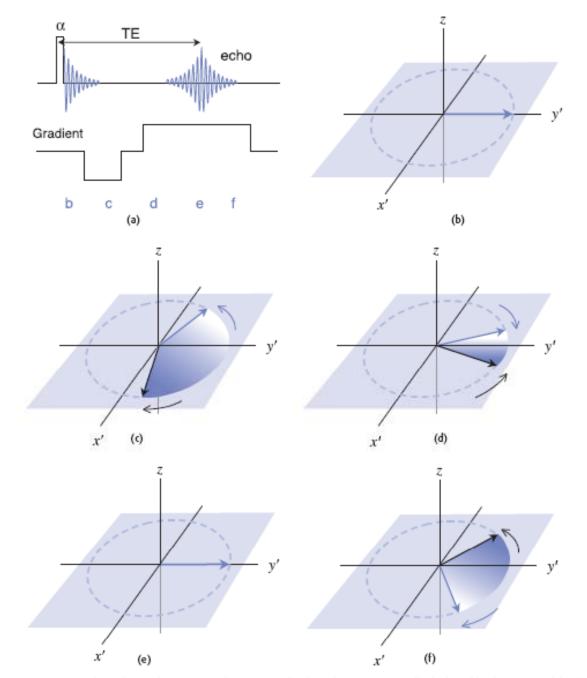
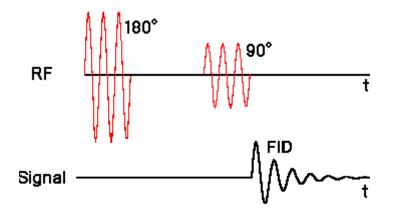


Figure 8.9 (a) Simple gradient-echo sequence. (b) Spins initially along the y axis are rapidly dephased by the negative lobe (c). When the gradient is switched positive (d), the spins begin to rephase, forming an echo (e). If the gradient is left on (f) dephasing will occur again.

#### The Inversion Recovery Sequence



- 1) a 180° pulse is first applied. This rotates the net magnetization down to the -Z axis.
- 2) Before it reaches equilibrium, a 90° pulse is applied which rotates the longitudinal magnetization into the XY plane
- 3) Once magnetization is present in the XY plane it rotates about the Z axis and diphases giving a FID.

When an inversion recovery sequence is repeated every TR seconds, for signal averaging or imaging purposes, the signal equation becomes:

$$S = k$$
 (1 - 2e<sup>-TI/T1</sup> + e<sup>-TR/T1</sup>)

#### ...chemical Shift...eh???

When you place an atom in a magnetic field, its electrons will "feel" it as well...not only the nucleus....e<sup>-</sup> form a 2<sup>nd</sup>ary magnetic field "protecting" the nucleus....so the nucleus feels a somewhat smaller field than the external!

$$B_{eff} = B_o (1-s)$$

The opposing field (and the effective field) at each different nucleus will vary, according to its nature and its bonding in the molecule... This is the **chemical shift phenomenon.** 

The chemical shift of a nucleus is the difference between the resonance frequency of the nucleus and a standard, relative to the standard. This quantity is reported in ppm and given the symbol delta,  $\delta$ .

$$\delta$$
 = (ν - ν<sub>REF</sub>) x10<sup>6</sup> / ν<sub>REF</sub>

### **Questions and Problems...again...!**

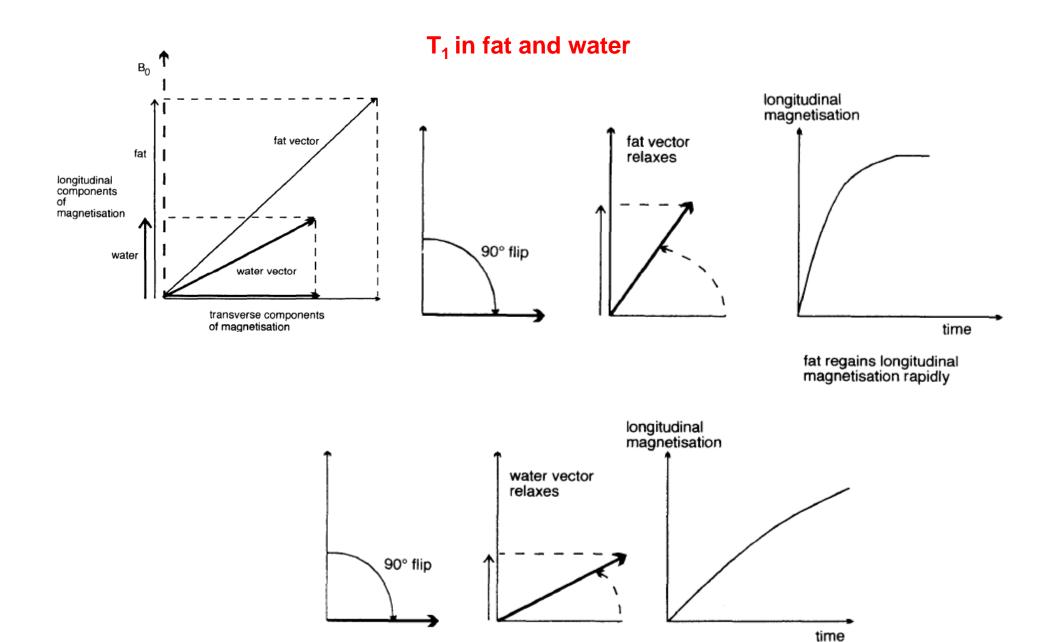


- 1) From the <sup>1</sup>H NMR perspective, the human body is composed primarily of fat hydrogens (-CH<sub>2</sub>-) and water hydrogens (H<sub>2</sub>O). The resonance frequency difference between the NMR signal from these two types of hydrogens is approximately 220 Hz on a 1.5 Tesla imager. What is the chemical shift difference?  $g(^{1}H)=42.58 \text{ MHz/T}$
- 2) The hydrogen  $T_1$ ,  $T_2$  and spin density values for common brain tissues are listed in the following table:

Tissue	T <sub>1</sub> (s)	T₂ (ms)	r*
CSF	0.8 - 20	<b>110 - 2000</b>	<b>70-23</b> 0
White	0.76 - 1.08	61-100	70-90
Gray	1.09 - 2.15	61 - 10 <b>9</b>	85 - 125
Meninges	0.5 - 2.2	50 - 1 <b>6</b> 5	5 - <b>4</b> 4
Muscle	0 <b>.9</b> 5 - 1. <mark>8</mark> 2	20 - 67	<b>45 - 90</b>
Adipose	0.2 - 0.75	53 - 94	50 - 100
	CSF White Gray Meninges Muscle	CSF0.8 - 20White0.76 - 1.08Gray1.09 - 2.15Meninges0.5 - 2.2Muscle0.95 - 1.82	CSF0.8 - 20110 - 2000White0.76 - 1.0861 - 100Gray1.09 - 2.1561 - 109Meninges0.5 - 2.250 - 165Muscle0.95 - 1.8220 - 67

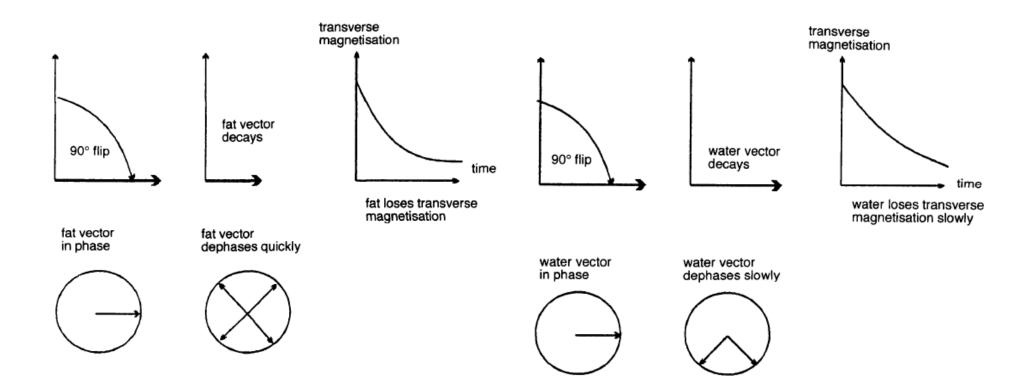
At what TI value is the signal from fat approximately equal to zero in an inversion recovery sequence?

- 3) When using a 90-FID pulse sequence and a sample containing all the tissues in question number two, what TR value would guarantee at least 98% of the signal from all the tissues?
- 4) spin-echo pulse sequence
- 5) You are using a and the adipose tissue sample in question number two. If the minimum TE value you can obtain is 20 ms, how much more signal could you obtain with a 90-FID sequence?



water regains longitudinal magnetisation slowly

### T<sub>2</sub> in fat and water

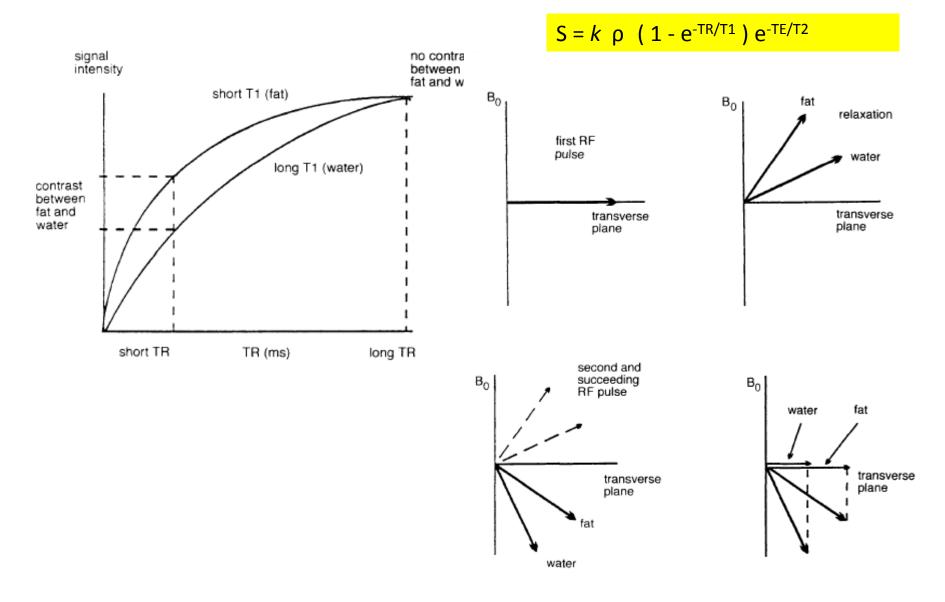


As there is more longitudinal magnetisation in fat before the RF pulse, there is more transverse magnetisation in fat after the RF pulse. Fat therefore has a high signal and appears bright on a T1 contrast image. As there is less longitudinal magnetisation in water before the RF pulse, there is less transverse magnetisation in water after the RF pulse. Water therefore has a low signal and appears dark on a T1 contrast image. Such images are called T1 weighted images.

The T2 time of fat is shorter than that of water, therefore the transverse component of magnetisation of fat decays faster. The magnitude of transverse magnetisation in water is large. Water has a high signal and appears bright on a T2 contrast image. However, the magnitude of transverse magnetisation in fat is small. Fat therefore has a low signal, and appears dark on a T2 contrast image (Fig. 2.7). Such images are called T2 weighted images.

### **T**<sub>1</sub> weighted images

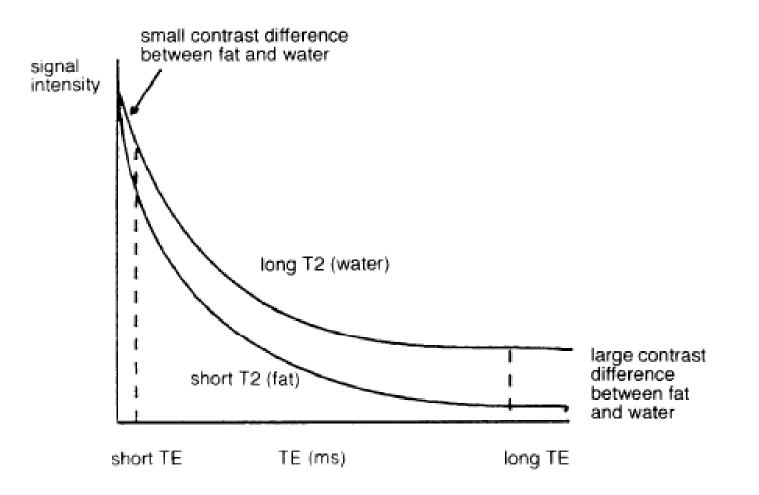
- TR controls the amount of T1 weighting.
- For T1 weighting the TR must be short.



### T<sub>2</sub> weighted images

- TE controls the amount of T2 weighting.
- For T2 weighting the TE must be long.

S = k ρ (1 - e<sup>-TR/T1</sup>) e<sup>-TE/T2</sup>



# Have to remember that:

- Fat has a short T1 and T2 time.
- Water has a long T1 and T2 time.
- To produce high signal, there must be a large component of magnetisation in the transverse plane to induce a large signal in the coil.
- To produce a low signal, there must be a small component of magnetisation in the transverse plane to induce a small signal in the coil.
- T1 weighted images are characterised by bright fat and dark water.
- T2 weighted images are characterised by bright water and dark fat.
- Proton density weighted images are characterised by: areas with high proton density are bright, areas with low proton density are dark.

PD (proton density ....how many protons are we measuring)  $T_1$   $T_2$ TR (affects  $T_1$ ) TE (affects  $T_2$ )

# Table 3.1 Choice of TR and TE for conventional spin echo sequences

TR	TE							
	Short (less than 40 ms)	Long (more than 75 ms)						
Short (less than 750 ms) Long (more than 1500 ms)	T <sub>1</sub> -weighted PD-weighted	Not useful T <sub>2</sub> -weighted						

...enough with NMR....let's talk inorganic chemistry now....
Paramagnetic Complexes in MRI...

Milestones...



1) Remember Bloch??? (the guy who invented NMR in 1946...)

He used  $Fe(NO_3)_3$  to speed up longitudinal relaxation  $1/T_1$  (shorten  $T_1$ )

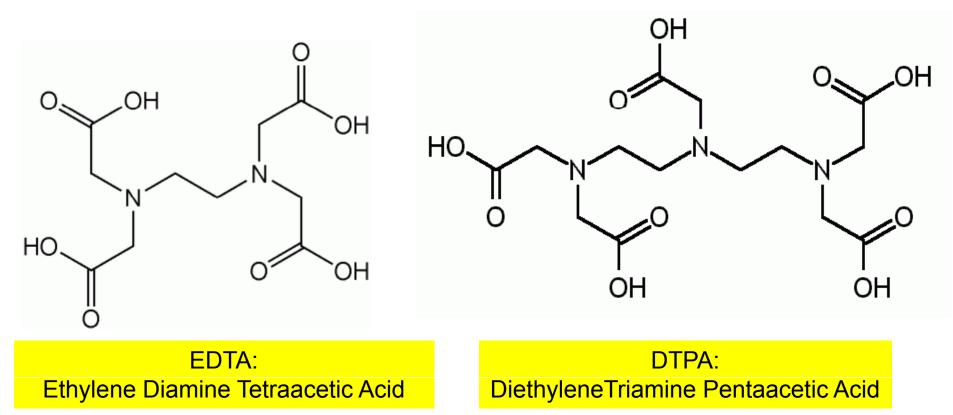
2) PRE: Proton Relaxation Enhancement

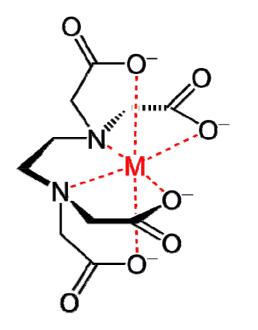
Eisinger, Shulman and Blunberg showed that when a paramagnetic metal binds to a molecule (DNA in their case) it speeds up H relaxation...so that it gives NO SIGNAL...and the contrast is better!

3) Laterbur in 1973...did the same with dog heart coronal tissues. Laterbur, Mendoca-Dias, Rudin showed the efficiency of paramagnetic metal ions to improve the diff. between healthy and "non-healthy" tissues...

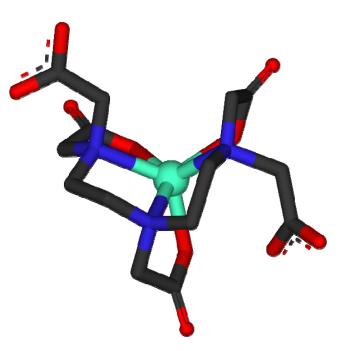
The paramagnetic metal improves the contrast between tissues..by "darkening" or "whitening" one type of issues...either the "good" ones or the "bad" ones 4) Young at al. in 1977...performed similar experiments to human patients!!! They used FeCl<sub>3</sub> (aq.) (orally) as a means to "see" gastrointestinal areas!!!

5) Carr et al. started using Gd(III) compounds...  $[Gd(DTPA)(H_2O)]^{2-}$  (1981). In use since 1988...





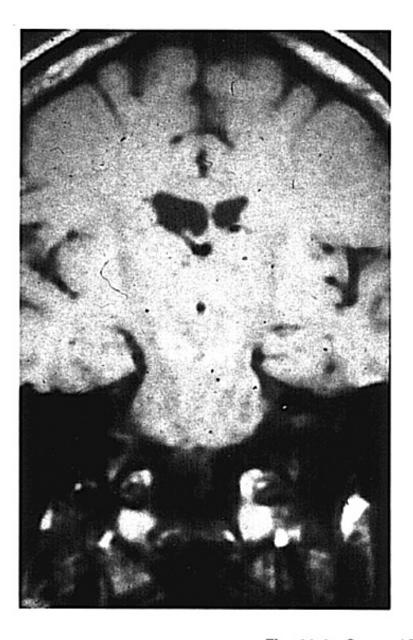
M-EDTA chelate

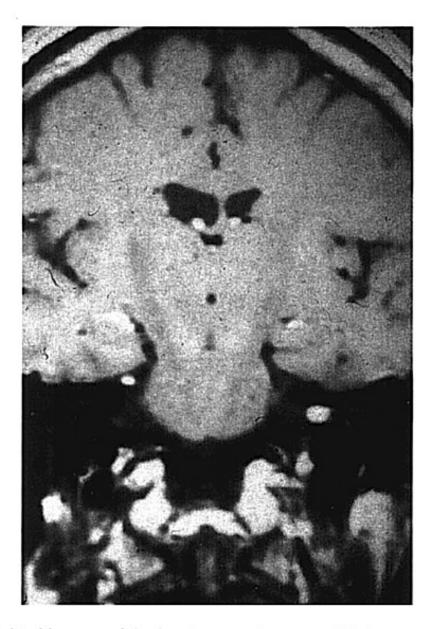


"Gadopentetic acid" Gd-DPTA... Magnevist Bayer Pharm.

It is usually injected intravenously to patients with brain tumors.

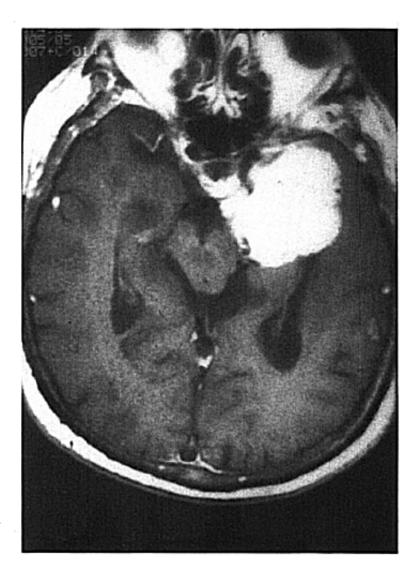
It provides "information" for intercranial lesions and for damaged blood vessels.





**Fig. 11.4** Coronal T1 weighted images of the head pre- and post-gadolinium injection. On the enhanced image (right) an area within the internal auditory meatus has enhanced. This indicates an acoustic neuroma. There is also a tiny enhancing lesion on the fifth cranial nerve.

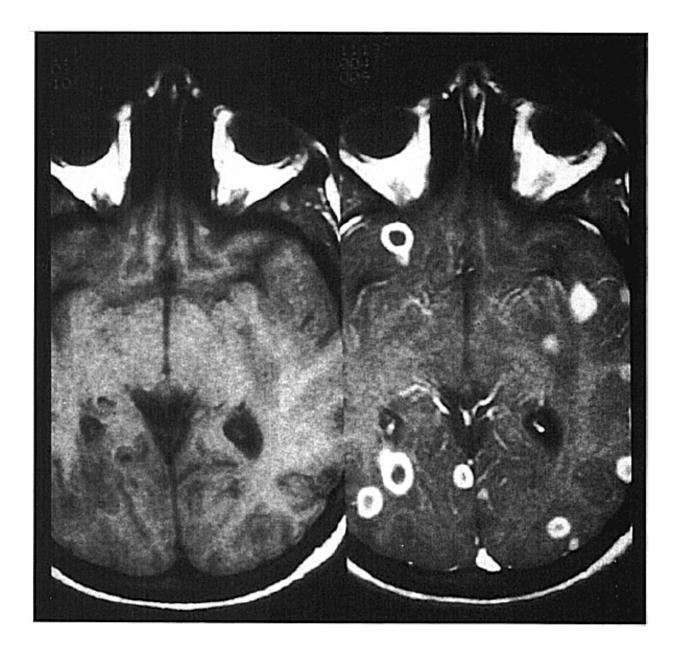




**Fig. 11.5** Axial T1 weighted images of the brain pre- and post-gadolinium injection On the enhanced image (right) enhancement of the peripheral temporal lobe is demonstrated. This indicates a meningioma.



**Fig. 11.6** These axial images of the brain were acquired before (left) and after (right) contrast enhancement. The slow flow in the arteriovenous malformation (AVM) demonstrates enhancement after contrast enhancement. The T2 and T2\* weighted images for this case are given in Chapter 12 (Fig. 12.15) and can be compared.



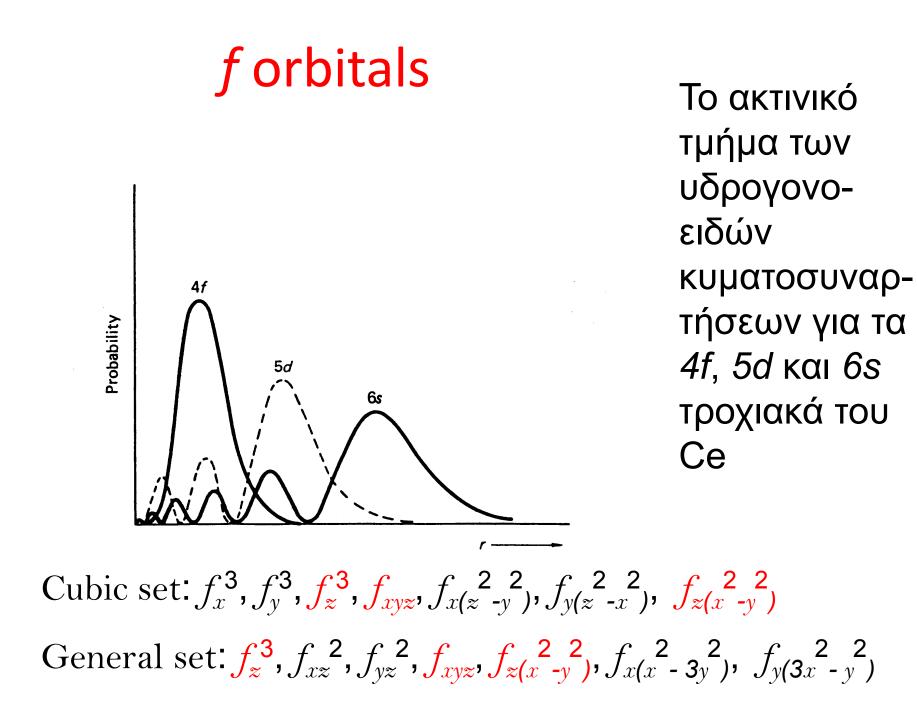
**Fig. 11.7** Axial T1 weighted images pre- and post-injection of gadolinium. The ring enhancing lesions demonstrate toxoplasmosis in this 24-year-old male with AIDS.

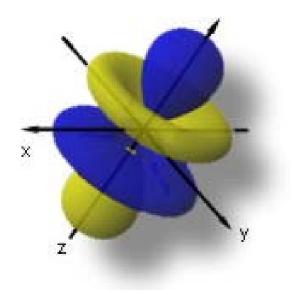
### ...General Conditions for Paramagnetic Complexes in MRI....

- 1) Biocompatible, water soluble (no MeOH/EtOH/MeCN, etc...in human body) and stable...
- 2) Relaxivity: The efficiency with which the complex enhances the proton relaxation rates of water (i.e. *relaxivity*) must be sufficient to significantly increase the relaxation rates of the target tissue ....remember relaxation rate= $1/T_1$
- 3) The dose of the complex at which such alteration of tissue relaxation rates occurs must of course be nontoxic. As small as 10-20% increases in l/T1 could be detected by NMR/MRI imaging.
- 4) In vivo specific targetting... the complex should localize for a period of time in compared to a non-targetted tissue.
- 5) In vivo stability and Excreatability...free metals toxic to humans...

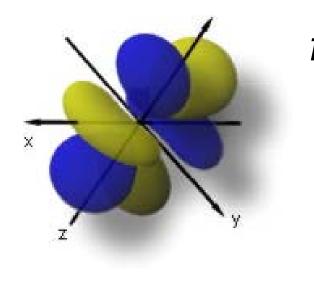
Periodic Table of Elements													2 He				
3 Li	4 Be		5 6 B C N												8	9 F	10 Ne
11 Na	12 Mg													15 P	16 S	17 Cl	18 Ar
19 K	20 Ca	21 Sc	22 Ti	23 V	24 Cr	25 Mn	26 Fe	27 Co	28 Ni	29 Cu	30 Zn	31 Ga	32 Ge	33 As	34 Se	35 <b>Br</b>	36 Kr
37 Rb	38 Sr	39 Y	40 Zr	41 Nb	42 Mo	<b>43</b> Tc	44 Ru	45 Rh	46 Pd	47 Ag	48 Cd	49 In	50 Sn	51 Sb	52 Te	53 I	54 Xe
55 <b>C</b> s	56 Ba	57 La	72 Hf	73 Ta	74 W	75 Re	76 Os	77 Ir	78 Pt	79 Au	80 <b>Hg</b>	81 Tl	82 Pb	83 Bi	84 Po	85 At	86 Rm
87 Fr	88 Ra	89 Ac	<b>104</b> Rf	105 Db	106 Sg	<b>107</b> Bh	<b>108</b> ⊞≲	<b>109</b> Mít	<b>110</b> Uum								
		58 Ce	59 Pr	60 Nd	61 Pm	62 Sm	63 Eu	64 Gd	65 Tb	66 Dy	67 Ho	68 Er	69 Tm	70 Yb	71 Lu		
		90 Th	91 Pa	92 U	<b>93</b> Np	<b>94</b> Pu	95 Am	96 Cm	<b>97</b> Bk	98 Cf	99 Es	<b>100</b> Fm	<b>101</b> Md	<b>102</b> №©	<b>103</b> Lr		
Li Solid Cs Liquid Ar Gas Lr Synthetic																	
Alkali metals       Alkali earth metals       Transition metals       Rare earth metals         Other metals       Noble Gases       Halogens       Other nonmetals																	

Lazy College Professors Never Produce Sufficiently Educated Graduates To Dramatically Help Executives Trim Yearly Losses.





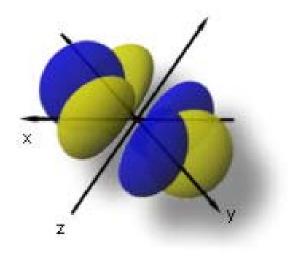
 $f_x^{3}$  and  $f_y^{3}$  orbitals have the same shape but lie on x and y axis, respectively



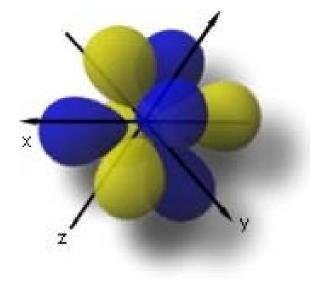
 $f_{xz}^{2}$ 

 $f_{z}^{3}$ 

 $f_{yz}^{2}$  same shape, rotated by 90° around z



 $f_{x(x^{2}-3y^{2})}$  $f_{y(3x-y)}^{2}$  same shape, but 90° left turn around z.



 $f_{xyz}$ 

 $f_{x(z -y)}^{2}, f_{y(z -x)}^{2}$ and  $f_{z(x -y)}^{2}$  come from 45° rotation around x, y and z respectively.

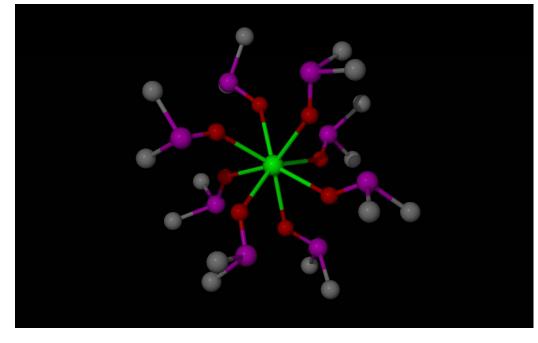
# Lanthanide Contraction

Element	Ce	Pr	Nd	Pm	Sm	Eu	Gd	Tb	Dy	Но	Er	Tm	Yb	Lu
Atomic electronic config	4f <sup>1</sup> 5d <sup>1</sup> 6s <sup>2</sup>	4f <sup>3</sup> 6s <sup>2</sup>	4f <sup>4</sup> 6s <sup>2</sup>	4f <sup>5</sup> 6s <sup>2</sup>	4f <sup>6</sup> 6s <sup>2</sup>	4f <sup>7</sup> 6s <sup>2</sup>	$4f^75d^16s^2$	4f <sup>9</sup> 6s <sup>2</sup>	4f <sup>10</sup> 6s <sup>2</sup>	4f <sup>11</sup> 6s <sup>2</sup>	4f <sup>12</sup> 6s <sup>2</sup>	4f <sup>13</sup> 6s <sup>2</sup>	4f <sup>14</sup> 6s <sup>2</sup>	4f <sup>14</sup> 5d <sup>1</sup> 6s <sup>2</sup>
Ln <sup>3+</sup> electron config	4f <sup>1</sup>	4f <sup>2</sup>	4f <sup>3</sup>	4f <sup>4</sup>	4f <sup>5</sup>	4f <sup>6</sup>	4f <sup>7</sup>	4f <sup>8</sup>	4f <sup>9</sup>	4f <sup>10</sup>	4f <sup>11</sup>	4f <sup>12</sup>	4f <sup>13</sup>	4f <sup>14</sup>
Ln <sup>3+</sup> radius(pm) -6 coord.	102	99	98.3	97	95.8	94.7	93.8	92.3	91.2	90.1	89	88	86.8	86.1

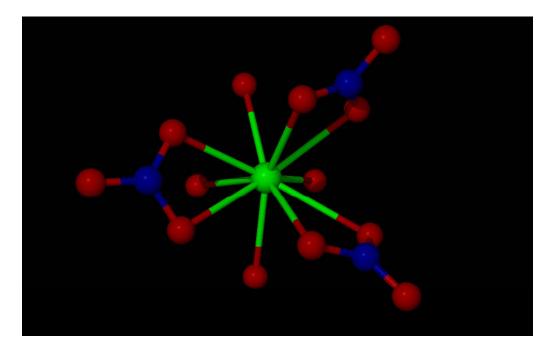
### ....Why Ln complexes in MRI ?....

### **General Characteristics of Ln**

- 1) Similar properties throughout the Ln row
- 2) Most common oxidation state: +3
- 3) Coordination numbers >6. Most common ones:8-9
- 4) Coordination polyhedra mainly affected by steric factors, not electronic.
- 5) They prefer "hard donors", such as O, F, ...
- 6) Their magnetic properties are generally not affected by their environment
- 7) They can exchange ligands very rapidly...



# $[Ln(DMSO)_8(ClO_4)_3]$



# $[Pr(NO_3)_3(H_2O)_4] \cdot H_2O$

### Theory and mechanisms...Relaxivity

So, what happens when we get the Ln complex in the tissue? **2** main possibilities....

#### **Inner Sphere Mechanism**

Remember property no. 7 ???..."exchange ligands rapidly"...

### Relaxation time of free water = $10^6$ x relax. time of bound to Gd water...

Decrease of  $T_1$  and/or  $T_2$  means better signal...remember Spin-Echo sequence???

 $S = k \rho$  (1 - e<sup>-TR/T1</sup>) e<sup>-TE/T2</sup> Spin-Echo Sequence

$$\Delta T_1^{-1} = R_1[p]$$

$$\Delta T_2^{-1} = R_2[p]$$
R: relaxivity
$$[p]: paramagnetic metal$$

Best Signal when  $R_2/R_1 = 1$ 

#### **Solomon, Bloembergen Equations**

$$(1/T_{i})_{obsd} = (1/T_{i})_{d} + (1/T_{i})_{p} \quad i = 1, 2 \qquad T_{i}$$

$$(1/T_{i})_{p} = (1/T_{i})_{inner \ sphere} + (1/T_{i})_{outer \ sphere} \quad i$$

$$\frac{1}{T_{1}} (inner \ sphere) = \frac{P_{M}q}{T_{1M} + \tau_{M}} \qquad \frac{P_{M}: \ mole}{T_{1M}: \ relat}$$

$$\frac{1}{T_{1M}} = \frac{2}{15} \frac{\gamma_{1}^{2}g^{2}S(S+1)\beta^{2}}{r^{6}} \left[ \frac{7\tau_{c}}{(1+\omega_{S}^{2}\tau_{c}^{2})} + \frac{3\tau_{c}}{(1+\omega_{I}^{2}\tau_{c}^{2})} \right] + \frac{2}{3}S(S+1)\left(\frac{A}{\hbar}\right)^{2} \left[ \frac{\tau_{e}}{1+\omega_{S}^{2}\tau_{c}^{2}} \right]$$

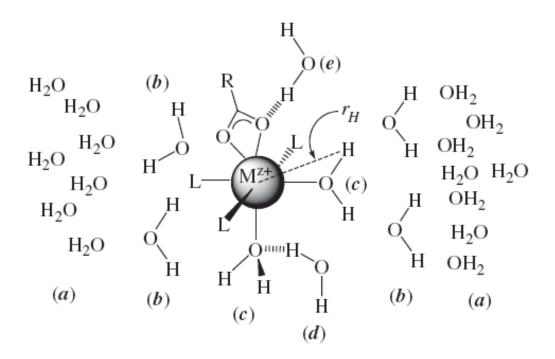
 $\begin{array}{l} T_{i \ obs}: observed \ T_i \\ T_{i \ d}: \ T_i \ without \ the \ metal \\ T_{i \ p}: \ Additional \ paramagnetic \ contribution \end{array}$ 

 $P_M$ : mole fraction of metal **q: number of H<sub>2</sub>Os bound per metal**   $T_{1M}$ : relaxation time of bound water  $\tau_M$ : residence lifetime of bound water

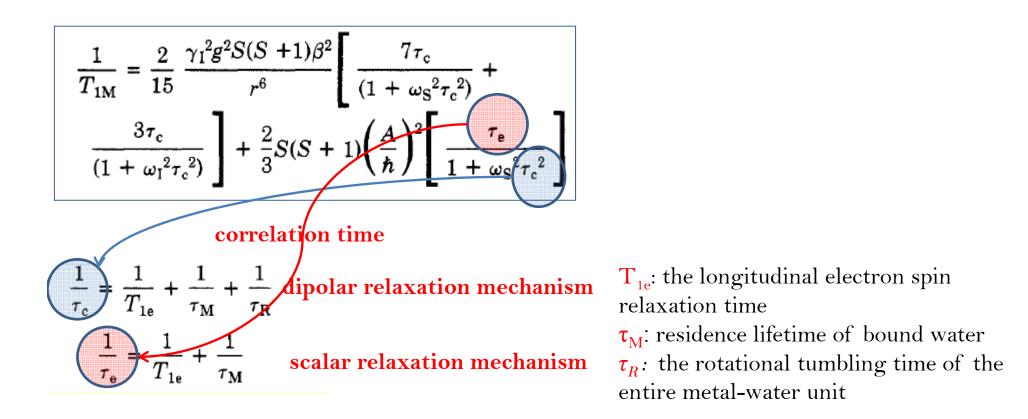
= 1, 2

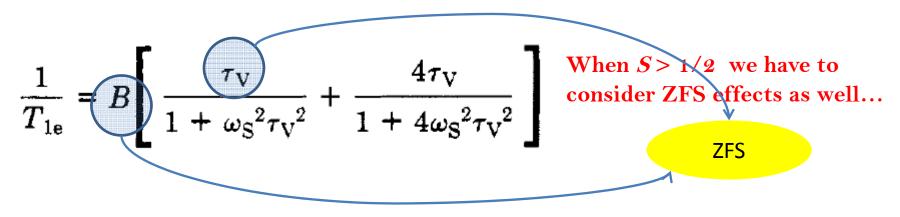
- $\gamma_{l}$ : H gyromagnetic ratio
- *g*: electon g-factor
- **S**: total spin of the metal
- $\beta$ : bohr magneton
- **r**: proton metal distance

 $\omega_{\rm S}, \omega_{\rm I}$ : electronic, proton Larmor freq.  $A/\hbar$ : electron-nuclear hyperfine coupl.  $\mathbf{r_c}$ : correlation time...rotational movement, tumbling, etc...



A schematic representation of the different types of water molecule around a metal ion in a complex  $[ML_3(RCO_2)(H_2O)_2]^{z+}$  in aqueous media (a) bulk water; (b) 'outer sphere' water; (c) 'inner sphere' water. The distance rH is from the metal ion to a proton in an inner sphere water molecule; (d) an 'outer sphere' water molecule hydrogen bonded to an inner sphere water molecule so that one proton becomes essentially inner sphere; (e) an 'outer sphere' water molecule hydrogen bonded to an inner sphere oxygen so that one proton becomes essentially inner sphere ligand carboxylate oxygen so that one proton becomes essentially inner sphere





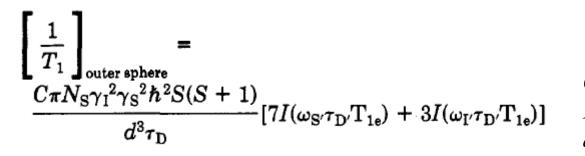
### ....Things we should remember ....

- 1) Relaxation Times decrease a lot when H<sub>2</sub>O binds to metal
- **2**)  $\Delta T_1^{-1} = R_1[p]$
- **3**)  $\Delta T_2^{-1} = R_2[p]$
- 4) Best Signal for  $R_2/R_1 = 1$

5) Relaxivity depends on dipole-dipole interactions between proton spin and electron spin... either in inner or outer sphere

6) Correlation times  $(r_c)$  depend on the size of the metal containing compound...the bigger the size, the smaller  $T_1$  and  $T_2$  become due to tumbling and rotational movement !!!!

**Outer Sphere Mechanism:** far too complicated...



$$\tau_{\rm D} = d^2/3(D_{\rm I} + D_{\rm S})$$

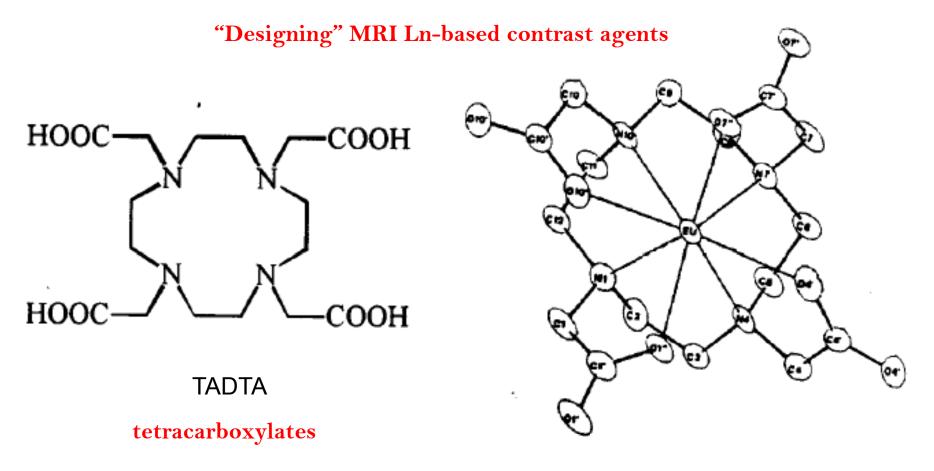
C: numerical constant

*Ns:* the number of metals per cm<sup>3</sup> *d*: the distance of closest approach of the solvent molecule to the metal complex

 $r_{\rm D}$ : the relative translational diffusion time

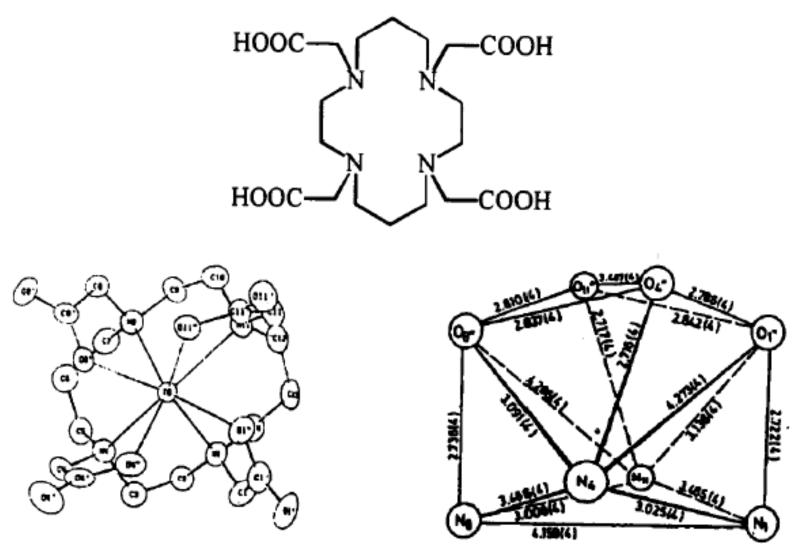
 $D_{\rm I}, D_{\rm s}$ : the diffusion coefficients of water and the metal complex

**Complex problem in solvation dynamics and diffusion...** 



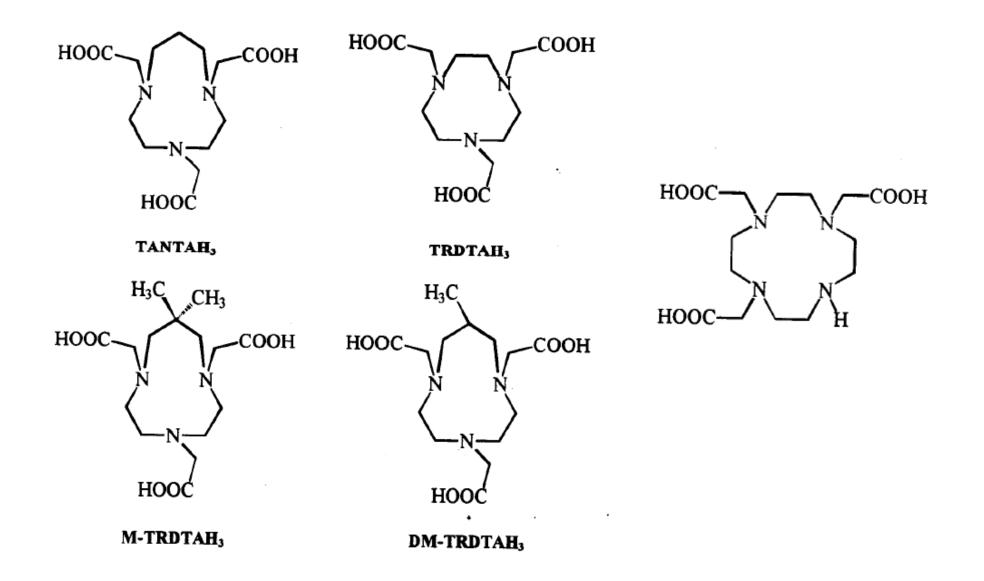
Rigid macrocyclic ring..stable! Its stability reduces the "toxicity" of the "free" metal ions in the human body...

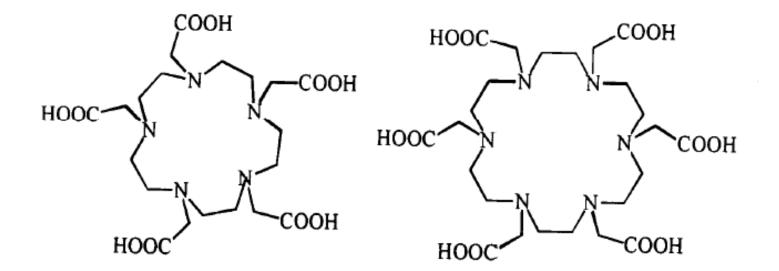
...but: - not many vacant positions available for water binding... - ionic complexes result in increased osmotic pressure...



•13

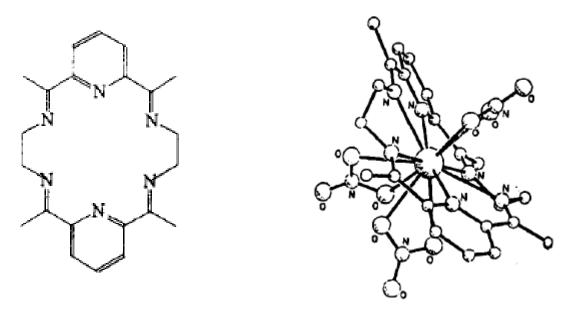
tricarboxylates...to make neutral complexes and avoid high osmotic pressure





penta- and hexa-carboxylates...

...need for many vacant sites for the water to bind...

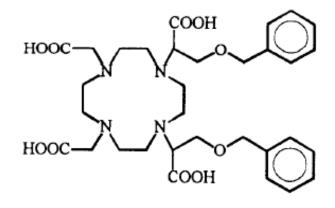


ACPYEN

 $[Gd(ACPYEN)(OAc)_2]Cl·4H_2O$ 

Almost similar effect to  $T_2$  as the Gd(III)(aq.) !!!

...remember that "Correlation times  $(r_c)$  depend on the size of the metal containing compound" and that "the bigger the molecule the smaller  $T_1$  and  $T_2$ "???





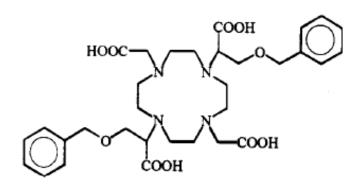
HOOC

HOOC

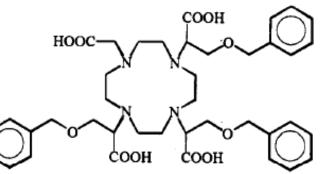
COOH

COOH

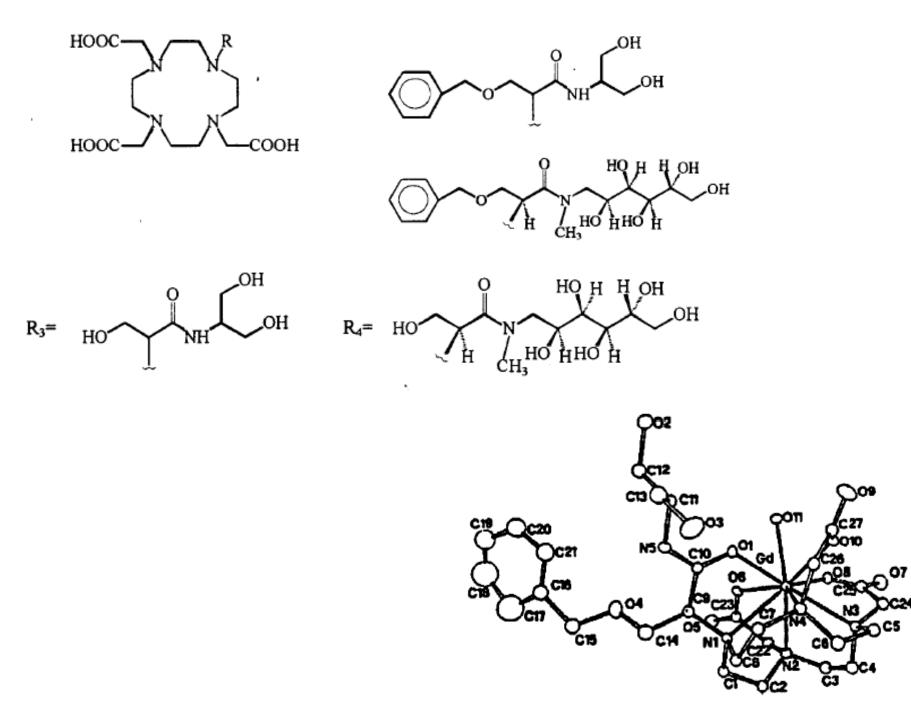
TADTA-C2LH4

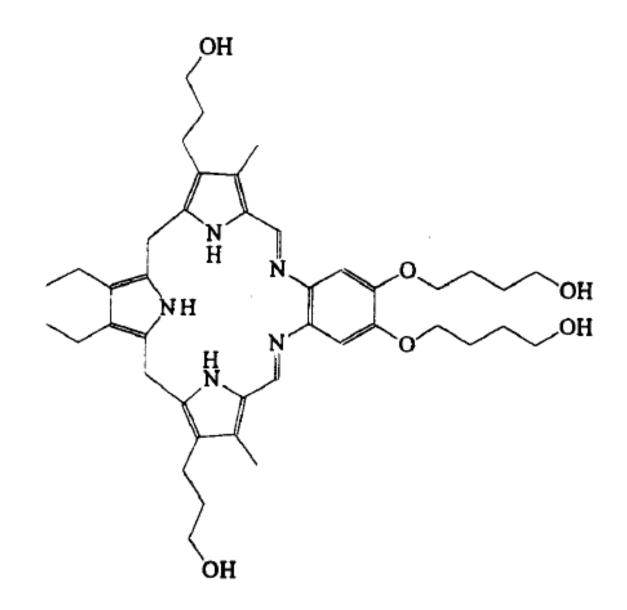


TADTA-T2LH4



TADTA-3LH4





complex	$q^a$	${m M^{-1} s^{-1}}$	freq, MHz	°C	ref	complex	$q^a$	${}^{R_{1}}_{mM^{-1}} s^{-1}$	freq, MHz	°C	ref
						Gd(III)					
aquo ion	8.9	34.3	0.02	5	Ь			4.7	20	25	69
		26.5	0.02	25	Ь			3.4	20	37	7,89
		22	0.02	35	69	DTPA	1	7.7	0.02	25	69
		21.4	10	5	Ь			6.7	0.02	35	70
		16.1	10	25	Ь			6.2	6.25	23	129
		9.1	20	35	69			5.6	10	23	125
		9.1	90	37	с			4.8	20	25	69
EDTA	2, 3	25	0.02	5	72			4.1	20	35	70
		15	0.02	25	69	-		3.7	20	37	7, 89
		12	0.02	35	70			4.5	20	37	118
		12	20	5	72	tris(dipic)	0	4.2	0.02	37	d
		7.6	20	25	69	ans(arpre)	0	2.6	20	37	d
		6.6	20	35	70	EGTA	u	3.4	20	30	e
		5.4	20	37	7, 89	TETA	õ	3.3	0.02	37	69
		6.9	20	37	118	ILIA	0	5.2	10	23	125
		4.6	20 90	37				2.1	20	37	69
DOTA	-				c						
DOTA	1	11.3	0.02	25	69	CONTRA A		2.1	20	37	7, 89
		7.2	10	23	125	TTHA	0	2.0	20	37	7
						Mn(II)					
aquo ion	6	44	0.02	35	69	DOTA	u (0?)	2.6	0.01	25	69
		15.5	6.25	23	129			1.7	10	25	69
		7.4	20	35	69			1.1	20	37	7, 89
		8.0	20	37	f	DTPA	0	3.4	0.02	5	72
		6.3	40	rt	g			2.4	0.02	25	69
		7.4	60	20	74			2.1	0.02	35	70
		5.2	90	37	c			2.2	20	5	72
NTA	2	4.4	40	rt	g			1.5	20	25	69
EDTA	ĩ	5.6	0.02	25	69			1.3	20	35	70
EDIA	-	4.8	0.02	35	70			1.1	20	37	7, 89
		3.3	20	25	69			1.6	60	20	76
		2.9	20	35	70	EGTA	0	1.7	60	20	85
		2.9	20	35	7, 89	NOTA	0	3.3	0.02	20	72
		2.0				NOTA	0				
		3.3	40	rt	g			2.3	0.02	25	69 70
		3.3	60	20	74			2.3	20	5	72
		2.1	90	37	с			1.6	20	25	69
						Mn(III)					
	u	4.0	20	37	f			19	20	5	73
acetate, tris					50						
acetate, tris TPPS	2	6.9	0.02	5	73			19	20	20	13
acetate, tris TPPS	2	6.9 7.3	0.02	5 20	73 73			15 12	20 20	20 35	73 73

TABLE I. Longitudinal Relaxivities  $(R_1)$  and the Number of Coordinated Water Molecules (q) for Low Molecular Weight Complexes

vanina (assia) cormiente	and (sorry cornically particulated		THE METER CHERED		
complex	$R_{1}$ , <sup>a</sup> M <sup>-1</sup> s <sup>-1</sup>	freq, MH2	temp, °C	ref	
	Gd(III)				
glutamine synthetase	148	22.5	25	b	
immunoglobulin	112	20	19	Ċ	
concanavalin A	60	20	25	-70	
BSA	72	24.3	30	d	
(BSA)(GdEDTA)	36	20	37	88	
EDTA (free)	6.6	20	35	-70	
(BSA)(GdDTPA),	19	20	37	88	
DTPA (free)	4.1	20	35	70	
	Mn(II)				
pyruvate kinase	275	20	25	<b>28</b>	
concanavalin A	96	20	25	70	
carboxypeptidase	43	20	25	<b>28</b>	
(BSA)(MnEDTA),	26	20	37	88	
EDTA (free)	2.9	20	35	-70	
(BSA)(MnDTPA) <sub>n</sub>	3.4	20	37	88	
DTPA (free)	1.3	20	35	70	
	Fe(III)				
fluoromethemoglobulin	7.3	20	6	28	
methemoglobin	1.4	20	6	28	
transferrin	2.6	20	38	28	
	Cr(III)				
transferrin	2.0	20	38	28	

TABLE II. Selected Longitudinal Relaxivities  $(R_1)$  for Protein-Metal Ion Complexes and for Bovine Serum Albumin (BSA) Covalently Labeled with Metal Chelates

Keep in mind that **Relaxivity** in tissues depends on TWO main factors:

- 1) The chemical environment encountered by the complex in vivo, and
- 2) the Compartmentalization of the tissue water...water in tissues exist: 5 % in intravascular space
  - 15 % in interstitial space (between cells and capilaries), and80 % in intracellular space

This may lead to dicreased relaxivity rates, because all water may not be "seeing" the agent...

## Key factors for improving relaxivity of the contrast agent

$$\left[\frac{1}{T_1}\right] \text{(inner sphere)} = \frac{P_{\rm M}q}{T_{\rm 1M} + \tau_{\rm M}}$$

**q**: number of H<sub>2</sub>Os bound per metal

**r**: proton – metal distance

**r**<sub>c</sub>: **correlation time**...rotation, tumbling, ...

$$\frac{1}{T_{1M}} = \frac{2}{15} \frac{\gamma_1^2 g^2 S(S+1)\beta^2}{r^6} \left[ \frac{7\tau_c}{(1+\omega_s^2 \tau_c^2)} + \frac{3\tau_c}{(1+\omega_l^2 \tau_c^2)} \right] + \frac{2}{3} S(S+1) \left(\frac{A}{\hbar}\right)^2 \left[\frac{\tau_e}{1+\omega_s^2 \tau_c^2}\right]$$

**T**<sub>1e</sub>: longitudinal e<sup>-</sup> spin relaxation time **τ**<sub>M</sub>: residence lifetime of bound water

	$LD_{50}$ ,		
compound	mmol/kg	animal	adminª
GdCl <sub>3</sub>	0.5	rat	iv
	0.4	mouse	iv
	0.26	rat	iv
	1.4	mouse	ip
Gd(OH) <sub>3</sub>	0.1	mouse	iv
(MEG)[Gd(EDTA)(H <sub>2</sub> O) <sub>n</sub> ] <sup>c</sup>	0.3	rat	iv
	0.62	mouse	ip
MEG[Gd(CDTA)(H <sub>2</sub> O) <sub>n</sub> ]	<2.5	rat	iv
MEG[Gd(EGTA)(H <sub>2</sub> O) <sub>n</sub> ]	<2.5	rat	iv
(MEG) <sub>2</sub> [Gd(DTPA)(H <sub>2</sub> O)]	10	rat	iv
	>10	mouse	iv
$Na_2[Gd(DTPA)(H_2O)]$	>10	mouse	iv
	20	rat	iv
(MEG)[Gd(DOTA)(H <sub>2</sub> O)]	>10	mouse	iv
Na[Gd(DOTA)(H <sub>2</sub> O)]	>10	mouse	iv
(MEG) <sub>3</sub> [Gd(TTHA)]	6	rat	iv
MnCl <sub>2</sub>	0.22	rat	iv
-	1.5	mouse	ip
$Na_2[Mn(EDTA)(H_2O)]$	7.0	rat	iv
	5.9	mouse	ip
Na <sub>3</sub> [Mn(DTPA)]	1.9	rat	iv
Mn(III)(TPPS)3-	$\sim 0.5$	mouse	iv
FeCl <sub>3</sub>	1.6	mouse	ip
Na[Fe(EDTA)(H <sub>2</sub> O)]	3.4	mouse	iv
	1.7	mouse	ip
Na <sub>3</sub> [Ca(DTPA)]	5.0	rat	iv
	3.5	mouse	iv
(MEG) <sub>3</sub> H <sub>2</sub> DTPA	0.15	mouse	iv
Na <sub>2</sub> H <sub>3</sub> DTPA	0.1	mouse	iv
Na <sub>2</sub> [Ca(DOTA)]	>7.0	mouse	iv
(MEG) <sub>2</sub> H <sub>2</sub> DOTA	0.18	mouse	iv

TABLE IV. Acute LD<sub>50</sub> Values for Metal Salts, Meta Complexes, and Free Ligands

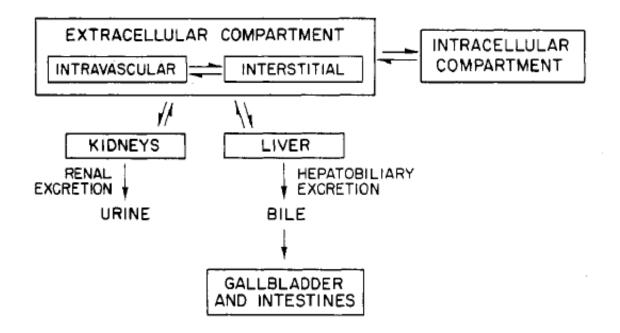
<sup>a</sup>Route of administration: iv = intraveneous; ip = intra neal. <sup>b</sup>Registry of Toxic Effects of Chemical Substances; N Institute of Occupational Safety and Health; U.S. Gove Printing Office: Washington, DC, 1982. <sup>c</sup>MEG = N-meth amine. <sup>d</sup>Weinmann, H.-J., unpublished results. <sup>e</sup>Tweedle unpublished results.

### **Stability and Toxicity of the contrast agent**

LD stands for "Lethal Dose".  $LD_{50}$  is the amount of a material, given all at once, which causes the death of 50% of a group of test animals.

The smaller the  $LD_{50}$  value, the more toxic the chemical is. The opposite is also true: the larger the  $LD_{50}$  value, the lower the toxicity.

Table 2: Toxicity Classes: Gosselin, Smith and Hodge					
Probable Oral Lethal Dose (Human)					
Toxicity Rating or Class	Dose	For 70-kg Person (150 lbs)			
6 Super Toxic	Less than 5 mg/kg	1 grain (a taste - less than 7 drops)			
5 Extremely Toxic	5-50 mg/kg	4 ml (between 7 drops and 1 tsp)			
4 Very Toxic	50-500 mg/kg	30 ml (between 1 tsp and 1 fl ounce)			
3 Moderately Toxic	0.5-5 g/kg	30-600 ml (between 1 fl oz and 1 pint)			
2 Slightly Toxic	5-15 g/kg	600-1200 ml (between 1 pint to 1 quart)			
1 Practically Non-Toxic	Above 15 g/kg	More than 1200 ml (more than 1 quart)			



## Ok...besides the C.A., is everything else safe???

- The main effect of RF exposure is tissue heating. This
  is restricted to less than 1 °C by monitoring and limiting the SAR (specific absorption rate). Care is required
  to avoid the heating of leads used for physiological
  monitoring.
- Peripheral nerve stimulation (PNS) is the main bioeffect of the time-varying magnetic fields generated by the gradients. It may cause discomfort but it is not harmful. Modern scanners have a stimulation monitor to alert the user to the likelihood of causing PNS.

#### 10.2 Radiofrequency effects

Names <sup>a</sup>	<i>Manufacturer</i> <sup>a</sup>	Formula	
AngioMARK <sup>®</sup>	Mallinckrodt/Tyco	Na <sub>3</sub> [Gd(MS-325)(H <sub>2</sub> O)]	
(renamed Vasovist <sup>®</sup> )	Healthcare		
Gadophostriamine trisodium			
Dotarem <sup>®</sup>	Guerbet	(NMG)[Gd(dota)(H <sub>2</sub> O)]	
Gadoterate meglumide			
Eovist <sup>®</sup>	Schering	Na <sub>2</sub> [Gd(dtpa-eob)(H <sub>2</sub> O)]	
(renamed Primovist <sup>®</sup> )			
Gadoxetic acid disodium			
Gadovist <sup>®</sup>	Schering	[Gd(do3a-butrol)(H <sub>2</sub> O)]	
Gadobutrol			
Magnavist <sup>®</sup>	Schering	(NMG) <sub>2</sub> [Gd(dtpa)(H <sub>2</sub> O)]	
Gadopentetate dimeglumide			
Multihance®	Bracco	(NMG) <sub>2</sub> [Gd(bopta)(H <sub>2</sub> O)]	
Gadobenate dimeglumide			
Omniscan <sup>®</sup>	GE Healthcare	[Gd(dtpa-bma)(H <sub>2</sub> O)]	
Gadodiamide	(previously Nycomed-		
	Amersham)		
OptiMARK <sup>®</sup>	Mallinckrodt/Tyco	[Gd(dtpa-bmea)(H <sub>2</sub> O)]	
Gadoversetamide	Healthcare		
Prohance <sup>®</sup>	Bracco	[Gd(hp-do3a)(H <sub>2</sub> O)]	
Gadoteridol	_		
Lumenhance®	Bracco	MnCl <sub>2</sub>	
Teslascan <sup>®</sup>	GE Healtcare	Na <sub>3</sub> [Mn(Hdpdp)]	
	(previously Nycomed-		
	Amersham)		

Table 4Soluble MRI contrast agents

Complex <sup>a</sup>	Gd(hp-do3a)	Gd(dtpa-bma)	$Gd(dtpa)^{2-}$	$Gd(dota)^{-}$
log K	23.8	17.1	22.2	25.3
$\log K^{*b}$	17.1	14.9	17.8	18.3
r (GdH) (pm)	250	242	249	246
Rotation time <sup>c</sup> $\tau_{\mathbf{R}}$ (s <sup>-1</sup> )	57	53	55	63
Water exchange rate $(s^{-1})$	$2.86 \times 10^{6}$		$3.3 \times 10^{6}$	$4.10 \times 10^{6}$
Relaxivity $r_1 (\text{mM}^{-1} \text{ s}^{-1})$	3.7	3.8	3.8	3.5
Osmolality $(37^{\circ}C)^{d}$ 0.5 M solution (Osmol kg <sup>-1</sup> ) 1.0 M solution (Osmol kg <sup>-1</sup> )	0.63 1.91	0.65 1.90	1.96 5.85	1.35 4.02
Viscosity $(37^{\circ}C)$				
0.5 M solution (cP)	1.3	1.4	2.9	2.0
1.0 M solution (cP)	3.9	3.9	> 30	11.3
Dissociation <sup><i>e</i></sup> $t_{1/2}$ (min)	ca. 180	ca. 0.5	10	$> 4 \times 10^{5}$
$LD_{50}^{f}$ (mmol kg <sup>-1</sup> )	12	15	6	11
Reaction <sup><math>g</math></sup> Cu <sup>2+</sup>	< 1%	35%	25%	< 1%
Reaction <sup>g</sup> Zn <sup>2+</sup>	< 1%	25%	21%	< 1%
Whole body Gd at 1 day $^{h}_{h}$	2	2	2	2
Whole body Gd at 7 days <sup><math>h</math></sup>	0.05%	1%	0.2%	0.1%
Whole body Gd at 14 days <sup>h</sup>	0.03%	1%	0.1%	0.05%

**Table 5**Comparison of data for four MRI contrast agents

<sup>*a*</sup> Each complex is thought also to coordinate 1 water molecule not shown in the formula. <sup>*b*</sup> Conditional stability constant at pH 7.4.

<sup>c</sup> Correlation time for molecular rotation.

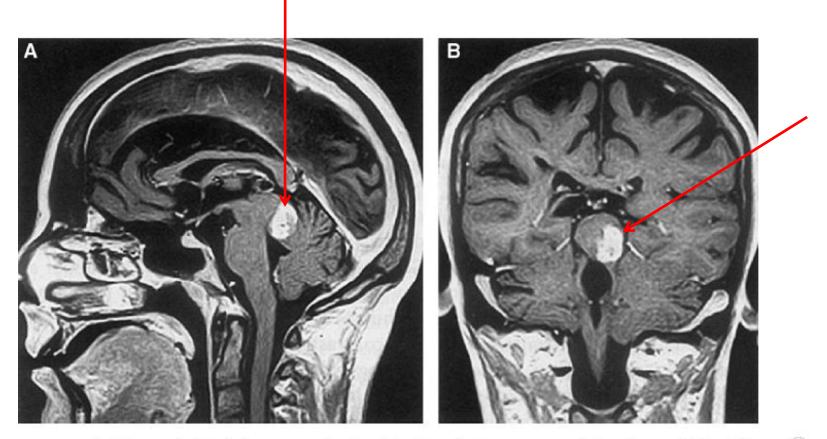
<sup>d</sup> Osmolality represents the sum of the molalities of the osmotically active solutes present.

<sup>e</sup> Approximate half life for dissociation at pH 1.

<sup>f</sup> Values for rodents.

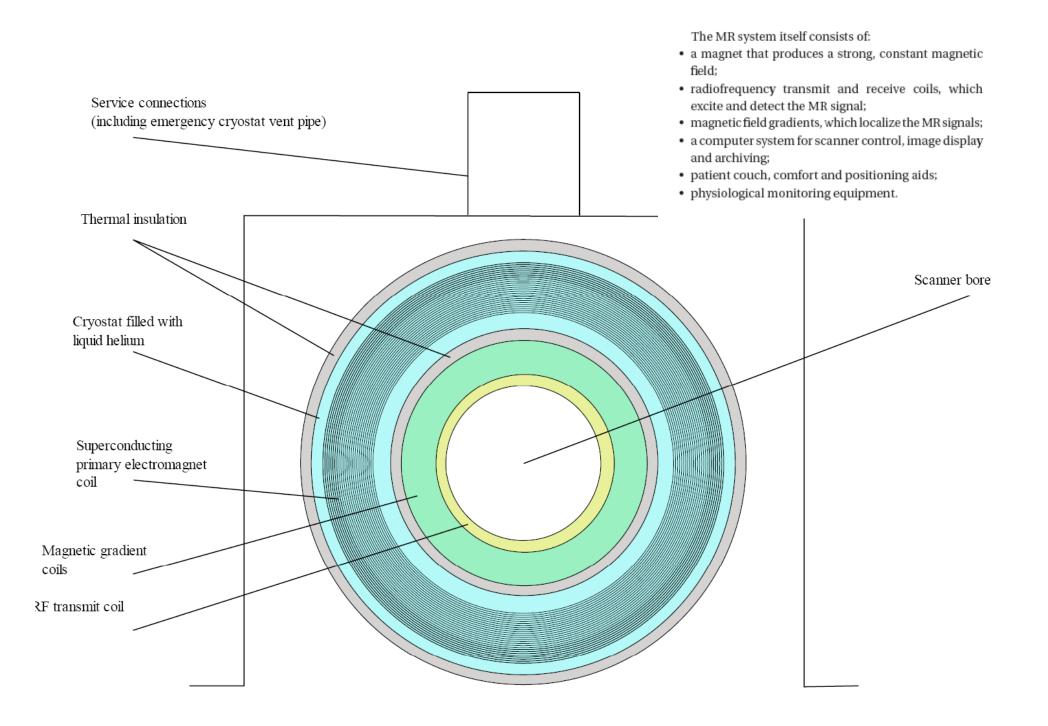
<sup>g</sup> The percentage of free  $Gd^{3+}$  released over 10 min at 22°C when the complex is challenged with 25 mM Cu<sup>2+</sup> or 25 mM Zn<sup>2+</sup> ions in the presence of 66 mM phosphate at pH 7. <sup>h</sup> Residual whole body <sup>153</sup>Gd (%) in mice after intravenous injection of radiolabelled complex at

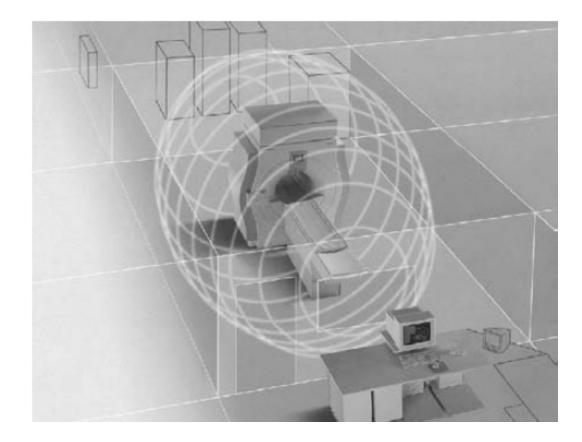
 $0.4 \text{ mmol/kg}^{-1}$  body weight.



A  $T_1$  weighted image obtained after intravenous injection of ProHance<sup>®</sup> (0.1 mmol kg<sup>-1</sup>) showing a Tectal glioma as the white region just to the right of centre in the Saggital image A and the coronal image B







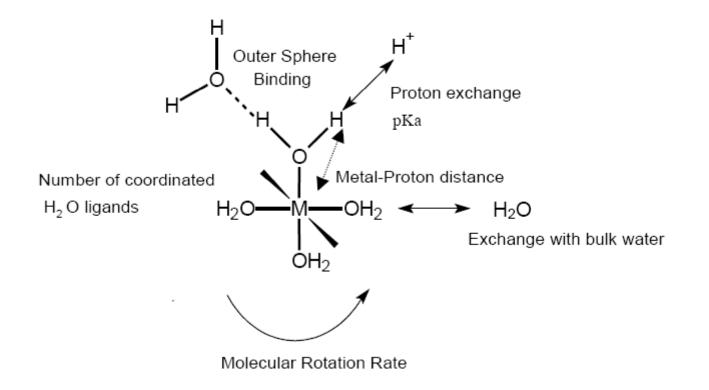
# What to remember...

There are two important contributions to the relaxivity effects:

Inner sphere

Outer sphere

For both to be present there must be at least one binding site for water at the gadolinium centre.



The factors which affect the relaxivity of a paramagnetic complex.

# Why do you need a contrast agent ?

Provides an improved image allowing you to see previously unclear features – very important in diagnosis.

Magnevist was approved in 1988 and since then increased to about 40% of scans use a contrast agent.

Predicted to rise as new agents and applications appear.

Cost:  $\pounds 60$  a bottle (per scan)

# Literature

- 1) R. B. Lauffer, *Chem.Rev.* 87, 901 (1987).
- 2) V. Alexander, Chem. Rev. 95, 273 (1995).
- 3) The Basics of MRI, J. P. Hornak, Center for Imaging Science, Rochester Institute of Technology, Rochester, NY, <u>http://www.cis.rit.edu/htbooks/mri/</u> (©1996-2008), Interactive Learning Software, Henietta, NY.
- MRI: From Body to Proton, D. W. McRobbie, E. A. Moore, M. J. Graves and M. R. Prince, 2<sup>nd</sup> ed., Cambridge University press, 2006.
- 5) MRI In Practise, C. Westbrook and C. Kaut, 2<sup>nd</sup> ed., Blackwell publ., 1998.